

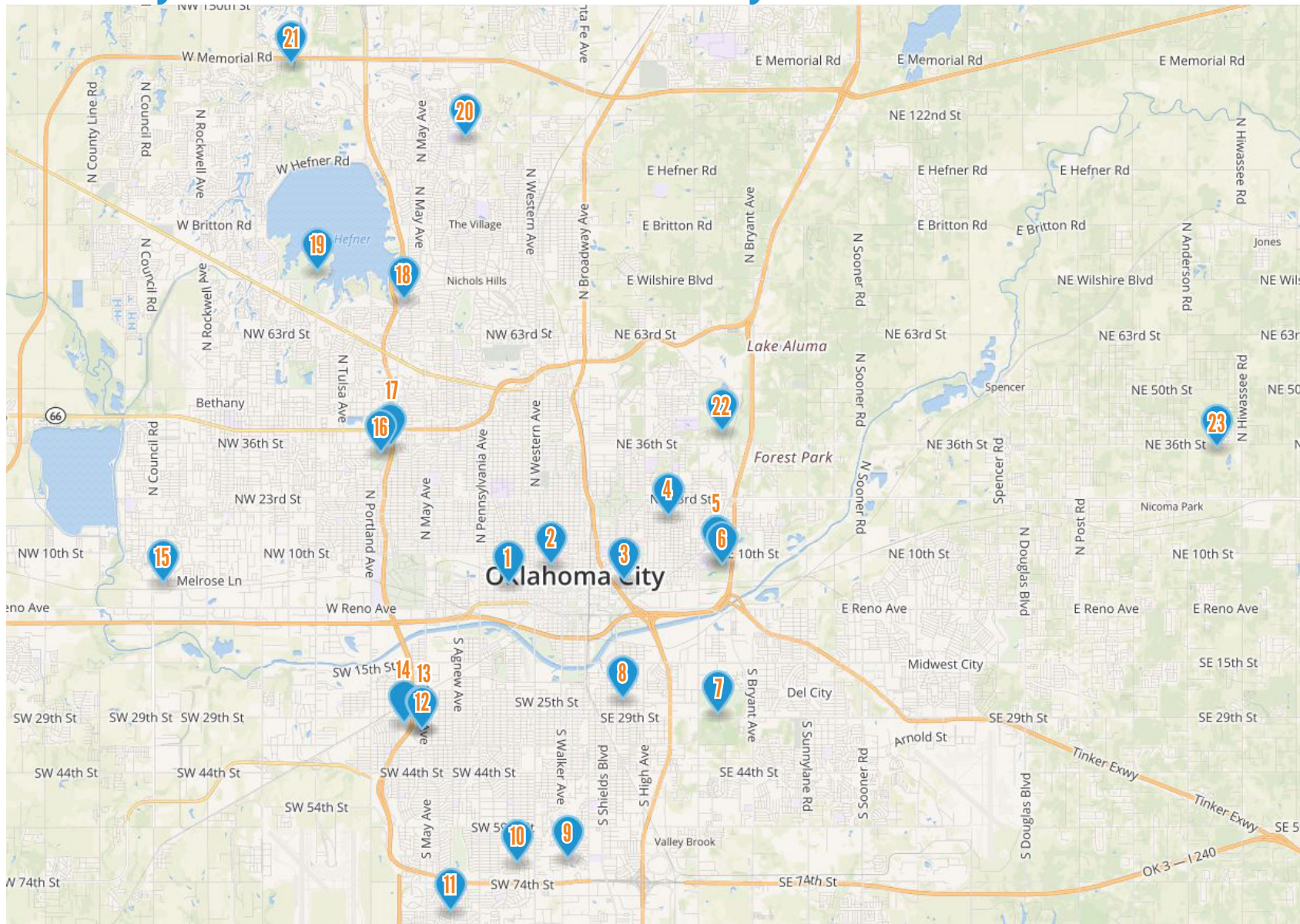
okc parks & recreation spring program guide



The City of
OKLAHOMA CITY
Parks & Recreation Department



find your OKC Parks & Recreation facility



- | | | | |
|--|---|---|--|
| 1 Pilot Recreation Center
1435 NW 2nd St 297-1438 | 7 Trooper Golf Club
2301 SE 29th St 677-8878 | 13 Woodson Gymnasium
3403 S May Ave 297-1456 | 19 Lake Hefner Golf Course
4491 S Lake Hefner Dr 843-1565 |
| 2 Municipal Gymnasium*
720 NW 8th St 297-1433 | 8 Schilling Recreation Center
539 SE 25th St 297-1442 | 14 Wendel Whisenhunt Sports Complex
3200 S Independence Ave | 20 Macklanburg Recreation Center
2234 NW 117th St 297-1428 |
| 3 Foster Program Center
614 NE 4th St 297-1423 | 9 Southern Oaks Recreation Center
400 SW 66th St 297-1449 | 15 Melrose Recreation Center
7800 W Melrose Ln 297-1431 | 21 Martin Park Nature Center
5000 W Memorial Dr 297-1429 |
| 4 Pitts Recreation Center
1920 N Kate Ave 297-1440 | 10 Taylor Recreation Center
1113 SW 70th St 634-1120 | 16 Will Rogers Senior Center
3501 Pat Murphy Dr 297-1455 | 22 Lincoln Park Golf Course
4001 NE Grand Blvd 424-1421 |
| 5 Douglass Recreation Center
900 N Frederick Douglass 297-1416 | 11 Sellers Recreation Center*
8301 S Villa Ave 297-1445 | 17 Will Rogers Garden
3600 NW 36th St 297-1392 | 23 Minnis Lakeview Center
12520 NE 36th St 297-1432 |
| 6 James E. Stewart Golf Course
824 Frederick Douglass 424-4353 | 12 Woodson Senior Center
3401 S May Ave 297-1459 | 18 NW Optimist Center
3301 NW Grand Blvd 297-1437 | |

*Closed for Construction as of March 6, 2016

get in touch

- | | | | |
|---|---|---------------------------------------|---|
| Parks Administration
(405) 297-3882 | Recreation Main Line
(405) 297-2211 | Park Rentals
(405) 297-2756 | Sports Line
(405) 31-MOVES (316-6837) |
|---|---|---------------------------------------|---|

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All classes and programs listed are subject to change with little or no notice. Call the individual center for program changes.



While for many, the winter months mean time spent indoors for relaxation, for the Parks & Recreation Department, our work is just getting started. Cooler temperatures allow our field grasses to rest which allows our grounds crews the opportunity to repair and upgrade our facilities. It's also time our Parks Planning group begins new General Obligation Bond projects in parks, so we can open new park amenities in time for

our active summer season.

Indoors, our Recreation Division continues to grow its level of services with new and improved programs sure to fit the needs of everyone in the family. Winter and spring sports leagues for youth and adults in basketball, volleyball, futsal and other sports provide fitness and social opportunities for groups and individuals alike.

Our Natural Resources group has winter and spring programs, including our annual Rainbow Trout Season at Dolese Youth Park, where anglers can test their luck in reeling in the big one!

Don't forget to look into the Parks & Recreation Department's slate of Spring Break camps for elementary and middle schoolers. Nature exploration, sports and general recreation are all part of the fun!

2015 was a banner year for Oklahoma City Parks and Recreation. We celebrated the opening of the new clubhouse at Lincoln Park Golf Course, the West River Trail, the Wendel Whisenhunt Sports Complex at Woodson Park, the new accessible Jim Thorpe Rehabilitation Courage Trail at Martin Park Nature Center, and finally the opening of the renovated Memorial Park; each providing new signature amenities for our residents and community.

With 2016 comes the addition of more trails, three new skate parks, new indoor tennis courts, and improvements to other park facilities. We continue to be a department on the move and we look forward to having you with us!

Douglas R. Kupper
Douglas R. Kupper
Parks & Recreation Director

who's who

City of Oklahoma City

Mayor Mick Cornett

Oklahoma City Council

James Greiner	Ward 1
Dr. Ed Shadid	Ward 2
Larry McAtee, Jr.	Ward 3
Pete White	Ward 4
David Greenwell	Ward 5
Meg Salyer	Ward 6
John Pettis, Jr.	Ward 7
Mark Stonecipher	Ward 8

Parks & Recreation Managers

Douglas R. Kupper, Director
Melinda McMillan-Miller, Assistant Director
Christopher Hamilton, Recreation Manager
Michael Smith, Central Business Manager
Terry Ash, Park Planning Manager
Scott Copelin, Natural Resources Manager
Todd Reese, Parks-Grounds Superintendent

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welcome

School's OUT! Camps and Programs

Kids Connection - School Days Out Program

Daily activities scheduled during school days off. Fees may apply to art projects and field trips.

Locations: Douglass, Macklanburg, Melrose, Minnis, Pitts, Schilling, Sellers, Southern Oaks

M-F 9am-5pm 1/4-5/27 FREE

Natural Resources Camp

Go wild for spring break with hands-on learning fun during the Parks & Recreation Department's two-week Natural Resources Camp. Two camp environments and trips to the OKC Fish Hatchery will have campers exploring nature ecology, horticulture, and fish life. For children ages 7-12.

March 7-18: Week 1 Will Rogers Gardens, 3400 NW 36th St
Week 2 Martin Park Nature Center, 5000 W Memorial

Registration for a 2 week session will be open until March 1, 2016 at a rate of \$275. Registration for a 1 week session is available from March 1 until March 7 for WRG and until March 10 for MPNC at a rate of \$175 per week. Space is extremely limited.

- Learn about Ecosystems
- Wildlife Conservation
- Nature Crafts
- Fishing Fun
- Archery
- Outdoor Skills
- Plant and Animal ID

Register in advance at okc.gov/active. For more information call 405-297-1429 or 405-297-1392.

Spring Break Camp

Spend school break days doing a variety of activities, including sports, art and games.

Foster	M-F	9am-4pm	3/14-3/18	\$80/week
Macklanburg	M-F	9am-4pm	3/14-3/18	\$80/week
Taylor	M-F	9am-4pm	3/14-3/18	\$80/week

Spring Break Sports Camp (Basketball)

Foster	T-Th	1-4pm	3/15-3/17	\$30/week
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camps

Adult Open Swim (Ages 18+)

Swim laps, water walk or enjoy a relaxing dip in the pool.

Foster Pool	M/W/F	6:30-10am	1/4-5/27	FREE
	M/W	3:30-5:30pm	1/4-5/25	FREE

Ai Chi

Find inner peace through Ai Chi, a combination of Qigong, water exercise and Tai Chi. For adults ages 16+.

Foster	M/W/F	10-11am	1/4-5/27	\$3/class
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Battle Ships Battle Royale

A life-sized battleship tournament for adults ages 16+.

Foster Pool	Saturday	3-8pm	4/16	\$15/team of 2-3
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Easter Egg Sunken Treasure Hunt

Enjoy music, aquatic games and hunt for Easter eggs in the pool.

Foster Pool	Saturday	noon-3pm	3/19	\$3/person
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Family Open Swim

Swim laps, water walk or enjoy a relaxing dip in the pool.

Foster Pool	T/Th	3:30-8pm	1/5-5/26	FREE
	Friday	3:30-5:30pm	1/8-5/27	FREE

Open SCUBA Practice

Time for SCUBA users to openly practice in the pool.

Foster Pool	Friday	6:30-8pm	1/8, 1/22	\$10/person
	Friday	6:30-8pm	2/5, 2/19	\$10/person
	Friday	6:30-8pm	3/4, 3/18	\$10/person
	Friday	6:30-8pm	4/1, 4/15, 4/29	\$10/person
	Friday	6:30-8pm	5/6, 5/20	\$10/person

Parents' Night Out

Enjoy time out on the town or run errands while the kids play at the pool.

