

“OK CHILD” Injury Prevention Program Newsletter

Oklahoma City Fire Department
University of Central Oklahoma
Safe Kids Oklahoma



October: Fire Prevention Month

Issue 9

October 29, 2018

This year’s FPW campaign, “Look. Listen. Learn. Be aware. Fire can happen anywhere,” works to educate people about three basic but essential steps to take to reduce the likelihood of having a fire—and how to escape safely in the event of one:



LOOK
[Look for places fire could start.](#) Take a good look around your home. Identify potential fire hazards and take care of them.

LISTEN
[Listen for the sound of the smoke alarm.](#) You could have only minutes to escape safely once

the smoke alarm sounds. Go to your outside meeting place, which should be a safe distance from the home and where everyone should know to meet.

LEARN
[Learn two ways out of every room](#) and make sure all doors and windows leading outside open easily and are free of clutter.

Also, Sparky the Fire Dog® has a new friend, Simon, who is helping teach this year’s FPW messages – He’s a smart, resourceful character who will join Sparky in spreading fire-safety messages to adults and children alike.

(NFPA)



Click on video for valuable fire prevention tips

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Smoke alarms: Let’s help our neighbors. . .

If you know of anyone who needs a helping hand with smoke alarms, please let us help.

The Oklahoma City Fire Department has a program called “Project Life” that assists citizens in Oklahoma City with obtaining

smoke alarms at no cost. To get information on our smoke alarm program, please go to www.okc.gov and under “Departments”, click on “Fire” and select “Free Smoke Alarms—Gratis Alarmas de Humo”

FACT:

- 3 of every 5 home fire deaths resulted from fires in homes with no smoke alarms or no working alarms (NFPA).

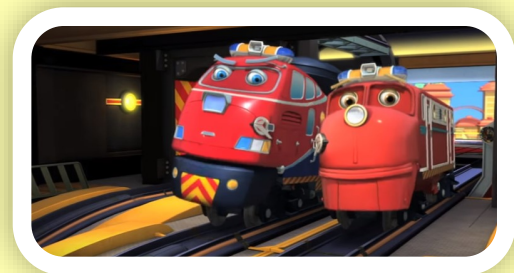
Heads Up, Phones Down

The National Safety Council is focused on efforts to eliminate distracted walking – specifically walking while using a mobile device.

Before your children head out, remind them of these year-round safety tips:

- Never walk while texting or talking on the phone
- If texting, move out of the way of others and stop on the sidewalk
- Never cross the street while using an electronic device
- Do not walk with headphones in your ears
- Be aware of your surroundings
- Always walk on the sidewalk if one is available; if you must walk on the street, face oncoming traffic
- Look left, right, then left again before crossing the street
- Cross only at crosswalks

(National Safety Council)



Chief and Wilson from Chuggington go over pedestrian safety tips for your kids. (NHTSA)

(Please click on the picture)

Safety during the HOLIDAYS

Halloween Safety Tips

Stay in groups

Costumes should be well fitting and flame resistant

Always test makeup

Remember to look both ways when crossing streets

Examine all treats before eating

Stay on sidewalks when possible

Avoid dark houses

Flashlights + glowsticks for visibility

Enjoy with caution!

American Safety Council



Please click on the above picture for a safe "Thanksgiving"



Click on above picture for holiday driving tips.

(Ohio Dept. of Transportation)

Stay safe for the holidays

Winter Holiday Safety

Winter holidays are a time for families and friends to get together. But that also means a greater risk for fire. Following a few simple tips will ensure a happy and fire-safe holiday season.

HOLIDAY DECORATING

- Be careful with holiday decorations. Choose decorations that are flame resistant or flame retardant.
- Keep lit candles away from decorations and other things that can burn.
- Some lights are only for indoor or outdoor use, but not both.
- Replace any string of lights with worn or broken cords or loose bulb connections. Read manufacturer's instructions for number of light strands to connect.
- Use clips, not nails, to hang lights so the cords do not get damaged.
- Keep decorations away from windows and doors.

HOLIDAY ENTERTAINING

- Test your smoke alarms and tell guests about your home fire escape plan.
- Keep children and pets away from lit candles.
- Keep matches and lighters up high in a locked cabinet.
- Stay in the kitchen when cooking on the stovetop.
- Ask smokers to smoke outside. Remind smokers to keep their smoking materials with them so young children do not touch them.
- Provide large, deep ashtrays for smokers. Wet cigarette butts with water before discarding.

Before Heading Out or to Bed

Blow out lit candles when you leave the room or go to bed. **Turn off** all light strings and decorations before leaving home or going to bed.

FACTS

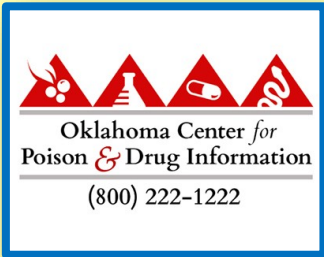
- More than a third of home decoration fires are started by candles.
- Forty-two percent of decoration fires happen because decorations are placed too close to a heat source.

NATIONAL FIRE PROTECTION ASSOCIATION
The leading information and knowledge resource on fire, electrical and related hazards

nfpa.org/education ©NFPA 2017

Our Injury Prevention Friends...

ATV Ride Safe Oklahoma
Every Ride. Every Time.



**Oklahoma Injury
Prevention Advisory
Committee
(OIPAC)**