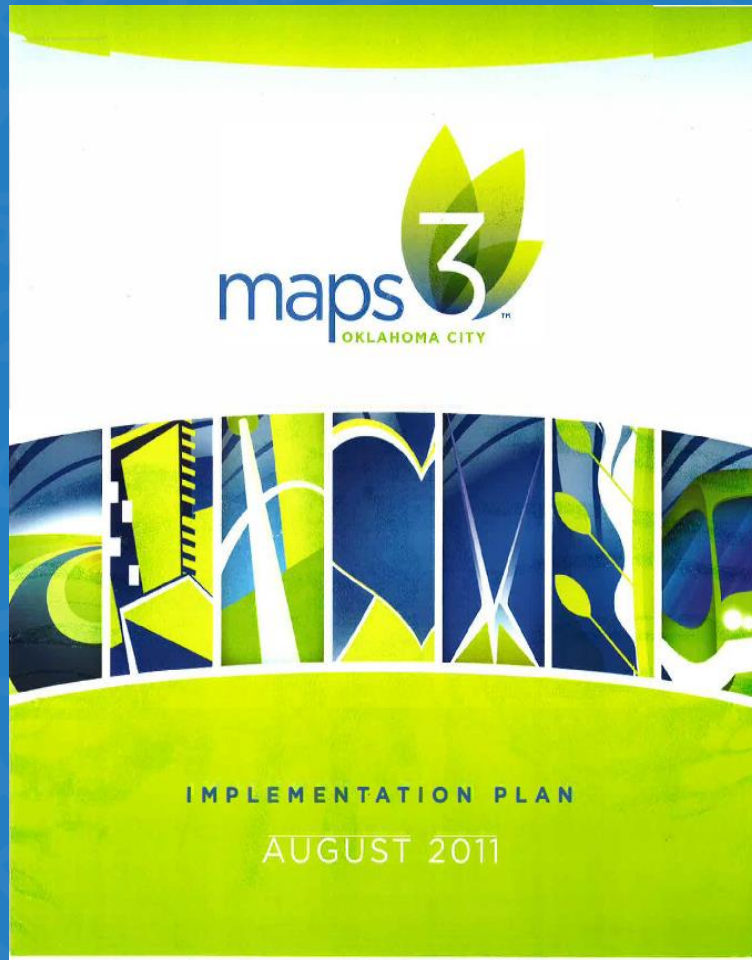


# MAPS 4

Sr. Wellness Centers

#maps4

# MAPS 3 \$52 Million



SENIOR HEALTH & WELLNESS CENTERS



## SENIOR HEALTH & WELLNESS CENTERS

**DESCRIPTION**  
State-of-the-art senior health and wellness centers will encourage healthy lifestyles and serve as a gathering place for active seniors. The centers will be placed in different areas of the city to serve as many residents as possible. Each facility's location reflects the needs of the surrounding community and will include an operating partner.

**SCOPE**  
The current budget will fund the construction of four centers. Amenities in each facility may differ based on the needs and desires of the surrounding community. The operating partners may also impact the scope of each center. A typical facility could include a gym, indoor walking track, fitness trails, classrooms, lap pool, therapy pool, social lounge spaces, library, areas for art, games and computer access.

**BUDGET**

Wellness Center 1	Land Acquisition and Site Prep	\$108,500
Wellness Center 1	A&E/Design/Testing/Admin	\$145,100
Wellness Center 1	Construction and FF&E	\$6,004,500
Wellness Center 1	Project Contingency	\$654,000
Wellness Center 2	Land Acquisition and Site Prep	\$17,85,000
Wellness Center 2	A&E/Design/Testing/Admin	\$1,832,000
Wellness Center 2	Construction and FF&E	\$4,572,000
Wellness Center 2	Project Contingency	\$205,000
Wellness Center 3	Land Acquisition and Site Prep	\$1,705,000
Wellness Center 3	A&E/Design/Testing/Admin	\$,739,000
Wellness Center 3	Construction and FF&E	\$4,677,000
Wellness Center 3	Project Contingency	\$647,000
Wellness Center 4	Land Acquisition and Site Prep	\$1,877,000
Wellness Center 4	A&E/Design/Testing/Admin	\$1,876,000
Wellness Center 4	Construction and FF&E	\$10,418,000
Wellness Center 4	Project Contingency	\$670,000
<b>Total</b>		<b>\$82,385,000</b>

**TIMING**  
The first center is scheduled to be built early in the program with other centers scheduled to begin throughout the remainder of the program. A review of each completed facility will be conducted prior to the construction of the succeeding facility.