Foster Pool	Friday	6:30-9pm	1/15	\$5/night
	Friday	6:30-9pm	2/12	\$5/night
	Friday	6:30-9pm	3/11	\$5/night
	Friday	6:30-9pm	4/8	\$5/night
	Friday	6:30-9pm	5/13	\$5/night

Private Swim Lessons

Private swim lessons with an instructor. Schedule based on instructor.

Foster Pool	Call 297-1424 to schedule	1/4-5/27	\$10/class an appointment.
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Swim Instructor Class

Learn to teach basic and advanced swim instruction for children and adults using the Safety Training & Aquatic Rescue (STAR) Starfish method.

Lifeguard certification required. Call 297-1424 for registration information.

Foster Pool	M-F	8am-3pm	3/14-3/18	\$35/city-employee
	M-F	8am-3pm	5/30-6/3	\$235/non-city employee

Water Aerobics

Burn calories and set your heart rate going in this high-energy class.

Foster Pool	M/W/F	11:30-12:30pm	1/4-5/27	\$3/class
	M/W/F	5:30-6:30pm	1/4-5/27	\$3/class

Youth Learn to Swim

Group swim lessons for youth from ages 6 months and up. A minimum of 3 participants required per class.

Foster Pool	M/W	6:45-7:30pm	1/4-5/18	\$30/session
		2-3pm	1/4-5/18	\$30/session

Lifeguard Classes

Learn a new skill or train for a summer job with the Oklahoma City Parks & Recreation Department's Lifeguard Training Program. All courses comply with state certification guidelines through the Starfish Aquatics Institute.

Classes teach basic water rescue, CPR, First Aid and more.

Age Requirements: Course participants must be age 15 or older on or before the final scheduled class session, and at least 16 years old to work for the City of Oklahoma City.

Qualifications: All course candidates must meet the following qualifications:

- Swim 300 yards continuously using only front crawl/breaststroke while controlling breath;
- Swim 50 yards heads-up to sight victim without stopping, with and without rescue tube;
- Tread water for two minutes, legs only;
- Complete a timed swim and brick retrieval exercise;
- Retrieve a 10-pound weighted object from bottom of pool (9-feet deep);

Class Cost:

\$35 per person for those who take employment with the City of Oklahoma City and meet specific criteria during summer season. \$135 for all other candidates.

Location: Foster Pool, 614 NE 4th Street

Sessions:

Friday	4-8pm
Saturday	noon-4pm

January 29-February 6
February 26-March 5

W/Th/F	4-8pm
March 9-11	
March 16-18	

M/W/F/Sa	M-F: 4-8pm Sat: 10am-2pm
April 4-9	May 2-7
April 11-16	May 9-14
April 18-23	May 16-21
April 25-30	May 23-28

LIFEGUARDING



Our recreational youth leagues offer competitive fun while promoting character and sportsmanship, and teaching game skills. Seasons vary per sport, but typically run for 7-8 games. League fees include practices, game times, a team uniform and end-of-season award. For more information, call our Athletic Leagues office at (405) 316-6897 (31-MOVES).

Tots

Co-Ed T-Ball

For Ages 3-5
April 25-June 4
Wheeler Park
Monday-Saturday
Cost: \$55 per player

Soccer League

For Ages 3-5
April 9-June 4
Wendel Whisenhunt Sports Complex
Saturday 9am-1pm
Cost: \$55 per player

Youth

Baseball

Register from January 4 - March 5
6U & 10U
April 26-June 2
Wheeler Park
Tuesday/Thursday
Cost: \$55 per player

8U & 12U
April 25-June 4
Wheeler Park
Monday-Saturday
Cost: \$55 per player

Futsal League

Ages 6-12
December 5-February 13
Woodson Gym
Saturday 4-6pm
Cost: \$250 per team

Ages 13-17
December 5-February 13
Woodson Gym
Saturday 6-8pm
Cost: \$250 per team

Soccer League

Register from January 4 - March 5
Ages 6-12
April 9-June 4
Wendel Whisenhunt Sports Complex
Saturday 9am-1pm
Cost: \$55 per player

Softball

Register from January 4 - March 5
6U & 10U
April 25-June 4
Wheeler Park
Monday-Saturday
Cost: \$55 per player

8U & 12U
April 26-June 2
Wheeler Park
Tuesday/Thursday
Cost: \$55 per player

Adults

Church, corporate and social groups can get in the game with the OKC Parks & Recreation Department's adult leagues. Leagues are available for recreational play in a variety of sports. Fees are priced PER TEAM and vary per sport. Some leagues require a per-game referee fee. For more information, call our Athletic Leagues office at (405) 316-6897 (31-MOVES).

Co-Ed Draft League Softball

Register from January 14 - March 11
April 24-June 11
Wheeler Park
Cost: \$350 per team

Co-Ed Volleyball League

Register from January 14 - March 5
March 11-April 27
Foster Center
Friday 6-9pm
Cost: \$225 per team

Co-Ed Softball

Register from January 14 - March 11
April 19-June 16
Stars & Stipes Park
T/Th 6-10pm
Cost: \$350 per team

Flag Football

Register from January 14 - March 11
April 10-May 22
Wendel Whisenhunt Sports Complex
Sunday 1-4pm
Cost: \$350 per team

Friday Night Basketball League

Register from January 14 - March 11
Women
March 25-May 13
Foster Center
Friday 6-10pm
Cost: \$350 per team

Saturday Night Basketball League

Register from January 14 - March 11
Men
March 26-May 14
Foster Center
Saturday 4-8pm
Cost: \$350 per team

Soccer League

Register from January 14 - March 11
Men 18+
March 26-May 14
Wendel Whisenhunt Sports Complex
Saturday 10am-2pm
Cost: \$250 per team

Women 18+
March 26-May 14
Wendel Whisenhunt Sports Complex
Saturday 10am-2pm
Cost: \$250 per team

Sunday Basketball League

Register from January 14 - March 11
Women
March 27-May 15
Foster Center
Sunday 2-6pm
Cost: \$350 per team



Sports & Fitness

Pre-school P.E. For Day Care

Foster Monday 8-9am 1/4-5/16 \$20/group

Soccer Clinic

Go toe-to-toe while learning soccer basics, including offensive and defensive strategies. Classes are held indoors.

Schilling Wednesday 9:30-10:30am 2/3-3/2 \$15/session

Tiny Tumblers

Roll out the good times! Tots will learn basic tumbling and gymnastics moves.

Schilling Thursday 10-11am 1/14-3/10 \$16/session

Performing Arts

Tiny Tots Creative Movement

This combination of dance, gymnastics and free-form movement to music encourages creative expression and builds self-confidence.

NW Optimist Tuesday 2-2:45pm 1/12-5/3 \$20/month

Schilling Friday 5-5:45pm 1/29-4/22 \$20/month

Taylor Monday 5-5:45pm 1/11-5/2 \$20/month



Special Interests

ABC & Me

Play games, sing songs and engage in activities to help preschool age children learn letter names and sounds.

Douglass M/W 9am-noon 1/11-2/24 \$100/month

Special Events

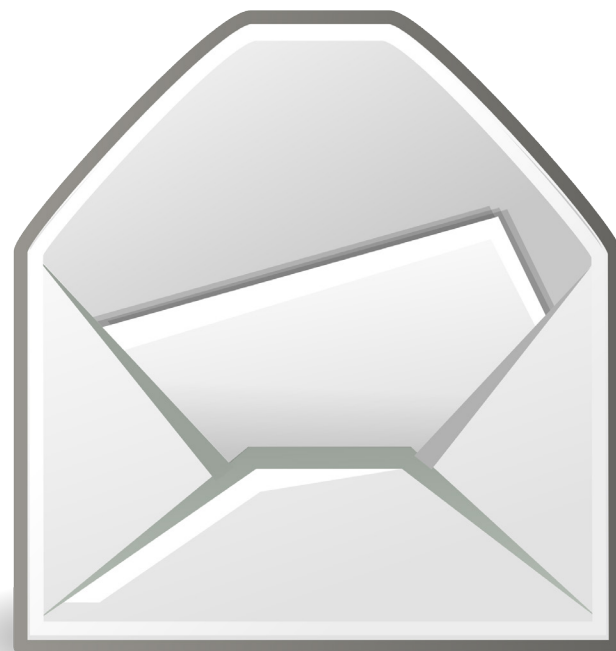
Tiny Tots Basketball Tournament (Pre-K - 2nd)

Foster Sa/Su 8am-5pm 4/9-4/10 \$100/team

Get Parks & Recreation Activities in your inbox

Sign up for our e-mail list today.

Visit okc.gov/parks and follow the mail link!



Sports & Fitness

50 Game

Basketball game with up to 5 players, 3-point shots only. The first player to reach 50 points is the winner.

Macklanburg T/Th/F/Sa 7-8pm 1/12-3/12 FREE

Baseball/Softball Preseason Workouts

Are you looking to get in shape and get your arm ready for spring ball? Come join us for weekly workouts!

Foster Thursday 7-8pm 1/14-5/12 \$5/class

Basketball

Ages 13+

Melrose Monday 6-9pm 1/11-3/7

FREE

Melrose Monday 6-9pm 3/28-5/23

FREE



Basketball Basics

Nothing but net! Learn ball handling, shooting, and defense in the beginning level class.

Ages 6-12

Municipal Gym

M/W

4:30-5:30pm

1/11-3/2

\$5/class

Woodson

M/W

4:30-5:30pm

3/21-5/11

\$5/class

Ages 13-17

Municipal Gym

M/W

3:30-4:30pm

1/11-3/2

\$5/class

Woodson

M/W

3:30-4:30pm

3/21-5/11

\$5/class

Ages 6-17

Foster

M-F

4:30-5:30pm

1/4-5/13

\$2/class

Schilling

Monday

6-8pm

1/25-3/21

\$2/class or \$18/session

Basketball Shootout

Build your basketball skills with 3-point shoot-outs, lay-ups, free-throws, catch and shoot, and improve dribbling.

Schilling Monday 4-6pm 1/11-4/25

\$30/session

Boot Camp

Foster T/Th 4-5pm

3/22-5/12 \$25/week

Cheer and Pom

Learn basic pom routines and put together cheers.

Melrose Monday 6-8pm 1/11-3/7 \$20/month

Melrose Monday 6-8pm 4/4-5/23 \$20/month

NW Optimist Monday 6:30-7:30pm 1/11-5/2 \$20/month

Pitts (6-12) Monday 4:30-5:30pm 2/1-5/2 \$20/month

Pitts (13-17) Monday 5:30-6:30pm 2/1-5/2 \$20/month

Taylor Thursday 6:30-7:30pm 1/14-5/5 \$20/month

Dodgeball/Kickball

Minnis Thursday 4-5pm 2/4-2/25 FREE

Pitts Tuesday 5-6pm 3/1-4/26 FREE

Woodson Gym Monday 3:30-5:30pm 2/15-5/16 FREE

Double Dutch Jump Rope

Learn how to jump rope and using different techniques, including double-dutch.

Douglass Monday 6:30-8:30pm 1/25-3/21 \$10/month

Minnis Tuesday 4-6pm 4/5-4/26 \$10/month

Exercise with Middle Eastern Dance Movement (Ages 13+)

Learn dance movements from the Middle East.

NW Optimist Wednesday 6-7pm 1/13-5/4 \$20/month

Fantastic Gymnastics

Students learn basic gymnastics skills such as forward and backward rolls, headstands and front layovers. Two sessions available.

Sellers Thursday 7-9pm 1/7-2/25 \$10/month



Ages 6-12 and Ages 13-17

Fencing

Learn basic sword fighting techniques. Beginner and intermediate levels available.

Sellers	Tuesday	7-9pm	1/5-3/5	\$2/class
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Home School Gym/P.E.

Gym activities and sports schedules to meet Home School Administrative requirements.

