

OKC PARKS & RECREATION

# FALL PROGRAM GUIDE

2017

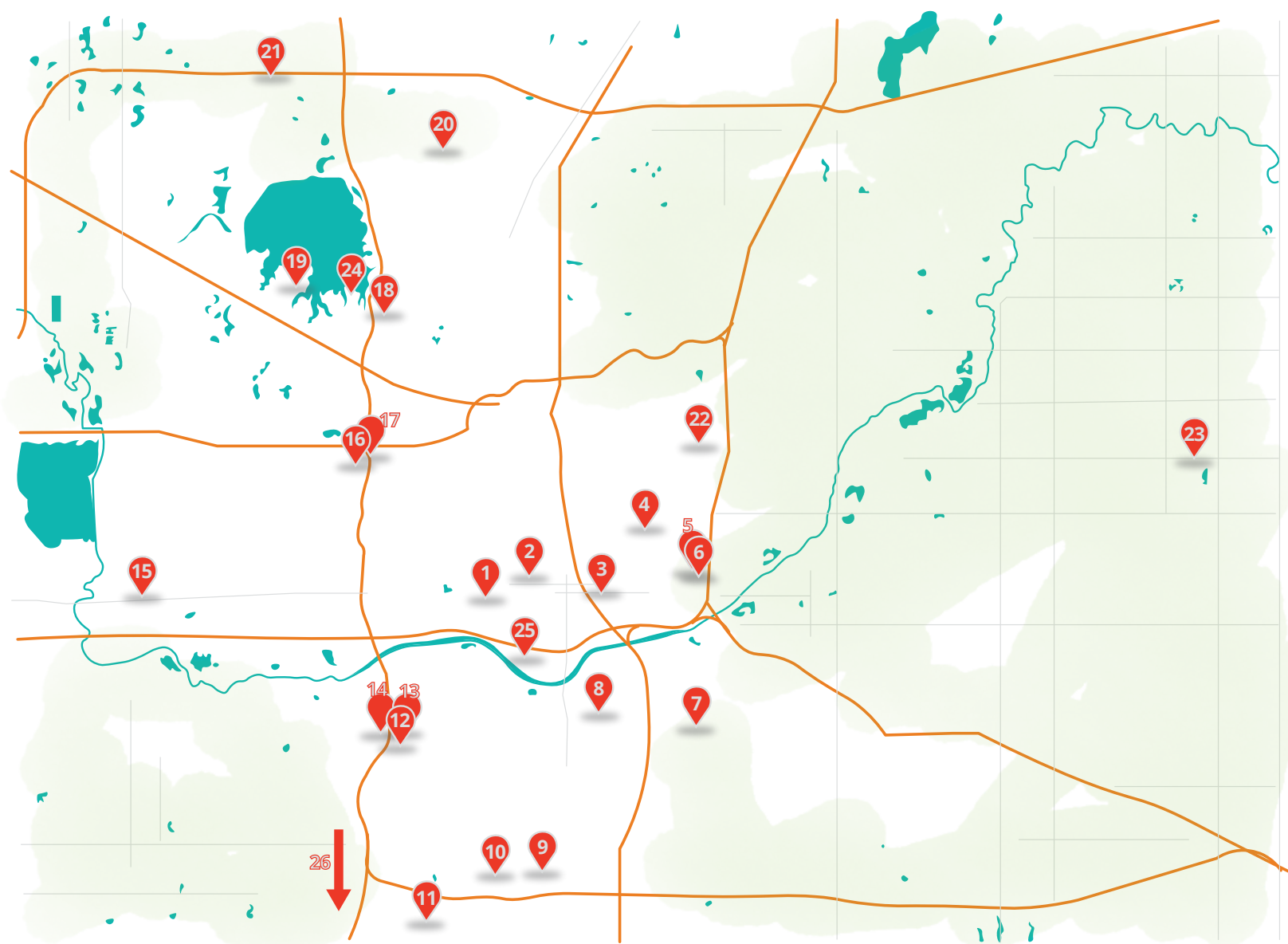


Over 220 programs  
from September  
through December!



The City of  
**OKLAHOMA CITY**  
Parks & Recreation Department

# WHAT'S INSIDE



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### WHO'S WHO

City of Oklahoma City  
Mayor Mick Cornett

#### Oklahoma City Council

James Greiner	Ward 1
Dr. Ed Shadid	Ward 2
Larry McAtee, Jr.	Ward 3
Todd Stone	Ward 4
David Greenwell	Ward 5
Meg Salyer	Ward 6
John Pettis, Jr.	Ward 7
Mark Stonecipher	Ward 8

#### Oklahoma City Park Commission

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Christine Patton	Ward 2
Jeff Olbert	Ward 3
Louise Elkins-Alexander	Ward 4
Ray Thompson	Ward 5
Janet Seefeldt	Ward 6
Gary Woods	Ward 7
Allen Paine, Chair	Ward 8
Linda Horn	At-Large

#### Parks & Recreation Managers

Douglas R. Kupper	Director
Melinda McMillan-Miller	Assistant Director
Christopher Hamilton	Recreation
Michael J. Smith	Business Office
Terry Ash	Park Planning
Scott Copelin	Natural Resources
Todd Reese	Parks-Grounds

#### GET IN TOUCH

okcparks@okc.gov

Parks Administration	(405) 297-3882
Recreation Main Line	(405) 297-2211
Parks Rentals	(405) 297-3882

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# AQUATICS

## Regulations

Parents/Guardians are responsible for actively supervising children while using Oklahoma City aquatic facilities.

Proper swimming attire required at all facilities.

No smoking allowed.

Lifeguards on duty have the authority to enforce these and any additional rules.

## Aqua Ai Chi

This is a breath-focused class that combines Qigong and Tai Chi to help you gain strength, quiet your mind and recharge your spirit. So come find your inner peace through Aqua Ai Chi!

Tuesdays, Oct 3 - Dec 19 11:30am - 12:30pm

Location: Foster Center Pool, 614 NE 4th St

Ages: 18+

Cost: \$3/class

Register on site at Foster Pool.

## Aqua Zumba

Aqua Zumba uses fun, Latin inspired music to get you moving while combining dance and resistance training. This low impact class will get your heart rate up and tone your muscles. So, come out and join the party!

Mon/Wed, Oct 2 - Dec 27 5:30pm - 6:30pm

Location: Foster Center Pool, 614 NE 4th St

Ages: 18+

Cost: \$5/class

Register on site at Foster Pool. \*Passes are not accepted for this program.

## Lunchtime Water Aerobics

This lunchtime water aerobics class offers a low impact cardiovascular and resistance training workout. You will get your heart rate up performing safe and gentle movements while also toning your muscles.

Mon/Wed/Fri, Oct 2 - Dec 29 11:30am - 12:30pm

Location: Foster Center Pool, 614 NE 4th St

Ages: 18+

Cost: \$3/class

Register on site at Foster Pool.

## Morning Lap and Fitness Swim

Lap and Fitness Swim is open to participants ages 18+. During this unstructured pool time a lane is available for swimming laps, and pool space is also open for those seeking to perform their own self guided fitness regimen. Complimentary water exercise equipment is available for use during this time.

This program is eligible for FitPass.

Mon-Fri, Oct 2 - Dec 29 7:00am - 10:00am

Location: Foster Center Pool, 614 NE 4th St

Ages: 18+

Cost: \$2/day or FitPass

Registration not required. Contact Foster Center Pool at (405) 297-1424 for more information.

## Afternoon Lap and Fitness Swim

Lap and Fitness Swim is open to participants ages 18+. During this unstructured pool time a lane is available for swimming laps, and pool space is also open for those seeking to perform their own self guided fitness regimen. Complimentary water exercise equipment is available for use during this time.

This program is eligible for FitPass.

Mon-Fri, Oct 2 - Dec 29 1:00pm - 4:00pm

Location: Foster Center Pool, 614 NE 4th St

Ages: 18+

Cost: \$2/day or FitPass

Registration not required. Contact Foster Center Pool at (405) 297-1424 for more information.

## Evening Lap and Fitness Swim

Lap and Fitness Swim is open to participants ages 18+. During this unstructured pool time a lane is available for swimming laps, and pool space is also open for those seeking to perform their own self guided fitness regimen. Complimentary water exercise equipment is available for use during this time.

This program is eligible for FitPass.

Mon-Fri, Oct 2 - Dec 29 8:00pm - 9:00pm

Location: Foster Center Pool, 614 NE 4th St

Ages: 18+

Cost: \$2/day or FitPass

Registration not required. Contact Foster Center Pool at (405) 297-1424 for more information.

## Evening Water Aerobics

This evening water aerobics class offers a low impact cardiovascular and resistance training workout. You will get your heart rate up performing safe and gentle movements while also toning your muscles.

Mon/Wed, Oct 2 - Dec 27 4:30pm - 5:30pm

Location: Foster Center Pool, 614 NE 4th St

Ages: 18+

Cost: \$3/class

Register on site at Foster Pool.

## Foster Group Swim Lessons

Event ID: 11022

Foster Group Swim Lessons offer students the ability to learn how to swim. All of our swim lessons are taught by trained and certified professional swim instructors. Certification of our instructors and our curriculum are provided through the Starfish Aquatics Institute, one of the five nationally recognized certifying bodies for aquatic professionals. In addition all of our swim instructors are also certified lifeguards.

All fall group lessons at Foster Center are level 2, or Swim School. The priority of Swim School is to make sure that swimmers can be fully self-reliant in their swimming ability. Teaching kids how to flip and float on their backs, crucial skills in surviving an accidental fall into a pool. Swim School carries students from learning to survive in the water to being able to swim themselves across a pool!

Session 1: Mon & Wed, Sep 11-27 6:30pm - 7:15pm

Session 1: Mon & Wed, Sep 11-27 7:15pm - 8:00pm

Session 2: Mon & Wed, Oct 2-18 6:30pm - 7:15pm

Session 2: Mon & Wed, Oct 2-18 7:15pm - 8:00pm

Session 3: Mon & Wed, Oct 23-Nov 8 6:30pm - 7:15pm

Session 3: Mon & Wed, Oct 23-Nov 8 7:15pm - 8:00pm

Session 4: Mon & Wed, Nov 27-Dec 13 6:30pm - 7:15pm

Session 4: Mon & Wed, Nov 27-Dec 13 7:15pm - 8:00pm

Location: Foster Center Pool, 614 NE 4th St

Ages: 4 and up

Cost: \$30/participant

## Open SCUBA Practice

Class designed for open dive practice in the pool. The Foster Center Pool ranges in depth from 3-9 feet. Participants must present a valid driver's license and SCUBA certification.

Friday, October 6 6:00pm - 8:00pm

Friday, October 20 6:00pm - 8:00pm

Friday, November 3 6:00pm - 8:00pm

Friday, November 17 6:00pm - 8:00pm

Friday, December 1 6:00pm - 8:00pm

Friday, December 15 6:00pm - 8:00pm

Location: Foster Center Pool, 614 NE 4th St

Ages: 18+

Cost: \$10/person

Registration not required. Contact Foster Center Pool at (405) 297-1424 for more information. \*Passes are not accepted for this program.

## Open Swim

Open Swim is open to participants of all ages. Persons over the age of 18 are required to pay a daily fee or have a OKC FitPass. During this unstructured pool time the pool is open for patrons to relax or swim. There are no lanes for lap swimming, and fitness equipment is not available for use during this time.