PART 3 - SENIOR HEALTH CARE PLAN 36

# STATUS

- Sr. Wellness Center No. 1
  - Completed February, 2017
- Sr. Wellness Center No. 2
  - Completed May, 2018
- Sr. Wellness Center No. 3
  - In Site Selection
  - Architect selected, Design to begin soon
- Sr. Wellness Center No. 4
  - In Site Selection
  - Architect selected, Design to begin soon

# Sr. Wellness Center No. 1

- Overview of services and Activities
  - Social Interaction
  - Exercise
    - Weights
    - Pickle Ball
    - Dance
  - Aquatic Activities including free swim and water aerobics
  - Art Activities
  - Yoga
  - Health Clinic – 2 Rooms
    - HealthScreenings
- Membership – 6006, Dec, 2018

















# Sr. Wellness Center No. 2

- Overview of services and Activities
  - Social Interaction
  - Exercise
    - Weights
    - Pickle Ball
    - Dance
  - Aquatic Activities including free swim and water aerobics
  - Art Activities
  - Yoga
  - Health Clinic – 9 Rooms
    - Full Pharmacy
- Membership – 1030, May, 2019

















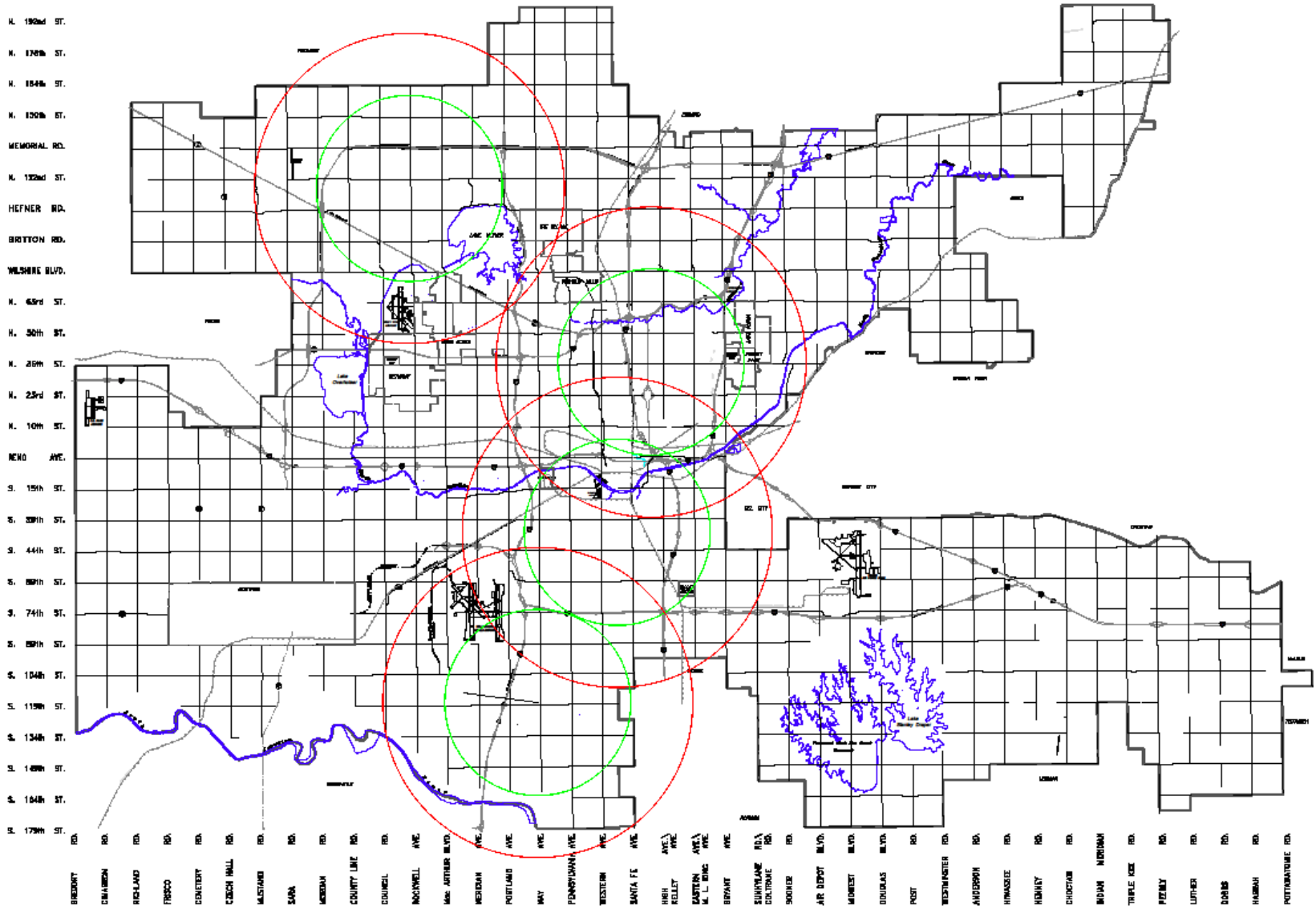












# MAPS 4

Sr. Wellness Centers

#maps4