<i>Ages 6-12</i>				
Sellers	Tuesday	1-3pm	1/12-3/5	\$20/month
Woodson Gym	Wednesday	noon-2pm	1/13-5/25	\$25/month

<i>Ages 13-17</i>				
Woodson Gym	Wednesday	9-11am	1/13-5/25	\$25/month

Mack Skills

Improve your game with this weekly class focusing on football and basketball drills and scrimmages.

<i>Ages 6-12</i>				
Macklanburg	Tuesday	4-6pm	1/12-3/8	\$2/class

<i>Ages 13-17</i>				
Macklanburg	W/Th	6-7pm	1/6-3/10	\$2/class

Mack Sports

Learn the basics in a variety of recreational sports including, basketball, flag football, and volleyball.

Macklanburg	Friday	6-7pm	1/15-3/11	\$2/class
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Martial Arts

Fitness and self-defense tactics for the entire family.

Douglass	Thursday	6-8pm	1/7-2/25	\$7/class or \$40/month
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Soccer Clinic

Go toe-to-toe while learning soccer basics including offensive and defensive strategies. Classes are held indoors.

Schilling	Wednesday	3:30-5pm	2/3-3/2	\$18/session
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SNAG Golf (Starting New at Golf)

Learn the fundamentals of golf.

Douglass	M-F	4-6pm	3/21-3/25	\$10/session
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Special Olympics Workouts

Gym activities and sports scheduled for qualifying Special Olympics participants.

Southern Oaks	Tuesday	1:30-2:30pm	1/5-5/17	\$1/visit
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Team USA Cheerleading

Join "Team USA," the Youth Sports Organization that promotes coordination, confidence and physical fitness. Emphasis is placed on achievement through positive reinforcement and awards.

Sellers	Monday	5-8pm	1/4-3/5	\$5/class
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Team USA Self Defense

Join "Team USA," the Youth Sports Organization that promotes coordination, confidence and physical fitness. Emphasis is placed on achievement through positive reinforcement and awards.

Sellers	Monday	5-8pm	1/4-3/5	\$5/class
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Tumbling

Tumble your way to fun with this basic gymnastics and tumbling program.

Pitts	Tuesday	10-11am	3/1-4/19	\$15/session
Pitts	Wednesday	5:30-6:30pm	2/3-3/16	\$15/session

Jazz and Pom Preparation

Develop skills to prepare for tryouts and auditions for jazz/dance teams.

Beginner - Ages 13-17

NW Optimist	Monday	7:30-8:30pm	1/11-3/2	\$20/month
Taylor	Thursday	7:30-8:30pm	1/14-5/5	\$20/month

Advanced - Ages 13-17

NW Optimist	Thursday	6:30-7:30pm	1/14-5/5	\$20/month
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Volleyball Basics

Learn the fundamentals of volleyball such as passing, setting, spiking and serving.

Schilling	Friday	6:30-7:30pm	4/1-4/29	\$5/session
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Zumba

Get out those wiggles and waggles as children enjoy their own version of Zumba.

Schilling	T/Th	5:30-6:15pm	1/19-3/15	\$15/session
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Creative Arts

Basic Art

Learn basic art forms using different media and materials.

Minnis	Wednesday	4-6pm	1/6-1/27	FREE
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Schilling	Monday	4-5pm	2/8-5/6	FREE
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Southern Oaks	M/W	7-9pm	1/4-5/26	FREE
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Beads and Strings

Use beads to create "make and take" jewelry and craft projects.

Macklanburg	Monday	5-6pm	1/11-3/8	\$1/class
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Macklanburg	Monday	5-6pm	3/28-5/16	\$1/class
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Black History Month

Create a twelve-month calendar using different media in celebration of Black History Month.

Minnis	Wednesday	4-5pm	2/3-2/24	FREE
Pitts	Tuesday	4-5pm	2/2-2/23	FREE

Building Towers

Creative arts workshop for teens that will enhance team building practices and increase self-awareness.

Melrose	Saturday	12-2pm	3/19	\$15/class
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Button Decoration

Decorate buttons for gifts and other special occasions.

Pitts	Monday	6-7pm	1/11-1/25	\$3/class
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Cartoon Art

Create new cartoons each week based upon everyday occurrences.

Sellers	Monday	7-8pm	1/11-3/7	\$2/class or \$15/session
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Circus Crafts

Create circus-themed crafts and play simple carnival games. Pre-registration required.

Douglass	Monday	3:30-5:30pm	4/11-4/18	\$2/class
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Crochet and Sewing

Learn basic crochet and sewing techniques and stitches.

Macklanburg	Tuesday	6-8pm	1/12-3/8	\$1/class
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Duct Tape Dynasty

Learn to make wallets, purses, accessories and other fun Duct Tape creations.

Douglass	Wednesday	3:30-5:30pm	5/4-5/25	\$10/session
Minnis	Tuesday	4-5pm	2/2-2/23	\$10/session
Pitts	Thursday	4-5pm	5/5-5/26	\$10/session

Native American Art Institute

FREE monthly art workshop where participants learn a new art form from Native American teachers.

Southern Oaks	Thursday	7-9pm	1/7	Acrylic Objects
Southern Oaks	Thursday	7-9pm	2/18	Beadworking
Southern Oaks	Thursday	7-9pm	3/10	Leatherworking
Southern Oaks	Thursday	7-9pm	4/14	Charcoal
Southern Oaks	Thursday	7-9pm	5/19	Dreamcatchers

My Freedom Speech

Create your own speech about what freedom means to you.

Schilling	Monday	4-5pm	1/4-1/25	FREE
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Native American Jewelry Making

Learn different ways to make simple and fashionable Native American jewelry.

Minnis	Thursday	4-6pm	2/4-2/25	\$20/session
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Seasonal Art

Make seasonal art based on a theme using a variety of media and materials.

Minnis	Monday	4-5pm	1/11-2/8	\$3/project
Minnis	Monday	4-5pm	3/7-3/28	\$3/project
Pitts	Friday	4-5pm	1/29-2/12	\$3/project
Pitts	Friday	5-6pm	3/18-3/25	\$3/project
Southern Oaks	Wednesday	4-5pm	2/3-4/13	\$3/project

Sewing 101 (Ages 13+)

Learn sewing basics, including terminology, how to thread a machine, hand sewing techniques and more during this class for beginners. No experience necessary.

Douglass	Tuesday	6-8pm	3/8-3/29	\$20/session
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Shark Week Crafts

Join us during Shark Week for a wide variety of crafts and activities. Pre-registration required.

Douglass	Monday	3:30-5:30pm	3/7-3/14	\$2/class
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Still Life Drawing

Learn to draw still lifes. Two sessions available.

Sellers	Friday	8-9pm	1/8-2/26	\$2/class or \$15/session
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Tubular Crafts

Create modern and fun craft pieces using tubes.

Southern Oaks	Friday	4-5pm	1/15-3/11	\$1/class
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Wood and Paper Crafts

Make fans, birdhouses, collectors' boxes and more using paper and wood.

Macklanburg	Wednesday	6-7pm	1/6-3/9	\$1/class
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Performing Arts

Acting and Production

Learn acting basics including auditioning, characterization and rehearsal in preparation for a theatrical production. Two age groups available.

Ages 6-12					
NW Optimist	Monday	4-5:30pm	1/25-5/2	\$20/month	
Taylor	Thursday	4-5:30pm	1/14-5/5	\$20/month	

Ages 13-17					
NW Optimist	Monday	5:30-7:30pm	1/25-5/2	\$20/month	
Taylor	Thursday	5:30-7:30pm	1/14-5/5	\$20/month	

Beginning Drum

Participants will learn the basics of playing a drum set.

Pitts	Wednesday	5:30-6:30pm	1/6-1/27	\$20/month	
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Choir

Learn musical selections as well as basic music theory. Students will perform a choir for friends and family.

Taylor	Tuesday	6:30-8pm	1/12-4/26	\$20/month	
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Dance Combo

Learn beginning jazz and ballet in this fun 16-week program. Each session ends with a mini-recital for family and friends. Two age groups available.

Ages 6-8					
NW Optimist	Tuesday	5:45-6:45pm	1/12-5/3	\$20/month	
Schilling	Tuesday	5-6pm	3/1-5/17	\$20/month	
Taylor	Monday	5:45-6:45pm	1/11-5/2	\$20/month	

Ages 9-12					
NW Optimist	Tuesday	7-8pm	1/12-5/3	\$20/month	
Taylor	Thursday	7-8pm	1/14-5/5	\$20/month	

Elemental Hip Hop

Learn Hip Hop culture, history, creative writing, art forms on canvas, break dancing and rhythmic dance moves.

Douglass	Thursday	4:30-6:30pm	1/7-2/25	\$50/month	
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Flamenco

Learn the cultural origins of this unique dance style, in addition to dance steps and choreography. An end-of-session recital will be held for family and friends. Two age groups available.

Ages 6-12					
Taylor	Saturday	11am-noon	1/16-5/7	\$20/month	

Ages 13+					
Taylor	Saturday	12:30-2pm	1/16-5/7	\$20/month	

Hip Hop

Introduction to hip hop basics, including current trends in this contemporary dance genre.

Macklanburg	Friday	6:30-7:30pm	1/15-3/4	\$3/class	
Municipal Gym	Friday	6-7pm	1/15-3/4	\$3/class	
Schilling	Monday	4-5pm	1/25-4/25	\$3/class	
Taylor	Saturday	11am-noon	1/9-5/7	\$3/class	

Homeschool Drama

Learn basic acting skills and produce a full-stage production for family and friends.

Ages 6-12					
NW Optimist	Tuesday	10-11:30am	1/12-5/3	\$30/month	

Ages 13-17					
NW Optimist	Tuesday	11:45am-1:45pm	1/12-5/3	\$30/month	

Individual Music Instruction

Students learn about musical instruments and singing through lessons in guitar, piano and voice.

Sellers	Thursday	5-6pm	1/7-3/5	\$20/class	
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Irish Dance Level I

NW Optimist	Thursday	5:30-6pm	1/7-5/12	\$25/month	
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Irish Dance Level II

NW Optimist	Thursday	5:30-6:30pm	1/7-5/12	\$40/month	
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Irish Dance Level III

NW Optimist	Thursday	5:30-7pm	1/7-5/12	\$60/month	
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Irish Dance Level IV

NW Optimist	Wednesday	6:15-7:45pm	1/6-5/11	\$60/month	
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Minnis Night at the Apollo

Hone your singing, dancing, acting or comedy talent as you prepare for our end-of-session talent show.

Minnis	Thursday	4-6pm	5/5-5/26	\$10/session	
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Piano/Keyboard Lessons (Ages 6-12)

Participants will learn to position their hands, play chords, string chords together and play songs on keyboards.

Melrose	Wednesday	3-4pm	1/6-2/24	\$20/month	
Melrose	Wednesday	3-4pm	4/6-5/25	\$20/month	

Script Writing (Ages 13+)

Work as a team while you craft together characters and plot to produce a performable script. Students will perform the play they helped create for friends and family.

NW Optimist	Saturday	10am-noon	1/16-5/7	\$20/month	
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Slam Poetry (Ages 13+)

Learn to create Slam Poetry and showcase your work in an Open Mic atmosphere on designated competition dates.

Melrose	Friday	4-6pm	1/15-5/6	\$20/month	
NW Optimist	Saturday	12-2pm	1/16-5/7	\$20/month	

Stage Fighting

Learn Renaissance-style stage fighting techniques using wooden swords.

Sellers	Wednesday	7-9pm	1/6-3/5	\$2/class	
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Tap Dance (Ages 13+)

Beginner/Intermediate

NW Optimist	Thursday	7:30-8:30pm	1/14-5/5	\$20/month	
Taylor	Wednesday	7:30-8:30pm	1/13-5/4	\$20/month	

Intermediate/Advanced

NW Optimist	Tuesday	7-8pm	1/12-5/3	\$40/month	
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Voice & Music (Ages 13+)

Learn proper singing techniques as well as vocal selections. Perform in an end-of-session vocal concert for family and friends.