Select Friday sessions may end at 6:00pm to accommodate open SCUBA.

Tue & Thur, Oct 3 - Dec 28 4:00pm - 8:00pm

Thur, Oct 6 - Dec 28 10:30am - 12:30pm

Fri, Oct 6 - Dec 28 4:00pm - 9:00pm

Location: Foster Center Pool, 614 NE 4th St

Ages: All Ages

Cost: Under 18 FREE, 18+ \$2/day or FitPass

Registration not required. Contact Foster Center Pool at (405) 297-1424 for more information.

## Parent-Tot Swim Class

Parent-Tot Swim Class provides high quality swim instruction for ages six months through four years. Parent-Tot classes require the parent to be in the water with the student, and consist of a 45 minute instructional session with a certified swim instructor. Children who are not potty trained are required to have a swim diaper when in the water.

Mon/Wed/Fri Oct 2 - Dec 29 10:30am - 11:15am

Location: Foster Center Pool, 614 NE 4th St

Ages: 6 months - 4 years

Cost: \$5/class

Registration not required.

# ATHLETICS & LEAGUES

## Adult Fall Women's Basketball League (Fridays)

**Event ID: 11044**  
The fall adult basketball leagues will play an 8-game schedule beginning in August, followed by a league championship tournament.

**Fridays, Aug 25 - Oct 27** 6:00pm - 10:00pm  
**Location:** Woodson Gym, 3403 S May Ave  
**Ages:** 18+  
**Cost:** \$350/team

## Adult Fall Women's Basketball League (Saturdays)

**Event ID: 11049**  
The fall adult basketball leagues will play an 8-game schedule beginning in August, followed by a league championship tournament.

**Fridays, Aug 26 - Oct 28** 3:30pm - 8:30pm  
**Location:** Woodson Gym, 3403 S May Ave  
**Ages:** 18+  
**Cost:** \$350/team

## Adult Fall Women's Basketball League (Sundays)

**Event ID: 11051**  
The fall adult basketball leagues will play an 8-game schedule beginning in August, followed by a league championship tournament.

**Fridays, Aug 27 - Oct 29** 2:30pm - 7:30pm  
**Location:** Woodson Gym, 3403 S May Ave  
**Ages:** 18+  
**Cost:** \$350/team

## Adult Fall Softball Leagues - Singleheader

The adult fall co-ed recreation double-header league will play a 8-game schedule, followed by a single elimination championship tournament. Umpire fees are included in the league fee.

**Coed Singleheader** **Event ID 10627**  
Mondays, Sep 11 - Oct 30 6:00pm - 11:00pm  
**Location:** Wheeler Park, 1120 S Western Ave  
Wheeler Park,

**Men's Singleheader** **Event ID 10630**  
Sundays, Sep 10 - Oct 29 1:00pm - 6:00pm  
**Location:** Stars & Stripes - Field 2, 3701 Lake Hefner Dr  
**Ages:** 18+  
**Cost:** \$350/team

## Halloween Havoc Softball Tournament - Coed Division

**Event ID: 10358**  
Please join us for the Inaugural Halloween Havoc Coed Softball Tournament. The tournament format includes a 3-game pool play, followed by a single elimination tournament. Teams are required to have at least 3 of each gender and a total of at least 10 players on their roster. The registration fee is \$200.00 per team and umpire fees are included! Costumes are encouraged, but not required!

**Registration Deadline: Monday, October 23**

**Saturday, October 28** 9:00am - 8:00pm  
**Location:** Wheeler Park, 1120 S Western Ave  
**Ages:** 18+  
**Cost:** \$200/team (Includes umpire fees)

## Adult Fall Softball Leagues - Doubleheaders

The adult fall co-ed recreation double-header league will play a 16 game schedule, followed by a single elimination championship tournament. Umpire fees are included in the league fee.

**Coed Doubleheader** **Event ID 10624**  
Thursdays, Sep 14 - Nov 2 6:00pm - 11:00pm  
**Location:** Wheeler Park, 1120 S Western Ave  
**Ages:** 18+  
**Cost:** \$650/team

**Men's Doubleheader** **Event ID 10629**  
Thursdays, Sep 12 - Oct 31 6:00pm - 11:00pm  
**Location:** Wheeler Park, 1120 S Western Ave  
**Ages:** 18+  
**Cost:** \$650/team

## Adult Fall Softball Leagues - Draft Style

Do you enjoy adult slow-pitch softball, but you do not have a full team to register? If so, we have the league for you! The adult fall draft softball league will form teams by pulling individuals names out of a hat until each team has a full roster. This is a recreational league, where the goal is to have fun, meet new people and of course, play softball. Teams are responsible for providing game softballs, and all umpire fees are now included in the league fee.

**Women's Draft Doubleheader** **Event ID 10682**  
Tuesdays, Sep 12 - Oct 31 6:30pm - 10:30pm  
**Location:** Wheeler Park, 1120 S Western Ave  
**Ages:** 18+  
**Cost:** \$45/player

**Coed Draft Doubleheader** **Event ID 10625**  
Sundays, Sep 10 - Oct 29 12:30pm - 6:30pm  
**Location:** Stars & Stripes - Field 1, 3701 Lake Hefner Dr  
**Ages:** 18+  
**Cost:** \$45/player

## Youth Fall Flag Football League

**Event ID: 10669**  
Flag Football is a growing alternative to full contact football that teaches basic skills and concept of the game. OKC Parks and Recreation Flag Football program offers an 8-game season that is designed to introduce young athletes to the game while providing a fun and engaging environment for players to come together and compete. Games emphasize basic football skills such as passing, catching, defending, and running.

**Saturdays, Sep 23 - Nov 11** 9:00am - 2:00pm  
**Location:** Wendel Whisenhunt Sports Complex, 3200 S Independence Ave  
**Ages:** 3-12  
**Cost:** \$65/player



Registration runs September 26 - November 28. League open to boys and girls from Kindergarten through 6th grade. Open to teams and individuals for recreation or competitive play. Players who sign up as individuals will be assigned a team based upon geographic location.

A team jersey and game equipment will be provided. Season will conclude with a single elimination tournament. Cost includes practice and game times, and end-of-season award.

**Locations:** Foster Center, Woodson Gym, and Municipal Gym

**Season runs January 4 - March 3, 2018**  
**Cost:** \$55/player

## Youth Fall Recreational Soccer League

**Event ID: 9924**  
The youth coed soccer league provides the opportunity to learn and develop fundamental skills in a safe, fun and noncompetitive environment. All teams will have one weekly practice and games on Saturday. Teams will play a 7-game schedule beginning in mid-September. All games will be played at the Wendel Whisenhunt Sports Complex. Makeup games may be played on Sunday. Games will start after 2 p.m. League may be extended based on inclement weather.

**Saturdays, Sep 16 - Nov 11** 9:00am - 4:00pm  
**Location:** Wendel Whisenhunt Sports Complex, 3200 S Independence Ave  
**Ages:** 3-10  
**Cost:** U4 & U6 - \$55/player, U8 \$65/player, U10 & U11 - \$70/player

## Youth Fall Volleyball League

**Event ID: 10673**  
This is a purely co-ed recreation volleyball league that puts the major emphasis on having fun and getting some exercise. Developmental league teams tend to carry players with beginner to semi-experienced passing, hitting, and spiking skills that are not quite ready for the competitive leagues. 7-game season, followed by a single elimination tournament.

**Saturdays, Sep 23 - Nov 11** 9:00am - 3:00pm  
**Locations:** Foster Gym, 614 NE 4th St  
Municipal Gym, 720 NW 8th St  
Woodson Gym, 3403 S May Ave  
**Ages:** 7-9, 10-12  
**Cost:** \$55/player

## Recreational League Divisions

Recreational League teams will be provided jerseys. Kindergarten and 1<sup>st</sup>/2<sup>nd</sup> Grade players will be given colored sweat bands.

Kindergarten - Coed (6U)  
1<sup>st</sup>/2<sup>nd</sup> Grade - Boys/Girls (8U)  
3<sup>rd</sup>/4<sup>th</sup> Grade - Boys/Girls (10U)  
5<sup>th</sup>/6<sup>th</sup> Grade - Boys/Girls (12U)  
7<sup>th</sup>/8<sup>th</sup> Grade - Boys/Girls (14U)

## Competitive League Divisions

Competitive Teams are responsible for uniforms and equipment.

1<sup>st</sup>/2<sup>nd</sup> Grade - Boys/Girls (8U)  
3<sup>rd</sup>/4<sup>th</sup> Grade - Boys/Girls (10U)  
5<sup>th</sup>/6<sup>th</sup> Grade - Boys/Girls (12U)  
7<sup>th</sup>/8<sup>th</sup> Grade - Boys/Girls (14U)

### Corporate Wellness Basketball Program - Woodson

Event ID: 11227

Investing in workplace wellness makes smart economic sense. Healthy, productive employees are your company's most valuable resource. Come join Oklahoma City Parks and Recreation during your lunch hour and break a sweat on the basketball court. With this flexible program, you can choose between one to five days a week

Mon - Fri, Sep 1 - Dec 29 11:30am - 12:30pm

Location: Woodson Gym, 3403 S May Ave

Ages: 18+

Cost: \$25/day

For more information or availability, contact (405) 297-1423 or athletics@okc.gov.

### Corporate Wellness Basketball League

Event ID: 11191

Calling all of the Downtown OKC Corporate Companies for a 5 on 5 Coed Basketball League. Season consists of 8 games followed by a single elimination tournament. Winners will receive bragging rights for best company in basketball, t-shirts, and championship trophy. Games will be played on Mondays.

Mondays, Sep 18 - Nov 20 6:00pm - 11:00pm

Location: Municipal Gym

Ages: 18+

Cost: \$350/team

### Corporate Wellness Basketball Program - Foster

Event ID: 11229

Investing in workplace wellness makes smart economic sense. Healthy, productive employees are your company's most valuable resource. Come join Oklahoma City Parks and Recreation during your lunch hour and break a sweat on the basketball court. With this flexible program, you can choose between one to five days a week

Mon - Fri, Sep 1 - Dec 29 11:30am - 12:30pm

Location: Foster Gym, 614 NE 4th St

Ages: 18+

Cost: \$25/day

For more information or availability, contact (405) 297-1423 or athletics@okc.gov.

### Corporate Wellness Basketball Program - Municipal

Event ID: 11223

Investing in workplace wellness makes smart economic sense. Healthy, productive employees are your company's most valuable resource. Come join Oklahoma City Parks and Recreation during your lunch hour and break a sweat on the basketball court. With this flexible program, you can choose between one to five days a week

Mon - Fri, Sep 1 - Dec 29 11:30am - 12:30pm

Location: Municipal Gym, 720 NW 8th St

Ages: 18+

Cost: \$25/day

For more information or availability, contact (405) 297-1423 or athletics@okc.gov.



### Into the Wilderness Camp

Event ID: 10777

Campers will FALL into the fun and vast world of the great outdoors by learning camping and hiking basics, outdoor safety, orienteering, survival skills, rock climbing, and more. Campers will visit several exciting outdoor locations around the OKC metro.