NW Optimist	Tuesday	7-8pm	1/12-5/3	\$40/month	
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Special Interests

After School Kids Club

Gym activities, games, homework help and crafts for children after school. Special field trips and classes will be scheduled at a minimal charge.

Locations:

Douglass					
Macklanburg	Pitts				
Melrose	Schilling				
Minnis	Sellers				
Pitts	Southern Oaks				
M-F	3-5pm	1/4-5/27	FREE		

Computer Basics

Learn the differences between software and hardware and become familiar with Microsoft Office applications.

Schilling	Thursday	6-7pm	1/14-2/25	\$15/session	
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Computer Lab

Use computers for homework assignments.

Macklanburg (6-12)	Thursday	3:30-4:30pm	1/12-3/10	FREE	
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Macklanburg (13-17)	T/Th	5-6pm	1/12-3/3	FREE	
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Exploring Science

Discover the wonders of science through exploration and experimentation!

Schilling	Thursday	4-5pm	1/14-3/10	\$1/class or \$8/session	
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Fun Club with OSU-OKC

OSU-OKC will host a weekly fun and educational series for children 6-12. Activities range from STEM (Science Technology Engineering and Math), Leadership, Nutrition and Physical Fitness.

Douglass	Tuesday	3:30-4:30pm	1/5-5/31	FREE	
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FUNDamentals of Math

This class includes help with homework problems and fun math games.

Schilling	Wednesday	5-6pm	2/3-3/23	\$8/session or \$1/class	
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Future City Competition

The Future City Competition is for 6th, 7th and 8th grade students. It is an opportunity to imagine, research, design and build cities of the future that showcase solutions to citywide sustainability issues.

Douglass	Monday	3-4pm	1/4-5/23	\$5/month	
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Game Room Night

Check out our large-screen televisions and play your favorite Xbox and Wii games with friends.

Schilling	Friday	6:30-8:30pm	1/15-3/25	\$3/night	
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Girl Scout Troop 6027

Learn leadership skills, nutrition, self-esteem, financial literacy while participating in fun games and activities.

Douglass	Wednesday	3:30-4:30pm	1/20-5/18	FREE	
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Home School Gym Lab

A PE and exercise class specifically geared toward home schoolers, with emphasis on strength and conditioning.

Douglass	Tuesday	10am-noon	1/26-3/18	\$20/session	
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Keys to Success (Ages 13+)

Weekly classes work toward communication, proper self-care, decision making skills and self-awareness.

Minnis	Thursday	4-5pm	1/7-1/28	\$16/session
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OKC Youth Chess Lessons and League

Chess lessons for children in the third grade and up. Learn strategic and mental strengthening exercises with positive social interaction and good sportsmanship.

Melrose	Thursday	3:30-4:30pm	1/14-5/26	FREE
Schilling	Wednesday	3:30-4:30pm	1/13-5/25	FREE
Southern Oaks	Monday	3:30-4:30pm	1/11-5/23	FREE

Parents' Night Out

While mom and dad hit the town or enjoy a restful night in, kids can get together to play games and sports, do arts & crafts and enjoy time with center friends.

Minnis	Friday	6-10pm	4/8	\$10/class
Sellers	Friday (1 st)	6-10pm	1/8-3/5	\$10/class
Southern Oaks	Friday (1 st)	6-10pm	1/8-5/6	\$10/class

Reading Club

Students ages 6-12 can read books in a quiet environment and have an opportunity to get tutoring to improve reading skills.

Macklanburg	Friday	6-7pm	1/15-3/11	FREE
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S.T.E.M. with Arts

Projects that stimulate the mind of future engineers in a fun and hands-on way. Subjects of study will be Science, Technology, Engineering, Arts and Mathematics.

Douglass	Monday	3:30-5:30pm	2/1-3/28	FREE
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Trading Card Fun

Play, trade, and battle with your Pokemon, Yu-Gi-Oh, Magic the Gathering, and World of Warcraft cards.

Schilling	Saturday	10-11am	1/16-4/30	\$2/class
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Urban Explorers

Learn the world of nature through topics including insects, ecology and animals.

Melrose	Tuesday	3-5pm	5/24-5/24	FREE
Southern Oaks	Tuesday	4-5pm	4/5	FREE

Wii Tournament

Enjoy classic video game fun with Mario Kart and other popular Wii games. Age group tournaments are part of the fun!

Melrose	Friday	6-8pm	1/15-5/6	\$2/class
Minnis	Tuesday	4-7pm	5/10-5/31	\$2/class
Southern Oaks	Friday	3:30-5pm	1/15-3/4	\$2/class

Xbox Games

Macklanburg	W/F	6-9pm	1/13-3/11	\$2/class
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Special Events

Laser Quest Adventure

Looking for a great way to spend Spring Break? Get ready for some fun and entertainment with family and friends. For all skills levels.

Pitts	Saturday	11am-2pm	3/19	\$15/person
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May Mayhem Tournament

Show off your skills in this basketball tournament for youth in 6th grade through highschool.

Foster	F-Su	8am-5pm	5/6-5/8	\$125/team
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Soccer Tournament (ages 6-12)

Whisenhunt	Saturday	9am-6pm	4/2	\$350/team
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Spring Talent Show

Southern Oaks	Friday	3:30-5:30pm	5/13	FREE, \$.50 popcorn
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BIRTHDAY PARTY Adventures

Book your next birthday with OKC Parks

Choose from five different themes:
Princess, Suphero, High Tech Play (Video Games),
Nature Play and Garden Adventures.

Available at all Recreation Centers
For more information call (405) 297-2211

Daddy Daughter Dance

Treat your little girl to a night of daddy-daughter fun.

Refreshments
Dancing
Door Prizes
DJ
Photobooth

Dances run from 7 until 9 p.m.



Thursday, February 4 & Friday, February 5
at the elegant
Meinders Hall of Mirrors
Civic Center Music Hall, 201 N Walker Avenue

Tickets: \$12.50 per person
Tickets are available for sale at local Oklahoma City Recreation Centers and
at the Parks & Recreation Administrative Offices, 420 W Main, Suite 200.
Call (405) 297-2211 for more information.

Pet Festival

Saturday, May 7 noon-4pm
Melrose Center
7800 W Melrose Ln

- Pet Show
- Pet Costume Contest
- Best Trick Contest

\$5 per contest entry fee

All pets MUST be on a leash or in a cage.



Sports & Fitness

Walking

Indoor walking through the winter months for all ages.

Foster	M-F	9-11am	1/11-5/13	FREE
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Special Interest

Dangerous Weather Workshop

Join the KWTW Channel 9's weather team as they talk about Oklahoma's wicked weather. Special emphasis will be on storm and tornado safety for you and your family.

Schilling	Tuesday	6-8pm	2/2	FREE
Taylor	Tuesday	6-8pm	2/9	FREE

Faerie Gardening

Workshops introduce children to gardening by instruction given to create a miniature garden with tiny natural materials fit for faeries. 2nd Tuesday of each month.

Melrose	Tuesday	4-6pm	4/12	\$25/class
Schilling	Tuesday	4-6pm	2/9	\$25/class
Southern Oaks	Tuesday	4-6pm	3/8	\$25/class
Taylor	Tuesday	4-6pm	5/10	\$25/class

Special Events

Neighborhood Fire Safety Seminar

Join the Oklahoma City Fire Department for this presentation on fire prevention and safety.

Melrose	Friday	6-7pm	1/8	FREE
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Seussabration

Celebrate National Reading day and Dr. Seuss's Birthday.

Southern Oaks	Saturday	1-4pm	3/5	FREE
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Sports & Fitness

3 on 3 Basketball Tournament

Competitive 3 on 3 basketball tournament with a minimum of 4 players per team. First, second and third place winners will receive medallions.

Minnis	Saturday	12-3pm	3/12	\$15/team
Pitts	Saturday	12-3pm	3/26	\$15/team

3 on 3 Soccer League

Play this 8 week league to see if you and your team are the best at Schilling!

Schilling	Monday	7-9pm	3/7-4/25	\$15/team/session
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4 on 4 Basketball League

A competitive 4 on 4 basketball league with a running clock. Minimum 5 players.

Schilling	Tuesday	6-9pm	3/1-4/19	\$25/team/session
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Aerobics Dance (Ages 13+)

Improve your cardio health and burn calories while dancing to the latest hip-hop and pop music.

Melrose	Thursday	6:30-8:30pm	1/7-3/17	\$3/class
Melrose	Thursday	6:30-8:30pm	3/24-5/26	\$3/class

Aikido

Practice this self-paced Japanese form of self-defense utilizing wrist, joint, and elbow grips against an opponent.

Foster	T/Th	5:30-6:30pm	1/5-5/17	\$50/month
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Badminton

Woodson Gym	Friday	12-3pm	2/26-5/6	\$2/class
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Basketball

Foster	Monday	5:30-6:30pm	1/4-5/16	\$2/class
Macklanburg	MW/Su	4-6pm	1/11-3/9	\$2/class
Melrose	Wednesday	7-9pm	1/6-3/9	\$2/class
Melrose	Wednesday	7-9pm	3/30-5/25	\$2/class
Minnis	W/F	3-6pm	1/6-5/27	\$2/class
Pitts	MW	5-6pm	1/11-5/25	\$2/class
Schilling	Wednesday	7-9pm	1/13-5/4	\$2/class
Southern Oaks	Tuesday	7-9pm	1/5-5/24	\$2/class

Boot Camp

Municipal Gym	T/Th	9-10am	1/12-3/3	\$25/week
Foster	T/Th	9-10am	3/22-5/12	\$25/week
Woodson EC	T/Th	6-8pm	1/5-6/7	\$5/class

Bubble Soccer Tournament

Played like classic soccer and on the same field, but with one major bouncy difference!

Foster	Wednesday	7-10pm	3/26, 4/9, 4/23, 5/7	\$125/team
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Bubble Soccer (Open Play)

Schilling	Thursday	7-8pm	4/7-5/26	\$10/class
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Cardio & Core Mix

Intense cardio and strength-building for core muscles. A burst of exercises to get your metabolism flowing!

Foster	M-F	12-7:30pm	1/4-5/16	\$10/month or
Douglass	Tuesday	6-7pm	1/5-1/26	\$2/visit

Dance Fitness

For any adult looking to get fit to their favorite tunes.

Foster	Monday	8-9am	1/4-5/16	\$2/class
Foster	Monday	6:30-7:30pm	1/4-5/16	\$2/class



Ages 18+

adult

okc.gov/parks

family

f t i @okcparks

Domination Work Out!

Based on Insanity and P90X, this workout offers interval training in cardio, plyometric and sport-specific drills, including calisthenics and strength and conditioning movements.

Douglass	Tuesday	6-7pm	2/2-2/23	\$5/class
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Fitness Center

Supervised weight rooms with new cardio equipment including various machines and free weights.

Schilling	M-F	1:30-9pm		
	1/4-5/27		\$10/month or \$2/drop-in	

Futsal

Indoor soccer with a Brazilian twist!

Foster	Monday	11am-1pm	1-4-5/23	\$2/class
Minnis	Tuesday	noon-2pm	1/5-4/26	\$2/class
Southern Oaks	Wednesday	7-9pm	1/6-5/25	\$2/class

Volleyball

Melrose	Thursday	7-9pm	1/14-3/10	\$2/class
Melrose	Thursday	7-9pm	3/31-5/26	\$2/class
Minnis	Thursday	6-7pm	1/7-5/26	\$2/class
Municipal Gym	M/W	11am-1pm	1/12-3/1	\$2/class
Pitts	Friday	5-7pm	5/6-5/27	\$2/class
Southern Oaks	M/Th	7-9pm	1/4-5/26	\$2/class

Walking Class

Meet friends and burn calories while walking in the park.