*Participants are asked to bring a sack lunch, sunscreen, bug spray, and shoes that can get wet. Partial scholarships are available on a limited basis. For more information, call (405) 297-2477.*

Thur-Fri, Oct 12-13 9:00am - 5:00pm

Location: Southern Oaks, 400 SW 66th St

Ages: 8-14

Cost: \$80/camper

### Haunted Holiday Camp

Event ID: 10764

Participants will spend a week designing and building a haunted house onstage and backstage at Northwest Optimist. The haunted house will be open for patrons to visit during Halloween Hullabaloo and the Haunted Holiday Block Party. Projects include technical theater effects, theater makeup effects, prop creation and set dressing, pumpkin carving and zombie making.

Mon-Fri, Oct 16-20 8:00am - 5:00pm

Location: NW Optimist Performing Arts Center, 3301 NW Grand Blvd

Ages: 10-17

Cost: \$125/participant

### Holiday Magic Performing Arts Camp - NW Optimist

Event ID: 10765

Participants will work throughout the week to facilitate a holiday show filled with good tidings and joy! Projects include holiday decorating, crafts, singing and choreography. Performances will be held on Thursday, December 21 at 3pm and 5pm.

Mon-Thur, Dec 18-21 8:00am - 5:00pm

Location: NW Optimist Performing Arts Center, 3301 NW Grand Blvd

Ages: 6-17

Cost: \$100/participant

### Holiday Magic Performing Arts Camp - Taylor

Event ID: 10687

Participants will spend Monday through Thursday, 8am-5pm rehearsing for a holiday show filled with good tidings and joy! Projects also include holiday decorating, crafts, singing, choreography and a few holiday chuckles. Performances will be held on Thursday December 21st at 3pm and 5:30pm.

Mon-Thur, Dec 18-21 8:00am - 5:00pm

Location: Taylor Recreation Center, 1115 SW 70th St

Ages: 6-17

Cost: \$100/participant

**BEDLAM BASH 5K & TAILGATE 5K**

Nov. 4, 2017  
9:00 A.M.

Wiley Post Park

REGISTER AT OKC.GOV/PARKSIGNUP

The City of OKLAHOMA CITY  
Parks & Recreation Department



# YOUTH RECREATION

## CREATIVE ARTS

### Ceramics

**Event ID: 9135**  
 Explore your creativity with clay! This class is open to all skill levels and will cover a variety of techniques as well as glazing and firing. A large collection of molds means everyone will find something unique to make.  
**Thursdays, Oct 5 - Nov 16** 5:15pm - 6:30pm  
**Location: Macklanburg Recreation Center, 2234 NW 117th St**  
**Ages: All Ages**  
**Cost: \$2/project**

### Comic Book Illustration & Design

**Event ID: 11143**  
 Learn how to make your own comic book! In this class participants will learn how to develop a story and learn how to design and develop their own characters.  
**Wednesdays, Sep 13 - Nov 8** 5:30pm - 6:30pm  
**Location: Taylor Recreation Center, 1115 SW 70th St**  
**Ages: 13+**  
**Cost: \$25/month**

### Ho Ho Holiday Art

**Event ID: 10096**  
 Participants will create art and decorations for the holidays. They can make trees, wreaths, snowmen, snowflakes and use them for decorations.  
**Mondays, Nov 27 - Dec 18** 4:30pm - 5:30pm  
**Location: Pitts Recreation Center, 1920 N Kate Ave**  
**Ages: 6-12**  
**Cost: FREE**  
 Register on site at Pitts Recreation Center.

### Indigo Tie Dye/A Shibori Design

**Event ID: 10397**  
 Shibori is a Japanese dyeing technique that typically involves folding, twisting, or bunching cloth and binding it then dyeing it indigo. Dye t-shirts, jeans, curtains, fabric and much more. Use your creativity and imagination while you design your personal look.  
**Mon/Thurs, Aug 7 - Dec 18** 5:30pm - 7:30pm  
**Location: Sellers Recreation Center, 8301 S Villa Ave**  
**Ages: 6-17**  
**Cost: \$10/month**

### Magic Molds (Plaster)

**Event ID: 10070**  
 Youth and Teens will learn basic painting techniques such as working with stains, water-colors, dry-brushing, and much more while exploring all the neat things that can be done with plaster.  
**Mondays, Aug 7 - Dec 11** 6:00pm - 8:00pm  
**Location: Pilot Recreation Center, 1435 NW 2nd St**  
**Ages: 6-17**  
**Cost: \$2/class**

### One Stitch At A Time (Sewing and Crocheting)

**Event ID: 10276**  
 Come and see just how much you can make with just one yard of fabric! Learn how to hand stitch, straight stitch, slip stitch, whip stitch, top stitching, and much more. Also learn the wonderful world of crocheting where you will explore the hands-on learning experience of crocheting, and how to make beautiful hats, mittens, scarves, blankets, and much more out of yarn. A list of supplies needed for this class will be giving the first day of class. Session 1: Sewing, Session 2: Crochet  
**Session 1: Wed, Aug 16 - Oct 4** 6:00pm - 8:00pm  
**Session 2: Thurs, Oct 26 - Dec 21** 6:00pm - 8:00pm  
**Location: Pilot Recreation Center, 1435 NW 2nd St**  
**Ages: 6-17**  
**Cost: \$10/session**

### Pilot Amazing Jewelry Shop

Our class will focus on teaching kids jewelry making techniques such as beading, wire work, copper etching, enameling, stamping, bead stringing and much more. Come take this class and walk away with amazing jewelry pieces with friends in a fun safe environment. This class is split into two sessions. The list of items needed for this class will be given on the first day of class.  
**Tuesdays, Aug 15 - Oct 3** 6:00pm - 7:00pm  
**Tuesdays, Oct 25 - Dec 19** 6:00pm - 7:00pm  
**Location: Pilot Recreation Center, 1435 NW 2nd St**  
**Ages: 6-17**  
**Cost: \$10/session**  
 Register on site at Pilot Community Center.

### Seasonal Art

Participants will make art and craft projects with emphasis on holiday and/or seasons.  
**Tuesdays, Aug 15 - Dec 12** 4:00pm - 5:00pm  
**Location: Schilling Recreation Center, 539 SE 25th St**  
**Ages: 6-12**  
**Cost: FREE**

### Shape it with Clay

**Event ID: 11174**  
 Mold clay and make abstract sculptures in a two or three dimensional shape. Learn to shape, dry, and fire projects, then paint and glaze your creations. Take them home to enjoy on your own or give them as gifts. The first hour of class is provided for 6-12 year olds, and the second hour of class is for the 13-17 year olds. Separate charges apply for the amount of clay used: \$5 for a small amount, \$10 for a medium amount, and \$20 for a large amount.  
**Thursdays, Aug 10 - Dec 21** 5:30pm - 7:30pm  
**Location: Sellers Recreation Center, 8301 S Villa Ave**  
**Ages: 6-12, 13-17**  
**Cost: \$20/month, plus separate charges for clay. See event description for more details.**

### Spooky Creations

**Event ID: 10093**  
 Participants will have the opportunity to create and work with Halloween themes. The creations can be made of paper, clay, or whatever media is available. The works can be displayed in the center.  
**Mondays, Oct 2 - Oct 23** 4:30pm - 5:30pm  
**Location: Pitts Recreation Center, 1920 N Kate Ave**  
**Ages: 6-12**  
**Cost: FREE**  
 Register on site at Pitts Recreation Center.

### Turkey Delight

**Event ID: 10097**  
 Participants, with their imagination, either on their own or with inspiration from the instructor, will create art such as turkeys, pilgrim hats, pictures of the Mayflower, or other things that have a Thanksgiving theme.  
**Mondays, Oct 30 - Nov 20** 4:30pm - 5:30pm  
**Location: Pitts Recreation Center, 1920 N Kate Ave**  
**Ages: 6-12**  
**Cost: FREE**  
 Register on site at Pitts Recreation Center.

### Youth Figure Drawing (Ages 11-13)

**Event ID: 11157**  
 Participants will learn basic drawing skills, as well as skills needed to draw the human form.  
**Wednesdays, Sep 13 - Nov 18** 5:00pm - 6:00pm  
**Location: Taylor Recreation Center, 1115 SW 70th St**  
**Ages: 11-13**  
**Cost: \$25/month**

# HEALTH, WELLNESS & FITNESS

## All Sport Challenge

Event ID: 10221

A great way to introduce your child to the world of sports, teamwork, and athletics! This will help to build your child's motor skills, hand-eye coordination, agility and many sports specific skills. Your child will have a blast playing games with other children such as dodge ball, soccer, basketball, flag football, relays and obstacle races and a whole lot more.

Fridays, Aug 18 - Oct 6 6:00pm - 7:00pm  
Fridays, Oct 27 - Dec 22 6:00pm - 7:00pm

Location: Pilot Recreation Center, 1435 NW 2nd St  
Ages: 6-17  
Cost: \$10/session

## Basketball Boot Camp

Event ID: 10365

Participants will learn shooting, passing, dribbling, defense, offense and speed and agility drills.

Tuesdays, Oct 24 - Nov 14 5:00pm - 6:00pm  
Tuesdays, Nov 21 - Dec 12 5:00pm - 6:00pm

Location: Schilling Recreation Center, 539 SE 25th St  
Ages: 6-17  
Cost: \$10/session

## Basketball Skills

Event ID: 10081

Packed with skills, drills and daily competitions. This class is designed to help your child fall in love with the game and make them a better basketball player. Whether they are beginner or intermediate players, the drills taught in this class will help them improve their game. They will learn footwork, passing, ball handling and defense. Participants will enjoy challenges, games and daily competitions in a positive and energetic environment.

Tue/Thurs, Aug 15 - Oct 5 6:00pm - 8:00pm  
Tue/Thurs, Oct 24 - Dec 21 6:00pm - 8:00pm

Location: Pilot Recreation Center, 1435 NW 2nd St  
Ages: 13-17  
Cost: \$20/session

## Dance Your Heart Out

Event ID: 10357

Dance Dance Revolution, a favorite of arcades, has built up a solid following among youth and adults, who enjoy the game's fast pace, fun music, and sweat-inducing challenges. This is a game that will encourage fitness and health for our youth.

Mon/Wed, Aug 7 - Oct 2 3:30pm - 4:30pm

Location: Schilling Recreation Center, 539 SE 25th St  
Ages: 6-12  
Cost: \$10/session

## Dodge Ball Dodgers

The objective of this game is to eliminate all players of the opposing team by throwing a ball and hitting them until all players on one team have been eliminated.

Wednesdays, Aug 16 - Oct 4 3:30pm - 4:30pm

Location: Schilling Recreation Center, 539 SE 25th St  
Ages: 6-12  
Cost: FREE  
Register on site at Schilling Recreation Center.

## Gymnastics for Toddlers

Event ID: 11168

Participants will learn the basic steps to gymnastics.

Thursdays, Sep 10 - Dec 21 6:15pm - 6:45pm

Location: Sellers Recreation Center, 8301 S Villa Ave  
Ages: 3-5  
Cost: \$10/month

## Enhanced Gymnastics

Event ID: 10549

Participants will learn basic gymnastics, enhanced gymnastics to advanced gymnastics.

Thursdays, Aug 10 - Dec 21 7:00pm - 9:00pm

Location: Sellers Recreation Center, 8301 S Villa Ave  
Ages: 6-17  
Cost: \$15/month

## Little Dribblers

Event ID: 9422

Nothing but net! Children will learn ball handling, dribbling with both hands, shooting layups, and defense in this beginning level class. No class October 31.