Douglass	M/W/F	noon-1pm	4/4-5/27	FREE
Minnis	Monday	1-2pm	1/4-5/30	FREE

Weight Training

<i>Open</i>				
Foster	M-F	6am-8:30pm	1/4-5/16	\$10/month or \$2/visit
Municipal Gym	T/Th	7-8pm	1/12-3/3	\$2/visit

Women on Weights

This women-only weights class challenges all of your muscle groups as you learn the correct technique for using free weights in a friendly, non-intimidating environment.

Schilling	Saturday	9-10am	3/5-4/23	\$10/month or \$2/visit
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Yoga

Practice gentle stretching, breathing, mental focus and relaxation to improve health and posture. Personal yoga mat required.

Douglass	Monday	6-7pm	1/11-2/29	\$30/session or \$3/class
Pitts	Thursday	6-7pm	3/3-4/28	\$20/month
Schilling	Saturday	9-10am	3/5-5/7	\$30/session or \$3/class



Zumba

Sculpt your body with simple Latin dance steps, plus interval and resistance training during this fun-filled rhythmic workout.

Douglass	Pitts	Schilling	Southern Oaks
Friday	Tuesday	T/Th	M/W/F
6:30-7:30pm	6-7pm	6:30-7:30pm	6:30-7:30pm
1/8-2/26	3/8-4/26	1/19-5/17	1/4-5/30
\$3/class	\$3/class	\$3/class	\$3/class

Creative Arts

Calligraphy and Illumination

Try your hand at the Renaissance art of calligraphy. Learn different lettering styles to create cards, home décor and other projects.

Sellers	Tuesday	7-9pm	1/5-3/5	\$2/class
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Ceramics

Sellers	Monday	7-8pm	1/4-2/29	\$2/class or \$15/session
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Mixed Media Arts

Unwind with center friends while exploring different art forms.

Douglass	Tuesday	1-3pm	3/8-5/24	\$15/month
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Nail Art Expo

Create different nail art styles.

Pitts	Monday	5:30-6:30pm	4/4-4/25	\$10/session
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Water Color Techniques

Learn to blend colors into basic shapes, as well as use tints and shadows using watercolors.

Sellers	Friday	7-8pm	1/8-2/26	\$2/class or \$15/session
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Performing Arts

Ballroom Dance

Grab a partner and learn the basics of ballroom dancing including Rumba, Foxtrot, Waltz and Cha-Cha.

Taylor	T/W	7-8:30pm	1/5-5/25	\$15/class, \$30/week, \$100/month
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Dancing

Adult socialization and dancing.

Minnis	Monday	3-4pm	1/4-3/28	\$25/session or \$5/visit
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Individual Music Instruction

Students learn about individual musical instruments and singing through lessons in guitar, piano and voice.

Sellers	Thursday	5-6pm	1/7-3/5	\$20/class
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Irish Dance

NW Optimist	Thursday	7-8pm	1/7-5/12	\$40/month
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Salsa Dance Lessons

Learn to move to the rhythmic beat of Latin music and enjoy the rage that is Salsa Dancing.

Beginner

Melrose	Tuesday	7:30-8:30pm	1/12-2/16	\$50/session
Melrose	Tuesday	7:30-8:30pm	2/23-3/29	\$50/session
Melrose	Tuesday	7:30-8:30pm	4/5-5/10	\$50/session

Family (Ages 9+)

Melrose	Tuesday	6:30-7:30pm	1/12-2/16	\$50/session
Melrose	Tuesday	6:30-7:30pm	2/23-3/29	\$50/session
Melrose	Tuesday	6:30-7:30pm	4/5-5/10	\$50/session

Special Interests

Adult Game Night

Play various board and table games including Spades, Bingo, Tunk and Dominoes while listening to Old School music.

Douglass	Friday	7-9pm	3/4-4/15	\$5/class
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Personal Finance

Learn to pay down debt and remain debt-free while gaining valuable information on how to take control of your finances. One-on-one help available on a limited basis.

Southern Oaks	Thursday	6-8:30pm	2/4-2/18	FREE
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Beginning Spanish

¿Habla español? Boost your foreign language skills by learning common words and phrases in Spanish.

Schilling	Tuesday	6-7pm	1/12-3/1	\$24/session
Schilling	Tuesday	6-7pm	3/8-4/26	\$24/session

Community CPR/AED/First Aid

Learn the basics of citizen CPR/AED and First Aid for certification.

Pre-registration required.

Southern Oaks	Saturday	10am-4pm	1/23	\$55/wksh
Southern Oaks	Saturday	10am-4pm	3/19	\$55/wksh
Southern Oaks	Saturday	10am-4pm	4/16	\$55/wksh

Computers Plus

A continuation of the Computers Basics beginning class. Participants explore Microsoft Office applications in depth.

Schilling	Wednesday	6-7pm	1/27-2/24	\$15/session
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First-Time Home Buyer

Learn how to buy, sell, rent a home and make necessary basic home repairs. Pre-registration required.

Schilling	Saturday	10-11am	1/30	\$5/wksh
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Lung Awareness

Breathe easy with this wellness class all about your lungs. Learn to identify and treat Asthma, and hear the latest research on lung cancer and other pulmonary diseases. We'll also cover smoking cessation techniques.

Schilling	Saturday	10-11am	2/6	FREE
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Resumé Wizard

Learn how to put together the right information to develop a great resumé for the competitive job market. Pre-registration required.

Schilling	Saturday	11am-noon	3/26	\$5/wksh
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Special Events

Hair and Beauty 101

Learn about different hairstyles, colors and cuts while enjoying light snacks. Pre-registration required.

Minnis	Tuesday	noon-3pm	1/19	\$10/wksh
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March Madness Tournament (Basketball)

<i>Men</i>				
Foster	Sa/Su	4-8pm	3/26-3/27	\$125/team
<i>Women</i>				
Foster	Sa/Su	4-8pm	3/26-3/27	\$125/team

Old Fashioned Horse and Hotshot Contest

Test your basketball skills and find out who is the best at Horse and sharp shooting. First, second, and third place trophies will be awarded.

Pitts	Friday	4:30-6:30pm	3/25	\$8/entry
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Jan 21	Bouquets	7-9pm	Will Rogers Gardens
Jan 29-Feb 26	First Lifeguarding Session		See page 3 for info
Feb 4-5	Daddy Daughter Dance	7-9pm	See page 13 for info
Feb 18	Centerpiece	7-9pm	Will Rogers Gardens
Mar 5	Seussabration	1-4pm	Southern Oaks
Mar 5	Youth Leagues Registration Deadline		See page 4 for info
Mar 11	Adult Leagues Registration Deadline		See page 5 for info
Mar 14-18	Spring Break Camp	9am-4pm	See page 2 for info
Mar 15-17	Spring Break Sports Camp	1-4pm	Foster Recreation Center
Mar 17	Spring Fling Bouquet	7-9pm	Will Rogers Gardens
Mar 19	Going Vertical	9:30am-noon	Will Rogers Gardens
Mar 19	St. Patrick's Day Scavenger Hunt	1-4pm	Martin Park Nature Center
Mar 26	Easter on the Green	9:30am-noon	Will Rogers Gardens
Mar 26	Bird Egg Hunt	3pm & 4pm	Martin Park Nature Center
Apr 2	Frontier Days	1-4pm	Martin Park Nature Center
Apr 8	Community Tree Planting	11am	Will Rogers Gardens
Apr 21	Greens and Things	7-9pm	Will Rogers Gardens
Apr 30	Earth Fest	1-4pm	Martin Park Nature Center
May 7	Pet Festival	noon-4pm	Melrose Center
May 19	Daisy Bouquets	7-9pm	Will Rogers Gardens
May 20	Endangered Species Day	6-8pm	Martin Park Nature Center
May 28	Oklahoma Land Rush	1-4pm	Martin Park Nature Center



Fishing 2016

Trout Season

December 1, 2015 - February 29, 2016
At Dolese Youth Park Pond
5105 NW 50th

State fishing license and City fishing permit required.
Visit okc.gov for Trout Season Regulations, catch limits and other information.

FREE Trout Fishing Clinic

Friday, January 8, 2016 7-8:30pm
Putnam City High School Gymnasium
5300 NW 50th
Register in advance at 405-297-1426



NEW FOR 2016 FREE FISHING DAYS

Join the City of Oklahoma City for FREE FISHING DAYS the first Saturday of each month.

No City permit required on the following dates in 2016 (A State fishing license is required):

January 2	July 2
February 6	August 6
March 5	September 3
April 2	October 1
May 7	November 5
June 4-5 National Fishing Days	December 3

Regular fishing regulations apply. Visit okc.gov for additional information.

Tee-Up at one of Oklahoma City's fabulous Municipal Golf Courses

Earlywine Golf Course

11600 S. Portland Avenue | 405-691-1727
Two 18-hole golf courses, club house with grill, pro shop. Cart rentals available.

Lake Hefner Golf Course

4491 S. Lake Hefner Drive | 405-843-1565
Two 18-hole golf courses, club house with grill, pro shop.

Lincoln Park Golf Course

4001 NE Grand Boulevard | 405-424-1421
Two 18-hole golf courses, club house with grill, pro shop. Call about private event rentals and tournaments.

Trosper Golf Club

2301 SE 29th Street | 405-677-8878
One 18-hole golf course

James E. Stewart Golf Course

824 Frederick Douglass Avenue | 405-424-4353
One 9-hole golf course. Minutes from downtown OKC!

Group clinics and private lessons available at all courses.

okcgolf.com



Sports & Fitness

Arm Chair Exercise

Gain upper body and core strength with this specialty fitness class using chairs. Participants may sit or stand during workout. Taught by volunteers from the Integris Pacer Center.

Will Rogers Sr.	Friday	1:30-2:30pm	1/8-5/20	FREE
Woodson Sr.	Monday	11am-12:15pm	1/4-5/23	FREE
Woodson Sr.	Friday	9:30-10:30am	1/8-5/27	FREE

Basketball

Open Gym				
Foster	Monday	7-8am	1/4-5/16	\$2/class

Fitness for Fun

This low-impact fitness class promotes increased strength, range of movement, balance and flexibility with the use of hand-held weights and elastic tubing with handles. A chair is used for seated and/or standing support.

Schilling	Wednesday	1:30-2:30pm	1/13-4/27	\$10/session
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Meditation

30 minutes of quiet time with focus on breath and calming the mind.

Woodson Sr.	Thursday	11:15-11:45am	1/7-5/26	FREE
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Pickle Ball

Woodson Gym	T/Th	noon-3pm	1/5-5/26	\$2/class
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Personal Training for Seniors

Develop an individual exercise plan with assistance from instructors and students from Heritage College.

Woodson Sr.	Monday	9-10am	1/4-5/16	FREE
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Tai Chi for Balance

Improve your balance and learn to clear the mind during this slow-movement meditative martial arts practice.

Will Rogers Sr.	W/F	2:30-3:30pm	1/6-5/27	FREE
Woodson Sr.	Tuesday	9-10am	1/5-5/31	FREE

Walking in the Park

Join friends and track your progress as you walk at your own pace and distance on the park trails.

Will Rogers Sr.	M/T/Th/F	8:45-9:45am	1/4-5/27	FREE
Woodson Sr.	T/W/Th	8:45-9:45am	1/5-5/31	FREE

Wellness Warriors

Total body exercise class with a focus on body, strength and flexibility led by University of Central Oklahoma kinesiology students. Class also includes attention and memory exercises. Funded by a grant from the Oklahoma City Community Foundation 5210 program.

Will Rogers Sr.	M/W	1-1:45pm	1/4-4/27	FREE
Woodson Sr.	M/W	2:15-3pm	1/4-5/23	FREE

Yoga

Relaxation, stretching, breathing, and specific yoga techniques are demonstrated and practiced. Yoga helps to lower blood pressure along with stress levels while also strengthening muscles.

Will Rogers Sr.	W/F	9-10am	1/6-4/29	\$10/month
Woodson Sr.	M/W	10-11am	1/5-5/31	\$10/month

Creative Arts

Adult Coloring Book

Meet each Tuesday to participate in the latest trend of coloring in color books. Coloring for adults has proven to be a wonderful and engaging way for seniors to socialize and be creative.

Will Rogers Sr.	Tuesday	10am-noon	1/5-4/19	FREE
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Advanced Oil Painting

For experienced artists who want to enhance their skills with oils and color definition. Instructor guidance is available, but participants work at their own pace using their own supplies.

Will Rogers Sr.	Tuesday	1-3pm	1/5-4/19	\$10/month
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Art Show

Annual Art Exhibit highlighting works by students/participants completed from June 2015 – May 2016. The intent is to draw interest in the ever-growing art department at Will Rogers Senior Activity Center.

Will Rogers Sr.	Friday	4-6pm	TBA	FREE
	Saturday	10am-2pm		

Art Studio - All Media

Students meet to work on art projects suitable for exhibiting in the Annual Art show.

Woodson Sr.	T/W/Th	9am-noon	1/5-5/26	\$5/month
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Beginning Painting

Learn the basics of form, light and shadow, color use and brush strokes using a variety of media. Students bring their own supplies.

Will Rogers Sr.	Thursday	10am-noon	1/7-4/28	\$10/session
Woodson Sr.	W/Th	10-11am	1/20-5/23	\$10/session



Ceramics

Basic ceramic instruction and design.

Beginner

Southern Oaks	Monday	6-7pm	1/18-3/7	\$35/session
Will Rogers Sr.	Monday	9am-noon	1/11-4/25	\$5/month

Intermediate

Will Rogers Sr.	Thursday	1-2pm	1/7-4/21	\$5/month
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Clay Rose Earring Tutorial

Create fired clay earrings with a rose design.

Woodson Sr.	Friday	1-3pm	4/1-4/8	\$12/session
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Clay Sculpture

Create a variety of clay figures in this basic sculpture class.

Woodson Sr.	Wednesday	1-3pm	3/2-3/9	\$25/session
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Colored Pencil Drawing

Two-class session working with colored pencils.

Woodson Sr.	Tuesday	1-3pm	2/16-2/23	\$10/session
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Enameling

Learn the ancient art of enameling, adding colors to metals, while creating pendants and other jewelry pieces. The class meets on the first Tuesday of each month.

Will Roger Sr.	Tuesday (1 st)	noon-1pm	1/5-5/3	FREE
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Jewelry and Crafts

Share your creative skills and bring craft ideas for a group project. Students must bring their own materials/supplies.

Will Rogers Sr.	Tuesday	9am-noon	1/5-4/26	\$10/session
Woodson Sr.	Friday	1-3pm	2/19-2/26	\$10/session

New Inspirations in Art

Students are introduced to new concepts in creative art design.

Woodson Sr.	Monday	10-11:30am	2/1-2/22	\$10/session
Woodson Sr.	Monday	10-11:30am	4/4-4/25	\$10/session

Open Studio

Join other center artists for a day of open studio work. Finish projects, start new ones, or try a new art form while socializing with friends. Students bring their own supplies and work independently.

Will Rogers Sr.	M-F	8am-4pm	1/4-4/29	FREE
Woodson Sr.	Friday	9am-noon	1/8-5/27	FREE



Quilting Circle

Join friends and make beautiful and inspiring quilted fabric designs using patterns from the instructor.

Woodson Sr.	Tuesday	1-3pm	2/16-4/5	FREE
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Slumping Workshop

Participants will learn how to apply water decals to different glass bottles to make cheese/cracker dishes and/or spoon rests.

Will Rogers Sr.	W/Th/F	10am-noon	4/6-4/8	\$10/1 st bottle \$5/addt.
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Watercolor for Beginners

Learn basic techniques in the art of watercolor.

Will Rogers Sr.	Thursday	1-3pm	1/7-4/21	\$15/session
Woodson Sr.	Wednesday	1-3pm	3/30-5/18	\$15/session



Tap and Jazz

From first-time steppers to more advanced dancers, we have the class that will get your toes a'tappin. Students bring their own shoes and other supplies.

<i>Beginning</i>					
Will Rogers Sr.	Tuesday	11am-noon	1/5-4/26	\$10/session	
<i>Intermediate</i>					
Will Rogers Sr.	Monday	10-11am	1/4-4/25	\$10/session	

Special Interests

AARP Safe Driving Course

This all-day safe driving workshop conducted by AARP instructors will help you revisit your driving skills. Participants can then take an exam to get a discount on their auto insurance (not guaranteed).

Will Rogers Sr.	Friday	9am-4pm	3/18	\$15/AARP-members; \$20/AARP non-members	
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4 Aces Bridge Club

Join this experienced club each Friday for strategic game play and socialization. For established players only. Players must bring their own supplies.

Will Rogers Sr.	Friday	12:15-3:15pm	1/8-4/29	FREE	
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Book Club

Enjoy lively discussion about a variety of books chosen monthly by the book club.

Will Rogers Sr.	Monday (2 nd)	10-11am	1/11-5/9	FREE	
Woodson Sr.	Wednesday (1 st)	2:30-3:30pm	1/6-5/4	FREE	

Bridge Club

Different bridge groups meet to play and socialize. For established players only. Players must bring their own supplies.

Will Rogers Sr.	M/W/Th	12:15-3:15pm	1/4-4/21	FREE	
Woodson Sr.	Tuesday	noon-3pm	1/5-5/31	FREE	

Computers Plus

A continuation of the Computer Basics beginning class. Participants explore Microsoft Office application in depth.

Schilling	Wednesday	6-7pm	1/27-2/24	\$15/session	
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Dominoes

Woodson Sr.	M-F	8-11am	1/4-5/31	FREE	
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History Class

Settle down for interesting discussions about American and Oklahoma history.

Will Rogers Sr.	Tuesday	2-3pm	1/19-4/26	FREE	
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Holistic Health & Wellness

Maintain overall well-being and healthy skin with the use of natural foods and herbal external facial applications.

Woodson Sr.	Wednesday	noon-2pm	1/6-6/8	\$5/class	
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Monthly Luncheon and Social

Enjoy socializing while sharing a meal with other center friends. Bring a potluck dish to share. Drinks provided.

Woodson Sr.	Friday	11:30am-1pm	1/29-5/27	FREE	
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ORCTC - Oklahoma Retired Citizen Travel Club

This group of over 500 members organizes trips close to home and around the world for seniors.

Will Rogers Sr.	Monday	12:30-2:30pm	1/4-4/4	FREE	
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Pinochle

Woodson Sr.	Thursday	12:30-2:30pm	1/5-5/31	FREE	
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Red Hat Cha Cha's

A fun group of ladies who visit and support each other as well as the community. Participants will provide their own hats/supplies.

Will Rogers Sr.	Thursday	noon-1pm	1/7-4/7	FREE	
Woodson Sr.	Wednesday	1:30-3pm	1/27-5/25	FREE	

Rummikub

Enjoy a day playing Rummikub and socializing. Participants will provide their own lunch.

Will Rogers Sr.	Wednesday	10am-3pm	1/6-4/27	FREE	
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Spanish

Boost your communication skills by learning a new language! Practice common words, phrases and sentence structure.

Will Rogers Sr.	Tuesday	1-3pm	1/26-5/24	\$15/session	
Woodson Sr.	Monday	1-3pm	1/25-5/23	\$15/session	

Sweet Memories Tea Party

Get dressed up and join us for social games and light food and drink. Speaker will talk about history of tea parties.

Woodson Sr.	Friday	noon-3pm	4/15	\$10/person	
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TRIAD

Representatives from the Oklahoma City Police Department and Oklahoma County Sheriff's Department will present these monthly safety and education programs for seniors.

Will Rogers Sr.	Monday	11am-noon	2/8, 3/14, 4/11	FREE	
Woodson Sr.	Thursday	1:30-3pm	1/21-5/19	FREE	

Video Life Reflection

Life reflection of loved ones recorded on video.

Woodson Sr.	Thursday	1:30-2:30pm	3/31-5/5	\$75/session	
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Special Events

Exploring NW Oklahoma

Two day trip exploring NW Oklahoma to visit historical and other notable sites. Stops include Black Kettle National Grassland, Battle of the Washita, Rogers Mills Museum, No Man's Land Museum and more... Overnight stay in Guymon.

Will Rogers Sr.	W/Th (2-Day Trip)	5/5-5/6	\$195/person
Woodson Sr.	W/Th (2-Day Trip)	5/5-5/6	\$195/person



Play Performance

Annual production featuring Woodson Senior participants. Dessert buffet offered.

Woodson Sr.	W-Su	2-5pm 6-9pm	2/11-2/14	\$7/ticket
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Potluck-Bingo

Bring a prize and a potluck dish of your creation to share and join us for an afternoon of fun and socializing.

Will Rogers Sr.	Monday (2 nd)	noon-2pm	1/11-5/9	FREE
Woodson Sr.	Friday (last)	1-2pm	1/29-5/25	FREE

Spring Guest Speakers

Sit down for fascinating presentations about senior-related topics, current events, pop culture and history during this monthly guest speaker series.

Will Rogers Sr.	TBA	TBA	TBA	TBA
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Senior Follies - Spring Theater Production

Join participants from the Will Rogers Senior Center for an evening of fun and entertainment as they present their annual "Senior Follies" show. Rehearsals begin during the fall session with a two night performance in April. Desserts will be served during intermission.

Will Rogers Sr.	F/Sa (show)	7-10pm	4/1 & 4/2	\$7/ticket
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Train to Ft. Worth

Hop on the Heartland Flyer and join us for this two-day trip to Fort Worth. Includes a city tour, performance at the Jubilee Theatre and visit the Japanese Gardens. Stat in a downtown hotel.

Will Rogers Sr.	Th/F (2-Day Trip)	3/25-3/26	\$225/person
Woodson Sr.	Th/F (2-Day Trip)	3/25-3/26	\$225/person

(Hot) Chocolate: Seed to Sweet

Saturday, January 9 10am-noon
Family Cost: \$10 per person

Register in advance at okc.gov/active

From seed to steaming mug, learn what it takes to make your own hot chocolate. We'll take cacao seeds then add a few ingredients to make this universal cold weather favorite.

Terrific Terrariums

Saturday, January 16 12:30-2pm
Family Cost: \$25 per terrarium

Register in advance at okc.gov/active

Learn to build your own at-home terrarium. We'll look at planting mediums, popular plant selections and terrarium maintenance during this hands-on class. Pricing includes a standard terrarium, plus potting materials and plants. Bring personal items from home to customize your work.

Third Thursday "All About Bouquets"

Thursday, January 21 7-9pm
All ages Cost: \$25

Register in advance at okc.gov/active

Join us the third Thursday of each month for our new Floral Arranging series. Each month, you'll learn different techniques to turn your backyard blooms (or flowers from the store) into tabletop masterpieces. This month's theme: Bouquets!

Faerie Discovery Tour

(Weather Permitting)

Saturday, January 23 11am-noon
All ages FREE

Register in advance at okc.gov/active

Do faeries dwell in the arboretum woods? Find out during our monthly Faerie Discovery Tour when we stroll through the Margaret Annis Boys Arboretum in search of these magical sprites. Along the way, learn about trees and plants that would grow well in your own garden.