Tuesdays, Sep 5 - Nov 28 4:30pm - 5:30pm

Location: Macklanburg Recreation Center, 2234 NW 117th St  
Ages: 5-8  
Cost: \$10/month

## Little Scampers Tumbling

Event ID: 10191

Children will learn basic tumbling stretching and movement skills while participating in games and activities. Front rolls, back rolls, backbend, kick-overs, cartwheels, round-offs, and hand stands will be taught. Kids should wear comfortable clothes that allow for free movement and bare feet (no shoes on MATS!).

Wednesdays, Aug 16 - Oct 5 7:00pm - 8:00pm  
Wednesdays, Oct 25 - Dec 13 7:00pm - 8:00pm

Location: Pilot Recreation Center, 1435 NW 2nd St  
Ages: 6-17  
Cost: \$20/session

## Majorette/Pom

Enjoy learning all forms of Majorette, Drill, Pom, Jazz, Tumbling and Cheerleading. Always remember to bring appropriate performing attire, comfortable clothes and dance/tennis shoes.

Tue/Thur, Sep 5 - Dec 21 6:00pm - 8:00pm

Location: Douglass Recreation Center, 900 Frederick Douglass  
Ages: All Ages  
Cost: \$5/class  
Register on site only!

## Soccer Skills

Event ID: 10238

Soccer Skills is the ultimate program for all aspiring youth soccer players. Each class is action packed with games and activities that introduce the sport of soccer in a fun and exciting environment that not only helps players develop new skills but also nurtures their love for the game. The skills are developed using various activities that help the players dramatically improve basic skills. This will be a high energy class.

Wednesdays, Aug 16 - Oct 4 6:00pm - 8:00pm  
Wednesdays, Oct 25 - Dec 13 6:00pm - 8:00pm

Location: Pilot Recreation Center, 1435 NW 2nd St  
Ages: 6-17  
Cost: \$20/session

## Softball Basics

Event ID: 10367

Learn to catch, throw, run bases, hit the ball, and respect the game of softball.

Mondays, Sep 11 - Oct 2 5:30pm - 6:30pm

Location: Macklanburg Recreation Center, 2234 NW 117th St  
Ages: 7-11  
Cost: \$10/session

## Team USA Cheerleading - Macklanburg

Event ID: 9413

Learn basic stunts and cheer routines that promote coordination, confidence, and physical fitness. An emphasis is placed on achievement through positive reinforcement. All skill levels welcome.

Ages 4-6: 6:00pm - 6:45pm  
Ages 7-9: 6:45pm - 7:30pm  
Ages 10-14: 7:30pm - 8:15pm

Thursdays, Aug 29 - Dec 5 6:00pm - 8:15pm

Location: Macklanburg Recreation Center, 2234 NW 117th St  
Ages: 4-14  
Cost: \$5/class  
Register on site at Macklanburg Recreation Center.

## Team USA Cheerleading - Sellers

Event ID: 10886

Team USA promotes coordination, confidence, and physical fitness. An emphasis is placed on achievement through positive reinforcement and awards.

Mondays, Sep 7 - Dec 18 5:30pm - 8:00pm

Location: Sellers Recreation Center, 8301 S Villa Ave  
Ages: 6-17  
Cost: \$5/class  
Register on site at Sellers Recreation Center.

## Team USA Self Defense - Macklanburg

Event ID: 9421

Class focuses on learning self-defense techniques and safety awareness. Self-defense promotes coordination, confidence and physical fitness. For beginners/intermediate.

Beginner: 6:00pm - 6:45pm  
All Ages, Intermediate Yellow Belt: 6:45pm - 7:30pm

Thursdays, Aug 24 - Dec 7 6:00pm - 7:30pm

Location: Macklanburg Recreation Center, 2234 NW 117th St  
Ages: 4-14  
Cost: \$5/class  
Register on site at Macklanburg Recreation Center.

## Team USA Self Defense - Sellers

Team USA promotes coordination, confidence, and physical fitness. An emphasis is placed on achievement through positive reinforcement and awards. All necessary gear or equipment will be available from the instructor for a fee. The amount of these items will be announced during registration. For more information please call 405-824-7168.

Fridays, Aug 11 - Dec 22 5:30pm - 8:00pm

Location: Sellers Recreation Center, 8301 S Villa Ave  
Ages: 6-17  
Cost: \$5/class  
Register on site at Sellers Recreation Center.



### Volleyball Basics

Event ID: 10363

Learn volleyball fundamentals such as passing, setting, spiking and serving. Then enjoy a game with your acquired skills.

Fridays, Aug 18 - Dec 15 6:00pm - 7:00pm

Location: Schilling Recreation Center, 539 SE 25th St

Ages: 6-17

Cost: \$2/class

## PERFORMING ARTS

### Academy of Irish Dance: Level 1, 2 & 3

Event ID: 10974

Participants will learn traditional Irish Step Dancing at a beginning/intermediate level in this fun and lively class. Placement of participant will be based on instructor recommendation.

Thursdays, Sep 14 - Dec 14 6:15pm - 7:15pm

Location: NW Optimist Performing Arts Center, 3301 NW Grand Blvd

Ages: 6-17

Cost: \$40/month

### Academy of Irish Dance: Level 4 & 5

Event ID: 10979

Participants will learn traditional Irish dance in an intermediate/advanced level in this fun and lively class.

Thursdays, Sep 14 - Dec 14 6:30pm - 8:00pm

Location: NW Optimist Performing Arts Center, 3301 NW Grand Blvd

Ages: 6-17

Cost: \$60/month

### Acting for Film & Television

Event ID: 10990

This class will focus on acting for film & television, as well as commercial acting. It will cover audition techniques, working with an agent, headshots, resumes and expected set behavior.

Wednesdays, Sep 6 - Dec 6 4:00pm - 6:00pm

Location: NW Optimist Performing Arts Center, 3301 NW Grand Blvd

Ages: 13-17

Cost: \$25/month

### Beginning Teen Jazz

Event ID: 10860

Participants will learn basic Jazz technique including turns, jumps, and combinations in this fun class. Participants will learn choreography to be performed in a variety show at the end of this fun and exciting class session.

Mondays, Sep 11 - Dec 4 4:30pm - 5:30pm

Location: NW Optimist Performing Arts Center, 3301 NW Grand Blvd

Ages: 13-17

Cost: \$30/month

### Beginning Guitar

Event ID: 11142

Beginning guitar will cover chords and strumming. Participants will gain the basic knowledge needed to write their own song or to learn to play their favorite song.

Tuesdays, Sep 12 - Nov 7 5:00pm - 6:30pm

Location: Taylor Recreation Center, 1115 SW 70th St

Ages: 13+

Cost: \$25/month

### Beginning Teen Tap

Event ID: 10874

Participants will be introduced to the basic fundamentals of Tap technique. Participants will demonstrate what they have learned in a fun variety show at the end of the session.

Mondays, Sep 11 - Dec 4 7:45pm - 8:45pm

Location: NW Optimist Performing Arts Center, 3301 NW Grand Blvd

Ages: 13-17

Cost: \$25/month

### Beginning Youth Jazz

Event ID: 10911

Participants will learn basic Jazz technique, including turns, jumps and combinations. This class will conclude with a dance to be presented in a variety show at the end of the 12-week session.

Mondays, Sep 11 - Dec 11 5:30pm - 6:30pm

Location: NW Optimist Performing Arts Center, 3301 NW Grand Blvd

Ages: 6-12

Cost: \$25/month



### Hip Hop/Majorette Dance

Event ID: 11016

Come and enjoy the many different styles of dance that are deeply rooted with hip-hop music. Also enjoy performing a mixture of choreographed majorette, hip-hop, ballet, jazz, and lyrical dance styles. Please bring dance shoes and black tights.

Mon/Wed/Fri, Aug 14 - Dec 29 6:00pm - 8:00pm

Location: Douglass Recreation Center, 900 N Frederick Douglass

Ages: 6-17

Cost: \$5/class

Register on site at Douglass Recreation Center.

### Improv for the Stage (Ages 10-17)

Event ID: 11147

Participants will learn improvisational games to explore and develop their own comedic skills. Class participants will learn teamwork and how to apply the skills they have developed by working as part of an ensemble.

Tuesdays, Sep 12 - Nov 14 4:30pm - 6:00pm

Location: Taylor Recreation Center, 1115 SW 70th St

Ages: 10-17

Cost: \$25/month

### Movement for the Stage

Event ID: 11151

Participants will learn the major tenets from theatre theoreticians like Anne Bogart, Tadashi Suzuki, Michael Chekhov and others to find characterization through the use of the body. Participants will be drawing upon ancient practices like mask work to achieve the same goal. This class will also feature the introduction to stage combat.

Fridays, Oct 6 - Dec 8 4:30pm - 5:45pm

Location: NW Optimist Center, 3301 NW Grand Blvd

Ages: 13+

Cost: \$25/month

### Physical Theatre Workshop

Event ID: 11154

Participants will learn to communicate stories without words. Participants will also learn to develop characters based on animal and environmental movements, as well as learn how to express emotions for the stage, film, animation and game development.

Sat/Sun, Sep 16-17

1:00pm - 4:00pm

Location: Taylor Recreation Center, 1115 SW 70th St

Ages: 13+

Cost: \$50/participant

### Salted Ideas Ballet (Ages 6-12)

This beginning class focuses on ballet terminology, positions, alignment, balance, and artistry using the Ballet Source curriculum. Students will learn basic barre routines and choreography to progress their ballet development.

Mondays, Sep 11 - Dec 11

6:15pm - 7:15pm

Location: Macklanburg Recreation Center, 2234 NW 117th St

Ages: 6-12

Cost: \$42/month

To register, visit [www.salteddance.com](http://www.salteddance.com).

### Salted Ideas Ballet/Tap (Ages 3-5)

This dynamic class helps young dancers build confidence through creative movement by learning basic steps in ballet and tap.

Mondays, Sep 11 - Dec 11

5:30pm - 6:15pm

Location: Macklanburg Recreation Center, 2234 NW 117th St

Ages: 3-5

Cost: \$42/month

To register, visit [www.salteddance.com](http://www.salteddance.com).

### Salted Ideas Hip Hop

Popping, locking, breakdancing and artistry are all part of our fun and dynamic Hip-Hop classes. Students will also learn about the history of Hip Hop and its place in society.

Mondays, Sep 11 - Dec 11

7:15pm - 8:15pm

Location: Macklanburg Recreation Center, 2234 NW 117th St

Ages: 6-12

Cost: \$42/month

To register, visit [www.salteddance.com](http://www.salteddance.com).

### Stage Combat

Event ID: 11159

Participants will learn the techniques needed to choreograph and perform fight scenes that are both convincing to the audience and safe for the performer in this fun and exciting weekend workshop!

Sat/Sun, Nov 18-19

1:00pm - 4:00pm

Location: Taylor Recreation Center, 1115 SW 70th St

Ages: 13+

Cost: \$50/participant



## Teen Acting for Film & Television

Event ID: 11161

This class will focus on acting styles for film and television, as well as commercial acting. It will cover audition techniques, working with and getting an agent, obtaining headshots, resume writing and expected set behavior. This class will also teach makeup techniques for the camera, as well as working with a teleprompter, green screen and more.