Faerie Gardening

Saturday, January 23 noon-2pm
All ages Cost: \$25 per garden

Register in advance at okc.gov/active

Faeries are said to bring luck to any home! Discover these miniature worlds as you learn to plant your very own sprite-sized garden to attract faeries into your life. A pot, starter soil, plants and an accessory are included in class cost. Extra trinkets or treasures to personalize your garden are welcome. Adult accompaniment required for children under 10.

Winter Indoor Herb Madness

Saturday, January 30 10-11:30am
All ages Cost: \$5 per person

Register in advance at okc.gov/active

Want to add just the right flavor to your winter soup or stew? Start your own winter indoor herb garden with help from our expert naturalists. Get your hands dirty while potting up some delicious herbs to take home and grow!

Winter Interest Hike

Saturday, January 30 noon-1pm
All ages Cost: \$1 per person

Register in advance at okc.gov/active

Bundle up and join us for this hike in the Margaret Annis Boys Arboretum as we see what's up in the winter trees, and learn about winter tree and shrub identification. Winter is a great time to see beautiful bright berries and leafless tree silhouettes. Cameras welcome!

Winter Pruning and Tool Care

Saturday, February 6 noon-2pm
Family Cost: \$5 per person

Register in advance at okc.gov/active

Learn the basics of winter tree pruning, and while you're here, we'll show you how to sharpen your favorite gardening tools. You can even bring in ONE tool that we'll sharpen for you. Dress for the weather as we head outside for this hands-on class.

Heart-y Succulent Wreath

Saturday, February 13 10am-noon
Family \$35 per wreath

Register in advance at okc.gov/active

Grab your sweetheart and join us in making your own succulent masterpiece for hearth or home. We'll take a heart-shaped wreath form (provided) and adorn it with a variety of colorful and shapely succulent plants. Please bring small clippers or scissors to class. Materials included in class cost.



Third Thursday "All About the Centerpiece"

Thursday, February 18 7-9pm
All ages Cost: \$25

Register in advance at okc.gov/active

Join us the third Thursday of each month for our new Floral Arranging series. Each month, learn different techniques to turn your backyard blooms (or flowers from the store) into tabletop masterpieces. This month's theme: Centerpieces!

Faerie Gardening Furnishings Workshop

Saturday, February 20 noon-2pm
Family Cost: \$20 per participant

Register in advance at okc.gov/active

Learn to create a variety of fun and festive garden accessories for your Faerie Garden during this hands-on workshop. We'll learn to make lanterns, wee baskets, wicker fences and more. It will be a Faerie-ly full line up with lots of different choices to make so come prepared for crafting fun! Open to experienced and novice faerie gardeners.

Faerie Discovery Tour

Saturday, February 27 11am-noon
All ages FREE

Register in advance at okc.gov/active

Do faeries dwell in the arboretum woods? Find out during our monthly Faerie Discovery Tour, when we stroll through the Margaret Annis Boys Arboretum in search of our magical sprite friends. Along the way, learn about trees and plants that would grow well in your own garden.

Faerie Gardening

Saturday, February 27 noon-2pm
All ages Cost: \$25 per garden

Register in advance at okc.gov/active

Faeries are said to bring luck to any home! Discover these miniature worlds as you learn to plant your very own sprite-sized garden to attract faeries into your life. A pot, starter soil, plants and an accessory are included in class cost. Extra trinkets or treasures to personalize your garden are welcome. Adult accompaniment required for children under 10.

Suitcase Faerie Garden

Saturday, March 5 noon-2pm
All ages Cost: \$40 per garden

Register in advance at okc.gov/active

Hit the thrift stores and find yourself the perfect suitcase for this Faerie Gardening frenzy. We'll create a miniature landscape in the confines of single suitcase. Bring the suitcase and any knickknacks you use to individualize your masterpiece and we'll provide the advice, soil, plants and a few accents. (Please limit the size of your suitcase to under 2' wide).

Third Thursday "All About the Spring Fling Bouquet"

Thursday, March 17 7-9pm
All ages Cost: \$25

Register in advance at okc.gov/active

Join us the third Thursday of each month for our new Floral Arranging series. Each month, learn different techniques to turn your backyard blooms (or flowers from the store) into tabletop masterpieces. This month's theme: Spring Bouquets!



Going Vertical

Saturday, March 19 9:30am-noon
All ages Cost: \$25

Register in advance at okc.gov/active

Do you have limited space but lots of things to grow? Then go vertical with pallet gardening! It's the perfect solution for apartments, tiny homes and balconies. We'll take standard construction pallets then fill them with soil media and plants for you to take home. Great for vegetables or ornamental plants. Bring a hammer or staple gun from home if you can.

Easter on the Green

Saturday, March 26 9:30am-noon
All ages Cost: \$2 per child

Register in advance at okc.gov/active

Visit with the Easter Bunny during this special Spring Celebration at the Will Rogers Gardens. Hop along the arboretum trail or visit inside the Ed Lyman Conservatory for face painting, Easter plantings, nature crafts and photographs. We'll also have Easter Egg Hunts in the Color Garden at 9:30 and 11 a.m.

Spring Flower Crown

Saturday, April 2 10am-2pm
Ages 18+ Cost: \$50

Register in advance okc.gov/active

Celebrate Spring with flower crowns and headpieces. These fresh and festive crowns make a beautiful accessory for weddings, festivals and parties. During the 4-hour workshop, learn to make a full crown and headband accent, plus bouquet. Bring tools if you have them, including clippers and a floral knife. Materials supplied.

Community Tree Planting

Friday, April 8 11am
All ages FREE

No registration required

Give back to the community and help beautify our gardens during this community tree planting day in celebration of National Arbor Month. We'll plant trees for the Margaret Annis Boys Arboretum, and along the way, teach you about proper tree planting, pruning and care.

Spring Greenman Mask-making

Saturday, April 16 9am-1pm
All ages Cost: \$45 per mask

Register in advance at okc.gov/active

Make a mythical Greenman mask of leather you cut, shape and stain. All materials supplied.

Third Thursday "All About Greens and Things"

Thursday, April 21 7-9pm
All ages Cost: \$25

Register in advance at okc.gov/active

Join us the third Thursday of each month for our new Floral Arranging series. Each month, learn different techniques to turn your backyard blooms (or flowers from the store) into tabletop masterpieces. This month's theme: Greens and Things!

Faerie Discovery Tour

Saturday, April 23 11am-noon
All ages FREE

Register in advance at okc.gov/active

Do faeries dwell in the arboretum woods? Find out during our monthly Faerie Discovery Tour, when we stroll through the Margaret Annis Boys Arboretum in search of our magical sprite friends. Along the way, learn about trees and plants that would go well in your own garden.

Faerie Gardening

Saturday, April 23 noon-2pm
All ages Cost: \$25 per garden

Register in advance at okc.gov/active

Faeries are said to bring luck to any home! Discover these miniature worlds as you learn to plant your very own sprite-sized garden to attract faeries into your life. A pot, starter soil, plants and an accessory are included in class cost. Extra trinkets or treasures to personalize your garden are welcome! Adult accompaniment required for children under 10.



Miniature Wire Tree Workshop

Saturday, April 30 10am-noon
All ages (under 12 need adult supervision) Cost: \$15 per person

Register in advance at okc.gov/active

Create your own beautifully-styled bonsai "tree" using copper wire. This artful tree sculpture will look good on any desk or bookshelf. No watering or fertilizer required!

Mother's Day Flower Arranging

Saturday, May 7 10:30am-noon
All Ages Cost: \$10 per person

Register in advance at okc.gov/active

Don't buy a bouquet this Mother's Day – make one – using cuttings and greens from the Will Rogers Gardens. Grab your young ones and join in celebration as you make a beautiful bouquet to take home to mom, grandma or another worthy "Mom" in your life. Materials supplied.

Mosaic Moss Terrarium

Saturday, May 14 10am-noon
All Ages Cost: \$25

Register in advance at okc.gov/active

NEW! Create your own "Mossarium" using various species of luscious shade-loving mosses. We'll discuss methods of harvesting and growing your own moss at home. After the workshop, you'll leave with a miniature moss landscape in a container. Bring items from home if you want to customize your look. Materials supplied.

Third Thursday "Daisy Bouquets"

Thursday, May 19 7-9pm
All Ages Cost: \$25

Register in advance at okc.gov/active

Join us the third Thursday of each month for your new Floral Arranging series. Each month, you'll learn different techniques to turn your backyard blooms (or flowers from the store) into table-top masterpieces. This month's theme: Daisy Bouquets!



Super Sand Terrarium

Saturday, May 21 10am-noon
All Ages Cost: \$25

Register in advance at okc.gov/active

Create your own beautiful and fascinating sand-sculpted terrarium using colored sand and your imagination. Under the guidance of our naturalist instructor, you can go home with a one-of-a-kind work of art to enjoy at home. Container, sand and a succulent plant included in class cost.



Faerie Discovery Tour

Saturday, May 28 11am-noon
All Ages FREE

Register in advance at okc.gov/active

Do faeries dwell in the arboretum woods? Find out during our monthly Faerie Discovery Tour, when we stroll through the Margaret Annis Boys Arboretum in search of our magical sprite friends. Along the way, learn about trees and plants that would go well in your own garden.

Faerie Gardening

Saturday, May 28 noon-2pm
All Ages Cost: \$25 per garden

Register in advance at okc.gov/active

Faeries are said to bring luck to any home! Discover these miniature worlds as you learn to plant your very own sprite-sized garden to attract faeries into your life. A pot, starter soil, plants and an accessory are included in class cost. Extra trinkets or treasures to personalize your garden are welcome. Adult accompaniment required for children under 10.

VOLUNTEER

Parks add value to our community by providing green spaces and recreation services to residents and visitors. But we can't do it alone! Join us by sharing your time and talents with the community through the OKC Parks volunteer programs.

Individuals as well as church, corporate, neighborhood and school groups welcome! Programs are available in the following areas:

Youth and Adult Recreation

Work at a recreation center, assist with youth sports or performing arts programs, teach a recreation program or class.

Martin Park Nature Center

Facilitate nature programs or help serve as a community liaison.

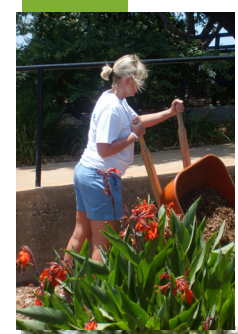
Will Rogers Gardens

Assist with out planting beds or in the arboretum.

Other

Bring a large group for a neighborhood park or trail clean-up project, or for a long-term project, join the City's "Adopt A Park" program and help with ongoing maintenance of a park throughout the year.

For more information, call 405-297-3882, or visit online at okc.gov/parks.



martin park nature center hours

Park Open Daily:
 April 1-September 30, 5am-9pm
 October 1- March 31, 5am-6pm

VISITORS' CENTER HOURS
 Closed Mondays

April 1-September 30
 Sunday, Tuesday-Thursday 10am-9pm
 Friday-Saturday, 8am-9pm

October 1-March 31
 Tuesday-Sunday, 7:30am-6pm

Attracting Backyard Birds

Saturday, January 16 3pm
 Ages 6+ Cost: \$2 per person

Register in advance at okc.gov/active

Learn to attract colorful songbirds to your backyard or garden. We'll talk about plant selection, water sources and how to minimize threats from garden predators.

Bird Cuisine

Sunday, January 23 3pm
 Ages 14+ Cost: \$5 per person

Register in advance at okc.gov/active

Feeding the birds is fun and easy with a little know-how. We'll make our own feed mixes and special treats while learning about the best food to attract seasonal birds. Pre-registration required.

Plant for the Birds

Saturday, January 30 3pm
 Ages 12+ FREE

Register in advance at okc.gov/active

Create a backyard that is bird friendly by understanding how plants and birds co-adapt. We'll talk about the best (and most nutritious) trees for birds, and why plant selection is so important in welcoming our feathered friends.