Wednesdays, Sep 6 - Dec 6 4:00pm - 6:00pm

Location: NW Optimist Performing Arts Center, 3301 NW Grand Blvd  
Ages: 13-17  
Cost: \$30/month

## Teen Acting - The Final Claus

Event ID: 10767

Participants will be introduced to theater basics, auditioning, characterization, rehearsal process in preparation of final production. This fall's production is an original script by Lexi Brady titled The Final Claus.

*Participants will meet December 5-8 for tech week during the same scheduled times.*

Mondays, Sep 11 - Dec 4 5:30pm - 7:30pm

Location: NW Optimist Performing Arts Center, 3301 NW Grand Blvd  
Ages: 12-17  
Cost: \$25/month

## Teen Homeschool Drama

Event ID: 10909

Participants will learn basic acting techniques in this fun and upbeat class. Participants will work towards facilitating a show to be performed at the end of the 12-week session.

Tuesdays, Sep 12 - Dec 12 11:30am - 1:00pm

Location: NW Optimist Performing Arts Center, 3301 NW Grand Blvd  
Ages: 13-17  
Cost: \$25/month

## Tiny Dancer Ballet/Tap Combo Class

Event ID: 10985

Participants will learn basic ballet and tap technique through a fun and creative class while working on fine and gross motor skills, teamwork and learning to follow directions. Participants will learn choreography to be performed in a variety show at the end of the 12-week session.

Tuesdays, Sep 12 - Dec 12 6:30pm - 7:30pm

Location: NW Optimist Performing Arts Center, 3301 NW Grand Blvd  
Ages: 2-5  
Cost: \$25/month

## Tiny Dancer Ballet/Tap Combo 2

Event ID: 10893

Participants will learn basic ballet and tap technique through a fun and creative class, while continuing to work on fine and gross motor skills, teamwork and learning to follow directions. Participants will also begin to learn simple combinations to improve memorization skills. Participants will learn choreography to be performed in a variety show at the end of the 12-week session.

Tuesdays, Sep 12 - Dec 12 7:30pm - 8:30pm

Location: NW Optimist Performing Arts Center, 3301 NW Grand Blvd  
Ages: 6-9  
Cost: \$25/month

## Tiny Tots Creative Movement

Event ID: 10953

This fun, upbeat class is great for the tiny mover & shaker. Participants will learn introductory dance movements while working to develop fine and gross motor skills. They will learn how to follow directions, to work as a team, and work to develop memorization skills. Participants will learn a basic dance to perform at the end of the session.

Mondays, Sep 11 - Dec 4 3:30pm - 4:15pm

Location: NW Optimist Performing Arts Center, 3301 NW Grand Blvd  
Ages: 3-5  
Cost: \$25/month

## Youth Acting

Event ID: 10769

Participants will be introduced to theater basics, auditioning, characterization and rehearsal process in preparation of the final production. The final week the kids will meet every day for technical rehearsal.

Mondays, Sep 11 - Dec 1 4:00pm - 5:30pm

Location: NW Optimist Performing Arts Center, 3301 NW Grand Blvd  
Ages: 6-12  
Cost: \$25/month

## Youth Homeschool Drama

Event ID: 10900

Participants will learn basic acting techniques in this fun, upbeat class. Participants will work toward and facilitate a show at the end of the 12-week session.

Tuesdays, Sep 12 - Dec 12 10:30am - 11:15am

Location: NW Optimist Performing Arts Center, 3301 NW Grand Blvd  
Ages: 6-12  
Cost: \$25/month

# SPECIAL EVENTS

## Children's Chess Tournament

Event ID: 10301

This chess tournament is for children between the ages of 8 and 12. The tournament is designed for children who have played in two tournaments or less and are not currently ranked players. This event is limited to the first 20 entrants.

Saturday, Nov 18 12:00pm - 4:00pm

Location: Melrose Recreation Center, 7800 W Melrose Ln  
Ages: 8-12  
Cost: \$5/person

## Douglass Open House - Halloween Bash

Come out and mingle with the staff at Douglass Center as we approach the Fall Season. You'll enjoy food, fun, and games while we introduce you to our upcoming fall programs. This will also be our Halloween Bash, so come on out to get free hair cuts, hair styles and of course candy.

Friday, Oct 20 3:00pm - 7:00pm

Location: Douglass Recreation Center, 900 Frederick Douglass  
Ages: All Ages  
Cost: FREE  
Register on site only!

## Fall Carnival

Event ID: 10381

Children and their parents will have the opportunity to celebrate Halloween by participating in a variety of carnival games awhile enjoying treats.

Tuesday, Oct 31 3:30pm - 5:30pm

Location: Schilling Recreation Center, 539 SE 25th St  
Ages: 6-12  
Cost: FREE  
No registration required.

## Halloween Hullabaloo

Event ID: 10763

Come join us for a SPOOKtacular time during our annual Halloween Hullabaloo lock-in event. Activities include a haunted house, various contests, music, games and a whole lot of Halloween inspired party fare. This is an overnight event and is only open for participants who have prior attendance in performing arts classes and/or camps.

Fri/Sat, Oct 20-21 6:30pm - 8:30am

Location: NW Optimist Performing Arts Center, 3301 NW Grand Blvd  
Ages: 6-17  
Cost: \$30/person

## Parent's Chance to Shop

Event ID: 10321

Parents can drop off and sign their children in to the center and use the opportunity to go holiday shopping, take a date night, or whatever suits them. The children must be signed in and signed out when picked up. They will not be able to leave on their own. While at the center they will enjoy playing video games on our state of the art gaming system, playing in the gym, computers, as well as arts and crafts projects. Snacks will be provided.

Friday, December 1 6:00pm - 10:00pm

Friday, December 22 6:00pm - 10:00pm

Location: Melrose Recreation Center, 7800 W Melrose Ln  
Ages: 6-12  
Cost: \$5/child

## Santa's Switchboard

Santa's Switchboard is a fun, easy family activity for all children under the age of 7 in the OKC Metro area. Parents/Guardians can sit down with little ones and fill out a questionnaire for Santa... Does your little one think they were good all year? Once the questionnaires are filled out and turned into your local OKC Recreation Center, just wait from the call from "The Big Guy" Santa Claus himself! Calls will be made in the evening (6:00pm - 8:00pm) the week of December 11-15.

Mon-Fri, Dec 11-15 6:00pm - 8:00pm

Location: Your Local Recreation Center  
Ages: 7 and under  
Cost: \$2/child  
Pick up a form and register at your local recreation center!

## Turkey Shoot

The Annual Turkey Shoot is a fun, energetic Thanksgiving activity held at each Recreation Center. Four age groups compete in a basketball free throw contest with the winners of each category winning a frozen turkey.

Tuesday, Nov 14 4:00pm - 6:00pm

Location: Your Local Recreation Center  
Ages: 6-8, 9-12, 13-17, 18+  
Cost: FREE  
Register on site at your local recreation center.

# SPECIAL INTEREST

## Becoming an Internet Sensation!

Event ID: 10992

A fun, interactive, hands-on class in which participants will learn everything from setting up their cameras and lighting, to learning to get the best image and creating fresh content.

Thursdays, Sep 7 - Nov 30 4:00pm - 5:30pm

Location: NW Optimist Center, 3301 NW Grand Blvd

Ages: 13+

Cost: \$25/month

## Book Island

Event ID: 10112

Children will have the opportunity to read books and do small arts and crafts projects. This is a partnership that is designed to improve children's ability to read and have fun while reading.

Fridays, Aug 18 - Dec 22 4:30pm - 5:30pm

Location: Pitts Recreation Center, 1920 N Kate Ave

Ages: 6-12

Cost: FREE

Register on site at Pitts Recreation Center.

## Cooking with Class with Crockpots

Event ID: 10421

Participants will learn how to prepare delicious recipes and home cooking techniques in a fun hands-on environment with just one pot. Participants will need to provide their own crockpots and ingredients, and will be given a list of needed ingredients prior to class.

Mondays, Aug 7 - Oct 2 4:30pm - 5:30pm

Location: Schilling Recreation Center, 539 SE 25th St

Ages: 6-17

Cost: \$10/session

## Going Wild Gaming

Event ID: 10067

Participants can work on their gaming skills to get them ready for the big tournament that's held on Friday Nights.

Mon-Thurs, Aug 18 - Dec 22 7:00pm - 8:00pm

Location: Pilot Recreation Center, 1435 NW 2nd St

Ages: 13-17

Cost: FREE

Register on site at Pilot Recreation Center.

## H.A.P.P.Y. (Home Alone Program Preparing Youth)

Event ID: 10183

"Home Alone Program Preparing Youth" Is designed to keep your child safe when they are not with an adult. Topics covered include: Fire and emergency procedures, kitchen safety, meal prep, first aid and calling 911, personal safety regarding telephone and internet use, and the potential danger of strangers.

Thursdays, Aug 17 - Oct 5 6:00pm - 8:00pm

Thursdays, Oct 26 - Dec 21 6:00pm - 8:00pm

Location: Pilot Recreation Center, 1435 NW 2nd St

Ages: 6-17

Cost: \$20/person per session

## Harvest Festival

Event ID: 10124

Participants will gather for games, food and fun. Feel free to dress up as your favorite character such as a super hero, soldier, cowboy, or something closer to the Halloween theme. Come out and bring your friends for a good time.

Tuesday, October 31 4:00pm - 6:00pm

Location: Pitts Recreation Center, 1920 N Kate Ave

Ages: 6-17

Cost: FREE

Register on site at Pitts Recreation Center.

## Jr. Chefs

Event ID: 10179

Nothing tastes as sweet as a dish you've helped to create. This fun thoroughly hands-on series empowers kids to prepare their own snacks and help with family meals. Would-be chefs will discover how capable they are microwaving, it's so much fun!

Mondays, Aug 7 - Oct 2 5:00pm - 7:00pm

Mondays, Oct 23 - Dec 11 5:00pm - 7:00pm

Location: Pilot Recreation Center, 1435 NW 2nd St

Ages: 6-17

Cost: \$20/person per session

## Jr. Chef - Schilling

Event ID: 10423

Participants will have the pleasure of preparing and enjoying healthy snacks. Participants will also learn valuable tips for safe and healthy cooking.

Wednesdays, Aug 16 - Oct 4 4:00pm - 5:00pm

Location: Schilling Recreation Center, 539 SE 25th St

Ages: 6-17

Cost: \$20/session

## Lock In

Event ID: 10161

Parents, are you looking for a quiet night without children? Enroll your child in the X-Mas Lock-In Slumber Party at Pitts Recreation Center. The lock in will consist of small group games, gym games, dancing and watching movies. The Lock-In will start at 7:00pm Friday, 12/15/17 and end 8:00am Saturday, 12/16/17.

Fri-Sat, Dec 15-16 7:00pm - 8:00am

Location: Pitts Recreation Center, 1920 N Kate Ave

Ages: 6-12

Cost: \$30/person

## Monthly Video Game Tournament

Event ID: 10322

Participants will engage in video game tournaments the last Friday of the month. The tourney format will be randomly drawn and the players will all be in the same age groups. Each tournament will feature a different video game!

Friday, September 29 4:30pm - 6:30pm

Friday, October 27 4:30pm - 6:30pm

Friday, November 17 4:30pm - 6:30pm

Location: Melrose Recreation Center, 7800 W Melrose Ln

Ages: 11-17

Cost: \$2/player per tournament

Register on site at Melrose Recreation Center.

## Pay It Forward Club

Event ID: 10389

This is a program about building well rounded leaders in a fun and informative series for youth. We will have weekly lessons on leadership, teamwork, the importance of money, how to make a budget, and volunteering in your community.

Mondays, Aug 7 - Dec 11 5:00pm - 6:00pm

Location: Schilling Recreation Center, 539 SE 25th St

Ages: 6-17

Cost: FREE

Register on site at Schilling Recreation Center.

## Pilot Kids Arts & Crafts Fair

Event ID: 10146

This will be a terrific fair hosted by Pilot Recreation Center. Come down and shop for hand-made crafted items made in the USA by the youth around the city. It's never too early to start your holiday shopping! Limited space is available so register early.

Saturday, November 18 8:00am - 4:00pm

Location: Pilot Recreation Center, 1435 NW 2nd St

Ages: 13-17

Cost: \$5/table

Register on site at Pilot Recreation Center.

## Professor Parks

Event ID: 10419

Weather permitting, participants will engage in supervised nature related activities. We will explore the outdoors by observing plants and animals.

Thursdays, Oct 26 - Dec 14 4:00pm - 5:00pm

Location: Schilling Recreation Center, 539 SE 25th St

Ages: 6-12

Cost: FREE

Register on site at Schilling Recreation Center.

## Simply Cooking

Event ID: 10112

Participants will make caramel apple dip, spiced nuts, Russian refresher mix, and creamy potato soup mix.

Thursdays, Oct 19 - Nov 30 5:00pm - 6:00pm

Location: Minnis Lakeview Recreation Center, 12520 NE 36th

Ages: Up to 12

Cost: \$3/class

Register on site at Minnis Lakeview Recreation Center.

## Super Smash Brothers Tournament

Event ID: 9906

Join us and have fun in our first video game tournament. The game will be Super Smash Brothers. The contest will be broken into selected age groups. Prizes will be given to the top three winners.

Friday, September 22 4:30pm - 6:30pm

Location: Southern Oaks Recreation Center, 400 SW 66th St

Ages: 6-17

Cost: \$3/person

## State to State

Event ID: 10408

Participants will learn the capital of every state along with the State Flags, State Birds, and what the state is known for.

Wednesdays, Aug 16 - Oct 4 4:00pm - 5:00pm

Wednesdays, Oct 25 - Dec 13 4:00pm - 5:00pm

Location: Schilling Recreation Center, 539 SE 25th St

Ages: 6-12

Cost: FREE

Register on site at Schilling Recreation Center.

## Virtual Sporting

Event ID: 10128

Participants will enjoy X-Box games ranging from Auto Racing, Hockey and other sports. The last Thursday of the month there will be a \$2.00 charge to participate in the monthly tournament.

Tue/Thur, Aug 8 - Dec 14 6:00pm - 7:00pm

Location: Pitts Recreation Center, 1920 N Kate Ave

Ages: 6-17

Cost: FREE

# MARTIN PARK NATURE CENTER

5000 W Memorial Rd | (405) 297-1429

The Visitors Education Center at Martin Park Nature Center is closed for construction. For construction updates and program locations, visit us online at [okc.gov/parks](http://okc.gov/parks) or call (405) 297-1429.

## Archery Games

Event ID: 11089

Already proficient at Archery? Come join us for an afternoon of fun and games. Your child can practice their skills with games like Archery Tic-Tac-Toe, Archery Blackjack and Solo Cup Shooters. This program is an excellent way to further develop your child's skills. Child must have attended 4 of the beginning archery classes or been approved by the instructor.

Sundays, Sep 3 - Oct 15 3:00pm - 4:30pm

Location: Martin Park Nature Center, 5000 W Memorial Rd  
Ages: 8+  
Cost: \$35/session

## Tree Masks

Event ID: 11028

Do trees have faces? Find out as you explore the Martin Park woods to see the "personalities" of our park trees, and then join a local artist in making masks that embrace the characteristics of each tree. Masks will be on display through October. Children 6 and over are invited to help paint the masks.

Saturday, Sep 16 1:00pm - 4:00pm

Location: Martin Park Nature Center, 5000 W Memorial Rd  
Ages: 6+  
Cost: FREE

## A Walk in the Woods

Event ID: 10941

Ready to get outside and enjoy fall? Hikers and walkers of all levels are invited to join foresters from across the state for the annual "Walk in the Forest" event held at Martin Park. Foresters and natural resource professionals from across the state will be stationed along the trail to provide information about the forest, which is located in Oklahoma City's backyard. There will additionally be special activities for kids at each station.

Saturday, Sep 30 10:00am - 3:00pm

Location: Martin Park Nature Center, 5000 W Memorial Rd  
Ages: All Ages  
Cost: FREE

## Things That Go Bump In The Night

Event ID: 11031

After the sun sets, many of our animal friends are beginning to start their day. Join us for this daytime presentation to learn about the nighttime happenings of Oklahoma's nocturnal creatures and why, for some animals, life is better when the lights are turned out. Minimum age is 6 years old.

Saturday, Oct 7 3:00pm - 3:45pm

Location: Martin Park Nature Center, 5000 W Memorial Rd  
Ages: 6+  
Cost: FREE

## Bigfoot, and Werewolves, and Chupacabras, Oh My!

Event ID: 11032

Does Bigfoot roam the Arbuckles? Was Chupacabra found in Edmond? Discover the most likely truth behind popular wildlife myths as we sort the creature from the tale. Minimum age is 6 years old.

Saturday, Oct 14 3:00pm - 3:45pm

Location: Martin Park Nature Center, 5000 W Memorial Rd  
Ages: 6+  
Cost: FREE

## Fall Into Art

Event ID: 11087

Have you realized that nature is an important part of art? Many artists use nature and natural elements to create their masterpieces whether it is a painting, sculpture, or small project. Fall into Art will take you on an adventure to discover new forms of art and create some art of your own! There will be food carts, arts and crafts, and artists.

Saturday, Oct 21 11:00am - 4:00pm

Location: Martin Park Nature Center, 5000 W Memorial Rd  
Ages: All Ages  
Cost: FREE

## Nighttime is the Right Time for Scorpions

Event ID: 11035

Scorpions are mysterious nocturnal animals that have captured human imagination for centuries. Come learn about these ancient arachnids - the scary and the fun- and find out how these secretive and mysterious animals make their way through the environment. Minimum age is 6 years old.

Saturday, Oct 28 3:00pm - 4:00pm

Location: Martin Park Nature Center, 5000 W Memorial Rd  
Ages: 6+  
Cost: FREE

## Haunted Hike

Event ID: 11088

What mysteries lie in the deep woods of Martin Park? Come find out during our Haunted Hikes! You will learn about animals that have some spooky reputations. You will learn about snakes, spiders, bats, and more during this nighttime hike filled with Halloween treats. Advanced registration is required to reserve your hike time. Closed toed shoes are required. Minimum age is 6.

Saturday, Nov 4 Register for Hike Time

Location: Martin Park Nature Center, 5000 W Memorial Rd  
Ages: 6+  
Cost: \$10/person

## Orienteering/Geocaching

Event ID: 11038

How did explorers navigate their world before GPS? Join park naturalists as we step back in time and learn to navigate using only a compass and a map. It's a handy skill to have in areas with poor signals. Once you have learned to navigate like a pioneer, we will jump back into the 2000's and do geocaching. Around the world people have hidden objects for others to find using their GPS devices. Dress for the weather and come prepared to get dirty. Close-toed shoes are required. Minimum age is 6 years old.

Saturday, Nov 18 3:00pm - 3:45pm

Location: Martin Park Nature Center, 5000 W Memorial Rd  
Ages: 6+  
Cost: \$5/person



## Black-Out Day Camp

Event ID: 11084

Do your children need a fun place to stay while you shop for Black Friday deals? Take them to Martin Park Nature Center! Your children and Martin Park staff will start the day slowly with nature films and end it with outdoor play... just in time for a nap at home. Kids can drop in from 5:15am to 2pm. Your child will have the opportunity to play games, create nature art, and learn about wildlife. Space is limited so register early!

Friday, Nov 24 5:15am - 2:00pm

Location: Martin Park Nature Center, 5000 W Memorial Rd  
Ages: 6-12  
Cost: \$100/person

## WinterFest

Event ID: 11085

Bundle up and try your hand at outdoor games perfect for the winter weather! We'll have a Sleigh Relay, Festive Lights Tangle, and Winter Dress Race, plus plenty of indoor fun with popcorn and cranberry garlands for your backyard birds. Minimum age is 6 years old.

Saturday, Dec 2 1:00pm - 4:00pm

Location: Martin Park Nature Center, 5000 W Memorial Rd  
Ages: 6+  
Cost: \$5/person



# “WILD” AMERICAN EXPLORERS

Join OKC Parks & Recreation, Martin Park Nature Center, Friends of Martin Park and the Metropolitan Library System for “Wild” American Explorers! In the months of August through October, join us at locations across the metro to learn about cultural anthropology, historical use of natural resources and how the availability of natural resources influences societal culture. Historical re-enactments of prominent figures such as J. J. Audubon and Mark Twain discuss land and natural resource ethics and how those ethics evolve over time.

Funding for this program is provided in part by a grant from the Oklahoma Humanities (OH) and the National Endowment for the Humanities (NEH). Any views, findings, conclusions or recommendations expressed in this program do not necessarily represent those of OH or NEH.

## PROGRAM DATES & LOCATIONS

August-October while OKC Public Schools are in Session

Mondays	4-4:45pm	Pitts Recreation Center, 1920 N Kate Ave
	5:15-6pm	Douglass Center, 900 Frederick Douglass Ave
Tuesdays	4-4:45pm	Macklanburg Center, 2234 NW 117th St
Wednesdays	4-4:45pm	Southern Oaks Center, 400 SW 66th St
	5:15-6pm	Sellers Recreation Center, 8301 S Villa Ave
Thursdays	4-4:45pm	Schilling Recreation Center, 539 SE 25th St
	5:15-6pm	Pilot Recreation Center, 1435 NW 2nd St
Fridays	4-4:45pm	Melrose Recreation Center, 7800 W Melrose Ln

## COMMUNITY PERFORMANCES & PROGRAMS

Mark Twain		Edwards Park Picnic Pavilion, 1515 N Bryant
Wednesday, Sep 20	6:30-8pm	Mustang Community Center, 1201 N Mustang Rd
Thursday, Sep 21	7-8:30pm	Will Rogers Park Amphitheater, 3400 NW 36th St
Friday, Sep 22	6:30-8pm	
Teddy Roosevelt		Schilling Recreation Center, 8301 S Villa Ave
Friday, Oct 20	2-3pm	Douglass Center, 900 Frederick Douglass Ave
	4-5pm	Will Rogers Park Amphitheater, 3400 NW 36th St
	6:30-8pm	

Community Programs: \$2 per person or FREE with Metro Library Card. Don't have a library card? Sign up for one at the program!

For additional program locations and information, visit us online at [okc.gov/parks/](http://okc.gov/parks/)



# ADULT NATURE NIGHT @MARTIN PARK

Explore the natural world in this bi-monthly class just for adults. Visitors ages 18 and over can experience the park with group activities such as hikes, archery, dutch-oven cooking, backpacking and more. A great opportunity to meet new people. Individuals, date night and social outings welcome! Advance registration is required. Visit [okc.gov/parks](http://okc.gov/parks) for registration and activity information.