Pop Bottle Birdfeeders

Sunday, January 31 2-4pm
 Ages 2+ Cost: \$2 per person

Register in advance at okc.gov/active

Learn how to turn an ordinary plastic pop bottle into a colorful bird feeder. Bring a 20-oz plastic drink bottle (with lid) to the park's Visitor Center between the hours of 1:00 and 4:00 p.m. and we'll transform it into an easy-to-make birdfeeder.



Life Long Mates

Saturday, February 6 3pm
 Ages 12+ FREE

Register in advance at okc.gov/active

Do swans mate for life? What about lobsters? During the "Month of Love" come learn about what animals in the wild are in it for the long run.

Tweet for Tweaties

Saturday, February 13 3pm
 Ages 6+ Cost: \$4 per person

Register in advance at okc.gov/active

Join us to make heart-shaped treats for your backyard birds. Pre-registration required.

Endangered Species

Saturday, February 20 3pm
 Ages 6+ FREE

Register in advance at okc.gov/active

We see it daily in the news: endangered species at the brink of extinction. It's a sad but realistic subject that conservationists and naturalists face often. Learn about the kinds of changes that influence animal populations and diversity, and hear about endangered species in the United States and Oklahoma.



Speak for the Trees

Saturday, February 27 3pm
 Ages 6+ FREE

Register in advance at okc.gov/active

Join us as we explore the park through the eyes of Dr. Suess. We'll hike the Martin Park woods while staff read excerpts from "The Lorax." Will you become the Once-ler, cutting down every Truffula Tree as far as the eye can see? Or will you be the Lorax, who speaks for the trees?

Project Mountain Lion

Saturday, March 12 3pm
 Ages 6+ Cost: \$2 per person

Register in advance at okc.gov/active

Are you WILD about Mountain Lions? Then join us for this educational class as we learn all there is to know about this fascinating feline. Part of a curriculum developed by South Dakota's "Project WILD" program. "Project WILD" is a wildlife-focused conservation education program for students from Kindergarten to 12th Grade.

St. Patrick's Day Scavenger Hunt

Saturday, March 19 1-4pm
 All Ages Cost: \$2 per person

No registration required

Do you have the luck of the Irish? Come find out during this family-friendly scavenger hunt where you'll search for natural treasure in the woods of Martin Park. The last scavenger hunt begins at 3:30pm.



Bird Egg Hunt

Saturday, March 26 3pm (Ages 2-6) 4pm (Ages 7-10)
 Ages 2-6 & 7-10 Cost: \$5 per person

Register in advance at okc.gov/active

Celebrate Easter with an egg hunt of a different nature. Replica bird eggs will be scattered throughout a meadow, and it's your job to find one of each species and learn about its unique characteristics. Can you tell them all apart? Pre-registration required.

Frontier Days

Saturday, April 2 1-4pm
 All Ages FREE

No registration required

Join us for some Frontier fun to celebrate our State's beginnings. We'll rustle up some pioneer games and family activities to teach visitors about life in Oklahoma between 1850 and 1900. Come on out and join us, y'hear?

Leave No Trace

Saturday, April 9 3pm
 Ages 6+ FREE

Register in advance at okc.gov/active

You've seen it on signs at state parks and nature preserves, now learn what it really means to "Leave No Trace." Program meets requirements for Boy Scout badge requirements. Call 405-297-1429 for more information.

Earth Model

Saturday, April 16 2pm & 3:30pm
 Ages 6+ Cost: \$8 per person

Register in advance at okc.gov/active

From the innermost core to the crust above, we'll work layer by layer as we learn about how the inside of our planet is formed. Then we'll take things above-ground to discuss eco-regions and how the topography of the earth influences them.

Go Native!

Saturday, April 23 3pm
 Ages 6+ Cost: \$10 per session

Register in advance at okc.gov/active

Native plants adapt to the environment they grow in, just as animals, birds and insects adapt to native plants. Learn why adding native plants to your backyard garden can help the local wildlife in your neighborhood and leave with your own 'local' plant.



Make a Toad House

Saturday, May 7 2pm & 3:30pm
Ages 6+ Cost: \$12 per person

Register in advance at okc.gov/active

Tired of things that “bug” you? Then build a toad home and let these awesome amphibians take care of your backyard pest population. As we build our toad home, we’ll learn why toads are an important part of the eco-system. Pre-registration required.

Snakes 101

Saturday, May 14 3pm
All Ages FREE

Register in advance at okc.gov/active

Are all snakes fanged fiends, or are some helpful hunters? Come learn everything snake as the Oklahoma Herpetological Society joins us for Snakes 101. You’ll learn about basic snake habits and habitats, as well as talk about venomous species, how to identify them, and why they’re important to our eco-system.

Endangered Species Day

Friday, May 20 6-8pm
Ages 6+ Cost: \$5 per person

Register in advance at okc.gov/active

We see it daily in the news; endangered species at the brink of extinction. It’s a sad but realistic subject that conservationists and naturalists face often. Learn about the kinds of changes that influence animal populations and diversity, and hear about endangered species in the United States and Oklahoma.

Toads and Frogs

Saturday, May 21 3pm
Ages 6+ FREE

Register in advance at okc.gov/active

Toads can’t give you warts but they can eat things that bug you, literally. Toads are often found around artificial light sources where insects gather at night. Frogs and toads are beneficial for insect population control because they feed on cockroaches, ants, insect larvae, and pill bugs (roly polies). Learn about characteristics that make them uniquely amphibian.

Oklahoma Land Rush

Saturday, May 28 1-4pm
All Ages Cost: \$18 per person

Register in advance at okc.gov/active

Come stake your claim and learn about the land rush from a historical character. Participants are encouraged to decorate their own radio flyer wagon. After you stake your claim with your own flag enjoy period authentic meal with us and learn about land rush history. Ever wonder why Oklahoma is nicknamed the “Sooner State?” The Land Rush of 1889 had over 50,000 participants each set on staking out a 160 acre plot as part of the Unassigned Lands of 1885. The settlement of Oklahoma changed the landscape and habitats therefore changing the wildlife populations and diversity.



on-going programs

Archery for Beginners

1st and 3rd Sundays/Month starting in March
Ages 8+ Cost: \$5 per person

Register in advance at okc.gov/active

Teach your child to shoot straight with our beginning archery classes. Using guidelines from the National Archery in the Schools Program (NASP), classes will guide students on proper form, safety, equipment technique and mental preparation. A great way to introduce your child to a new skill. Pre-registration required.

Critter Crunch

Sundays at 2pm
All ages Cost: \$2 per person

Register in advance at okc.gov/active

Join us for our weekly feeding demonstration of the Visitors’ Center animals. We won’t have fine china, but we’ll have plenty to learn about our animals’ food sources and feeding habits.

Nature for Adults

2nd and 4th Sundays/Month
from 3-5:30pm through March
Thursdays from 6:30-8pm starting April 1
Ages 18+
Cost: Varies per Activity

Register in advance at okc.gov/active

Join Martin Park for nature exploration that’s for adults only. Enjoy hikes, nature talks, practice outdoor skills and more – all geared toward socializing and fun! Meet in the Visitors’ Center. Visit okc.gov/parks for individual program descriptions.

LEARNING IN NATURE

NATURE LAPTIME

Wednesdays at 10am
Ages: 0-2 Cost: \$2 per person

Register in advance at okc.gov/active

The program is designed for our youngest learners. We will learn through repetitive songs, chants and motions with a nature related theme. Designed to engage young minds and help develop a sense of pattern.

NATURE PLAY GROUP

Tuesdays at 10am
Ages: 2-6 Cost: \$2 per person

Register in advance at okc.gov/active

Hands-on nature fun is the objective of our Nature Play Group. This weekly program encourages nature interaction in a safe, fun environment. Activities are nature-themed hands-on games, crafts and other fun. The play group is not a drop-off program and we ask that parents stay in the park while the play group takes place. Part of the “Project WILD” curriculum.

NATURE STORY TIME

Thursdays at 10am
Ages: 3-7 FREE

Register in advance at okc.gov/active

Our popular Nature Story Time program continues with even more stories and more activities to introduce your young adventurers to the world of nature. A nature-themed craft or activity will take place after each reading. For a list of individual programs, visit okc.gov/parks.

NATURE SMART STARTS

First Tuesday of the Month, February through April at 11am
For Ages 1st through 5th grade Cost: \$2 per person

Register in advance at okc.gov/active

Let your child get WILD with this developmental nature program for elementary-aged children. Nature stories, games and special activities will help you child engage with and understand nature in a hands-on, meaningful way. Instruction provided by teacher candidates at Oklahoma City University. Part of the “Project WILD” curriculum.

Green Earth Programs



Green Earth Scouts

Saturdays from 11am-noon
Ages: 7-9

Green Earth Scouts bridges the gap between our Nature Story Time program and the Green Earth Guides. “Scouts” will learn about outdoor world through nature learning games and hikes. “Scouts” will also get to help with animal feeding chores at the park.

Green Earth Guides

Saturdays from 2-4pm
Ages: 9-13

Our Green Earth Guides youth volunteers assist park naturalists in a variety of ways. From helping to set up for weekly education programs to assisting with animal feeding and care, Guides get a hands-on look at the work of a park naturalist.

Green Earth Rangers

Saturdays from 2-5pm
Ages: 14-18

Rangers provide in-depth assistance to park staff by assisting with program preparation, animal care, public education and light trail maintenance. They also help with larger special events held at the park and serve as park liaisons with the public.



okc.gov/parks

WE'RE HIRING!

The Oklahoma City Parks & Recreation Department is seeking qualified individuals to assist with grounds maintenance and recreation programs.

Part-time and full-time jobs available in:
 Recreation Services • Grounds Maintenance • Aquatics

For more information, call 405-297-3882 or visit online at okc.gov/jobs



recreation registration form

Bring in or mail this completed form to the OKC Parks & Recreation office at 420 W. Main Street, Suite 310, Oklahoma City, OK 73102. To register for programs at the Will Rogers Gardens or Martin Park Nature Center, visit okc.gov/active.

Parent/Guardian Name (if enrolling a child) _____ Adult Birth Date _____

Address _____ City _____ Zip _____

Home Phone _____ Cell Phone _____ Work Phone _____

Email Address _____



Sign me up for Parks & Recreation e-updates!

By checking this box, I am giving the Oklahoma City Parks & Recreation Department permission to send me e-mail updates on related events and activities. My e-mail address will neither be loaned nor sold to outside parties.

Class Name	Date	Location	Participant Name	Gender	Birth Date	Fee

I agree to release, indemnify, and hold the City of Oklahoma City, its agents, officers and employees (City) harmless from any and all liability claims, actions, judgments, damages, or injuries of every kind and nature whatsoever to myself, the participant(s) I am authorizing, and/or his or her property, when that damage or injury arises from participation in activities for which the participant is registered. I further acknowledge that I have familiarized myself with the description of activities, understand that hazards and the participant's personal limitations and knowingly assume all risks. I acknowledge I have read and understand this Liability Waiver, Release and Indemnity Agreement, and understand that I am waiving any claim that may arise against the City for any harm sustained as a result of any activity for which I am registering or for which I am registering a minor child.

Signature of Participant _____ Date _____ Signature of Parent/Legal Guardian _____ Date _____
 (if participant is under 18 years of age)

For publicity purposes, I give permission to take and use photos of people I am registering. _____ (Initial)

Payment Information: Mail Check or Money Order to: OKC Parks & Recreation
 420 W Main, Ste 310
 Oklahoma City, OK 73102



The City of
OKLAHOMA CITY
Parks & Recreation Department

420 W. Main Street, Suite 210
Oklahoma City, OK 73102