## Kayaking

Event ID: 7975

Enjoy experimenting with kayaks! It doesn't matter if you are a beginner or if you just want to meet like minded people, come hit the water with us. Beginners will learn the basics - balancing, paddling, and safely getting in and out.

Tuesday, Sep 12 6:30pm - 8:00pm

Location: Lake Overholser Boathouse, 3115 E Overholser Dr

Ages: 18+

Cost: \$20/person

## Archery

Event ID: 11265

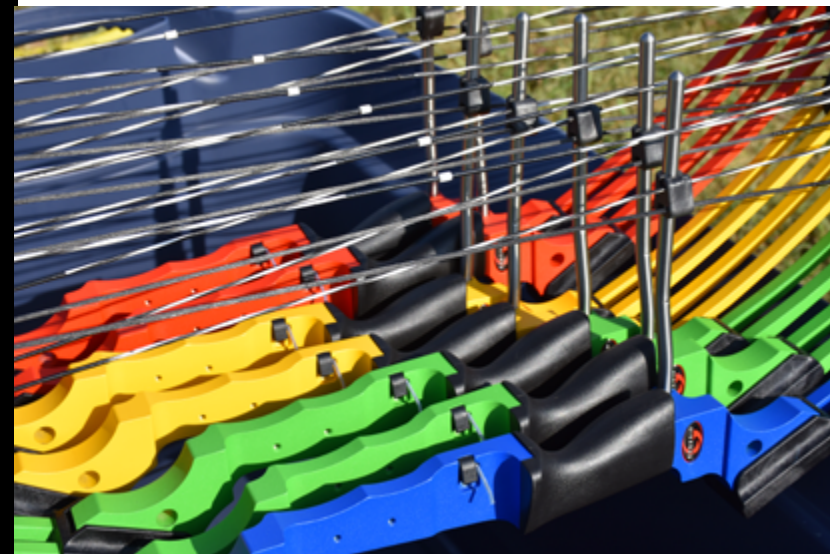
Shoot straight when you learn beginning archery techniques using the National Archery in Schools Program guidelines. Equipment is provided.

Tuesday, Sep 26 6:30pm - 8:00pm

Location: Martin Park Nature Center, 5000 W Memorial Rd

Ages: 18+

Cost: \$5/person



## Tree Climbing

Event ID: 11266

Would you like to swing from the tree tops... literally? You can during the Adult Tree Climbing program. Harness, rope, and instruction provided. Space is limited.

Tuesday, Oct 10 6:30pm - 8:00pm

Location: Martin Park Nature Center, 5000 W Memorial Rd

Ages: 18+

Cost: \$15/person

## Camping 101

Event ID: 11267

Are you an adult looking to start camping adventures? Come learn the basics of camping with other adults like what equipment you need and what will make camping enjoyable. We will end the evening with s'mores.

Tuesday, Oct 24 6:30pm - 8:00pm

Location: Martin Park Nature Center, 5000 W Memorial Rd

Ages: 18+

Cost: FREE

## Shopping for the Outdoors

Event ID: 11268

If you do not know what to buy for your outdoor adventurer this Christmas or to scope out new products for yourself, join us! We will meet at Backwoods on May Ave and get a personalized tour of new outdoor products.

Tuesday, Nov 14 6:30pm - 8:00pm

Location: Backwoods, 12325 N May Ave

Ages: 18+

Cost: FREE

## Off the Beaten Trail

Event ID: 11269

Explore the Martin Park you haven't seen. Where do the animals go to get away from visitors? What goes on to keep the park nice? Find out in a behind the scenes tour with the Naturalist!

Tuesday, Nov 28 6:30pm - 8:00pm

Location: Martin Park Nature Center, 5000 W Memorial Rd

Ages: 18+

Cost: \$5/person

3400 NW 36TH ST | (405) 297-1392

# WILL ROGERS GARDENS

## Autumn Wreath-Making Workshop

**Event ID: 10102**  
Celebrate Autumn with a beautiful handmade wreath for your front door or mantel. Supplies will be provided by the arboretum. Learn how to make a natural willow wreath form to attach your accessories as well as a beautiful ribbon and bow.  
**Saturday, Sep 30** 8:00am - 10:00am  
**Location: Will Rogers Gardens & Arboretum, 3400 NW 36th St**  
**Ages: 18+**  
**Cost: \$20/wreath**

## Sugar Skull Making Workshop

**Event ID: 8312**  
Is this a tradition in your family? If not, start now and come learn the recipes for the icing and how to make your own sugar skulls. No experience needed, leave with some sugary art!  
**Saturday, Oct 7** 9:00am - 12:00pm  
**Location: Will Rogers Gardens & Arboretum, 3400 NW 36th St**  
**Ages: All Ages**  
**Cost: \$15/participant**

## Handling Hosta

**Event ID: 8313**  
This wonderful shade loving plant is a great addition to any garden lacking in a lot of sunlight. Come learn how to best use this in your garden and then head outside for a dividing demonstration. Some lucky participants will go home with a few divisions for their garden.  
**Saturday, Oct 14** 10:00am - 12:00pm  
**Location: Will Rogers Gardens Exhibition Building, 3400 NW 36th St**  
**Ages: All Ages**  
**Cost: \$5/participant**

## Halloween on the Green

**Event ID: 8374**  
Join us and take a walk down the faerie tale trail with fun characters handing out candy before getting to the Conservatory to decorate sugar skulls, get your face painted and pot up a plant.  
**Saturday, Oct 28** 10:00am - 2:00pm  
**Location: Ed Lycan Conservatory, 3400 NW 36th St**  
**Ages: All Ages**  
**Cost: \$5/participant**

## Arboretum Tree Crafts

**Event ID: 8380**  
Let's go for a hike in the arboretum and look at different types of leaves and twigs we can collect and use for crafting some interesting original art. Then go inside and create them.  
**Saturday, Nov 4** 10:30am - 12:00pm  
**Location: Will Rogers Gardens & Arboretum, 3400 NW 36th St**  
**Ages: 6-12**  
**Cost: \$5/participant**

## Terrific Terrariums

**Event ID: 8386**  
We will demonstrate the steps for building a terrarium, including the planting mediums, plants that work together and maintenance. Pricing includes a standard terrarium, as well as potting materials and plants. Please bring any items that you would like to liven up your little world. Items that have been brought for previous classes have been... little vehicles, glass, stones, and even little people!  
**Saturday, Nov 11** 12:30pm - 2:00pm  
**Location: Will Rogers Gardens & Arboretum, 3400 NW 36th St**  
**Ages: All Ages**  
**Cost: \$30/participant**

**ADVANCED REGISTRATION REQUIRED FOR ALL WILL ROGERS GARDENS PROGRAMS.**

## Holiday Greens Workshop

**Event ID: See Below**  
Create beautiful and fragrant natural décor for your home with the Will Rogers Gardens annual traditional holiday greens class. Instructors will show you how to make traditional holiday wreaths from scratch using evergreen boughs. You can also incorporate greens and seed/fruit found in the Margaret Annis Boys Arboretum. Materials supplied.  
**8446 Thursday, Nov 30** 6:00pm - 8:00pm  
**8455 Friday, Dec 1** 9:00am-11:00am  
**Location: Will Rogers Gardens & Arboretum, 3400 NW 36th St**  
**Ages: All Ages**  
**Cost: \$35/wreath**

## Faerie Gingerbread House Decorating

**Event ID: 8456**  
Here is a twist on the usual Holiday season edible décor. Come decorate your gingerbread house the way your faeries at home would like to see it. These houses will be premade with a demonstration on how to assemble one with recipes and instructions on various components including the gingerbread and royal icing.  
**Saturday, Dec 2** 9:00am - 12:00pm  
**Location: Ed Lycan Conservatory, 3400 NW 36th St**  
**Ages: All Ages**  
**Cost: \$35/Gingerbread House**

## Mini Children's Wreath

**Event ID: 8457**  
Let's explore the arboretum collecting greens and berries to create a miniature wreath for your dinner table or door. Learn some basic wreath making skills while having fun together as a family.  
**Saturday, Dec 9** 12:00pm - 2:00pm  
**Location: Ed Lycan Conservatory, 3400 NW 36th St**  
**Ages: All Ages**  
**Cost: \$10/Wreath**

## ON GOING PROGRAMS

### Third Thursday Floral Arranging Series

**Event ID: See Below**  
Join us for our series of floral arranging classes focusing on seasonal and easy-to-create bouquets for your home. Each month you will learn new techniques to turn your cut flowers from the store and your garden into floral masterpieces. Classes take place from 6:30pm - 8:30pm.  
**8319 Flowers & Plants** Thursday, Sep 21  
**8320 All About Autumn** Thursday, Oct 19  
**8366 Holiday Bouquets** Thursday, Nov 16  
**Location: Will Rogers Gardens & Arboretum, 3400 NW 36th St**  
**Ages: All Ages**  
**Cost: \$25/Arrangement**

### Faerie Discovery Tour

**Event ID: See Below**  
Begin a new family tradition here at the Margaret Annis Boys Arboretum with our monthly Faerie Discovery Tour. We will go for a stroll through the arboretum and see if we can spot any of our Forest Faeries in the beautiful trees. Learn about the trees and plants in the arboretum while looking for our flighty friends.  
**8303 Saturday, Sep 23** 11:00am - 12:00pm  
**8305 Saturday, Oct 21** 11:00am - 12:00pm  
**8307 Saturday, Nov 18** 11:00am - 12:00pm  
**8309 Saturday, Dec 16** 11:00am - 12:00pm  
**Location: Will Rogers Gardens & Arboretum, 3400 NW 36th St**  
**Ages: All Ages**  
**Cost: FREE**

### Faerie Gardening

**Event ID: See Below**  
We will provide basic instruction on container gardens, design ideas, starter container, soil, gravel, live plants and a DIY accessory. Please bring any items and treasures you feel would personalize your garden. This class is for any age but an adult is required for those under 10. Families are encouraged to participate!  
**8282 Saturday, Sep 23** 12:00pm - 2:00pm  
**8283 Saturday, Oct 21** 12:00pm - 2:00pm  
**8284 Saturday, Nov 18** 12:00pm - 2:00pm  
**8297 Saturday, Dec 16** 12:00pm - 2:00pm  
**Location: Will Rogers Gardens & Arboretum, 3400 NW 36th St**  
**Ages: All Ages**  
**Cost: \$25/Faerie Garden**

# FISHING



### Rainbow Trout Fishing Season

December 1, 2017 - February 28, 2018  
Dolse Youth Park Pond, 5101 NW 50th St

Fish are stocked at the beginning of the season, then every two weeks until season's end. Stocking dates are weather dependent. For more information about Rainbow Trout Season and Trout Season Regulations, visit [okc.gov/parks](http://okc.gov/parks).

Join us for a FREE Family Trout Fishing Clinic at the Putnam City North Original High School Gym. Date to be determined, follow us on Facebook for updates!  
[facebook.com/okcparks](https://facebook.com/okcparks)

### LAST FREE FISHING DAYS OF 2017

Don't miss the remaining FREE fishing days of 2017. No City fishing permit required to fish in City Lakes, Oklahoma River, Stinchcomb Wildlife Refuge and OKC "Close to Home" fishing waters. State license required.

Oct 7, Nov 4, Dec 2

### 2018 FREE Fishing Days

Join the City of Oklahoma City for FREE FISHING DAYS the first Saturday of each month. No City permit required for the following dates in 2018 (State fishing license is required). Applies to City Lakes, Oklahoma River, Stinchcomb Wildlife Refuge and OKC "Close to Home" fishing waters.

Jan 6, Feb 3, Mar 3, Apr 7, May 5  
June 2-3 - National Fishing Days - No State License Required  
Jul 7, Aug 4, Sep 1, Oct 6, Nov 3, Dec 1

### Take a Tour of Oklahoma City's ONLY Fish Hatchery!

H.B. Parsons Fish Hatchery, 10940 N Meridian Ave

Tours can be scheduled by calling (405) 297-1426. Tour information includes an overview of the City's fisheries program and fish culture work. Tours are FREE, but must be scheduled in advance.

### Public Presentations

Are you part of a civic group or organization? Is your group interested in going in-depth about the City's fisheries program and what it has to offer? Schedule a Public Presentation with our Fisheries crew to learn more about our program, like our Annual Rainbow Trout Season, "Hooked on Fishing" Free Summer Fishing classes, or fish management and culture work.

Call (405) 297-1426 to schedule your presentation.

# ADULT RECREATION

## CREATIVE ARTS

### Basic Ceramics

Come one, come all and enjoy learning the basics of ceramics! No experience is required. There is a separate charge for firing projects, some supplies may be required for certain projects and will be discussed in class.

Tue/Thur, Sep 7 - Oct 26 11:00am - 12:30pm

Location: Pitts Recreation Center, 1920 N Kate Ave

Ages: 18+

Cost: \$2/person

Register on site at Pitts Recreation Center.

### Comic Book Illustration & Design

Event ID: 11143

Learn how to make your own comic book! In this class participants will learn how to develop a story and learn how to design and develop their own characters.

Wednesdays, Sep 13 - Nov 8 5:30pm - 6:30pm

Location: Taylor Recreation Center, 1115 SW 70th St

Ages: 13+

Cost: \$25/month

### Figure Drawing I

Event ID: 11723

Participants will learn basic drawing skills and skills needed to draw the human form. Participants should bring drawing pencils and a notebook.

Wednesdays, Sep 13 - Nov 18 7:00pm - 8:30pm

Location: Taylor Recreation Center, 1115 SW 70th St

Ages: 14+

Cost: \$25/month

### Fine Jewelry Makers

If you live in the OKC Metro area and are interested in designing and making jewelry for yourself and others, this is the class for you. Come take this class and walk away with amazing jewelry pieces, new friends and have a great experience. This class is split into two sessions. The list of items needed for this class will be given out on the first day of class.

Wednesdays, Aug 15 - Oct 3 7:00pm - 8:00pm

Wednesdays, Oct 24 - Dec 19 7:00pm - 8:00pm

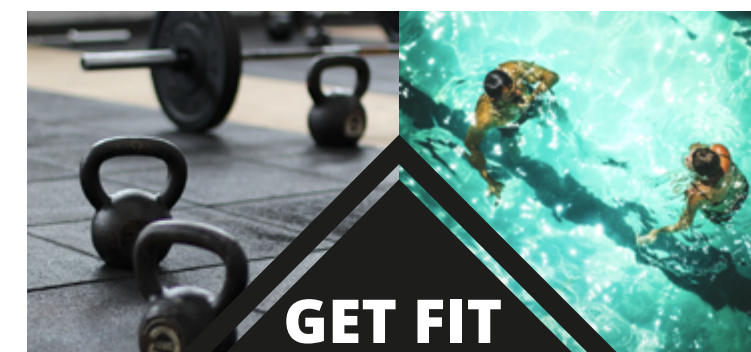
Location: Pilot Recreation Center, 1435 NW 2nd St

Ages: 18+

Cost: \$10/session

Register on site at Pilot Recreation Center.

## HEALTH, WELLNESS & FITNESS



**GET FIT**  
with the  
**Parks FitPass**  
\$10/month

The FitPass gives you access to the three facilities listed below, including weight rooms, cardio theater, swimming pool and gymnasiums.

Douglass Recreation Center, 900 N Frederick Douglass

Foster Recreation Center, 614 NE 4th St

Schilling Recreation Center, 539 SE 25th St

For more information, contact Becca Leon at (405) 297-2279.

### Adult Boxing

Come and enjoy learning the fundamentals of boxing. This class is wonderful for all skills levels. Bring a friend and come join us for a cardio workout. Please bring the appropriate footwear and gloves.

Tue/Thur, Sep 5 - Dec 21 6:00pm - 8:00pm

Location: Douglass Recreation Center, 900 Frederick

Douglass

Ages: 18+

Cost: \$5/person

Register on site at Douglass Recreation Center.

### Adult Swing/Dance

Come and enjoy the expression and movement through stepping to the latest 'Swing' dances. This class is a great cardio-workout and it will tighten and tone up your body. So grab a friend and come dance with us here at Douglass Community Center. Don't forget your dancing shoes!

Mon/Wed, Aug 7 - Dec 18 6:00pm - 7:00pm  
Location: Douglass Recreation Center, 900 Frederick Douglass Ave  
Ages: 18+  
Cost: \$5/class  
Register on site at Douglass Recreation Center.

### Basketball (Open Gym)

Open Gym Full Court play for adults only. For dates and days, visit us online at okc.gov/parks or call your local recreation center.

Minnis Lakeview Center 3:00pm - 5:00pm  
Foster Recreation Center 7:00am - 8:30pm  
Sellers Recreation Center 10:00am - 2:00pm  
Municipal Gym 3:30pm - 5:30pm  
Woodson Gym 3:30pm - 5:30pm  
Pilot Recreation Center 7:00pm - 8:00pm  
Schilling Recreation Center 6:00pm - 8:00pm  
Pitts Recreation Center 6:00pm - 8:00pm  
Doulgass Recreation Center 3:00pm - 5:00pm  
Southern Oaks Recreation Center 4:30pm - 6:30pm  
Macklanburg Recreation Center 4:30pm - 6:00pm  
Melrose Recreation Center 5:30pm - 6:30pm  
Ages: 18+  
Cost: \$2/person per visit - Some Monthly Options Available  
Register on site at your recreation center or gym.

### Body Weight HIIT

This class is a total body, heart pumping, aerobic and strength conditioning workout. This interval-based class combines full-body strength training with high intensity cardio bursts designed to tone your body and improve your endurance. All fitness levels are welcome!

Thursdays, Sep 7 - Dec 28 6:15pm - 7:15pm  
Location: Melrose Recreation Center, 7800 W Melrose Ln  
Ages: 18+  
Cost: \$5/class  
Register on site at Melrose Recreation Center.

### Chivalric

Bold, demonstrative fighting techniques from the Renaissance Times will be part of this historic class.

Wednesdays, Aug 9 - Dec 20 7:00pm - 9:00pm  
Location: Sellers Recreation Center, 8301 S Villa Ave  
Ages: 6+  
Cost: \$2/class  
Register on site at Sellers Recreation Center.

### Civic Center Yoga

Come get your yoga fix during lunch! All skill levels are welcome, so no matter your level of practice you will be challenged.

Tue/Thur, Jul 1 - Dec 31 11:30am-12:30pm  
Location: Civic Center Music Hall, 201 N Walker Ave  
Ages: 18+  
Cost: \$5/class  
Register on site at Civic Center Music Hall.

### CORE DE FORCE

COREDEFORCE is a brand new workout created by BEACHBODY. This class is a mixed martial arts inspired workout that uses body weight to increase strength. This class is designed for all skill levels, so if you live or work in downtown OKC come get your sweat on!

Wednesdays, Sep 6 - Dec 27 11:30am - 12:30pm  
Location: Civic Center Music Hall, 201 N Walker Ave  
Ages: 18+  
Cost: \$5/class  
Register on site at Civic Center Music Hall.

### Early Morning Basketball

Adults can come to play competitive basketball, or just shoot a couple of hoops with peers. Beat the morning hassle by getting there early, and play during sunrise.

Mon-Fri, Sep 7 - Dec 22 6:00am - 12:00pm  
Sundays, Sep 6 - Dec 17 8:00am - 11:00am  
Location: Sellers Recreation Center, 8301 S Villa Ave  
Ages: 18+  
Cost: \$3/day or \$12/week  
Register on site at Sellers Recreation Center.

**CYCLING GHOST TOUR**  
SATURDAY, OCTOBER 21ST  
1:00 P.M. (APPROX. 3 HOURS)  
\$20.00 per Rider  
7 to 8 Mile Ride  
Meet at Schlegel Bikes  
900 N. Broadway Ave  
Stories presented  
by Jeff Provine  
"The Ghost Guy"  
Register online at  
okc.gov/parksignup  
Event ID # 10037  
Ride Spokies for \$3.50  
(free for pass holders)  
visit SpokiesOKC.com  
SITES INCLUDED  
Bricktown  
Myriad Gardens  
Film Row  
Carey Place  
Plaza District  
Overholser Mansion  
Skirvin Hotel

### INSANITY

Looking for a great workout on your lunch break? INSANITY is a sports conditioning inspired HIIT (high intensity interval training) class that increases strength, agility and cardio capacity. This is a great class and location for anyone working or living in downtown OKC, so come check it out!

Mondays, Sep 11 - Dec 18 11:30am - 12:30pm  
Location: Civic Center Music Hall, 201 N Walker Ave  
Ages: 18+  
Cost: \$5/class  
Register on site at Civic Center Music Hall.

### REFIT®

Refit classes propel students to their best selves through dance, toning, balance and flexibility. The easy-to-follow exercises are perfect for both beginners and fitness enthusiasts, with workouts that are designed for everyone regardless of age, shape, size or ability.

Thursdays, Sep 7 - Dec 28 5:15pm - 6:15pm  
Location: Melrose Recreation Center, 7800 W Melrose Ln  
Ages: 18+  
Cost: \$5/class  
Register on site at Melrose Recreation Center.

### Serve Up (Volleyball)

Open play volleyball. We have all the equipment all we need is you to enjoy a fun game of volleyball with friends. The perfect place to challenge fellow players or compete in volleyball pick up games. This program is available in two sessions.

Mondays, Aug 5 - Oct 2 6:00pm - 8:00pm  
Mondays, Oct 23 - Dec 11 6:00pm - 8:00pm  
Location: Pilot Recreation Center, 1435 NW 2nd St  
Ages: 18+  
Cost: \$2/week  
Register on site at Pilot Recreation Center.

### Volleyball (Open Gym)

A fun opportunity for adults to learn the rules and practice the sport of volleyball. One full court game or two half court games will be played.

Mon/Thur, Sep 1 - Dec 29 7:00pm - 9:00pm  
Location: Southern Oaks Recreation Center, 400 SW 66th St  
Ages: 6+  
Cost: \$2/person  
Register on site at Sellers Recreation Center.

## PERFORMING ARTS

### Academy of Irish Dance: Adult Level

Event ID: 10981  
Participants will learn traditional Irish dance in this fun and lively class!  
Thursdays, Sep 14 - Dec 14 8:00pm - 9:00pm  
Location: NW Optimist Center, 3301 NW Grand Blvd  
Ages: 18+  
Cost: \$40/month

### Adult Acting for Film & Television

Event ID: 11165  
This class will focus on acting styles for film and television, as well as commercial acting. It will cover audition techniques, working with and getting an agent, obtaining headshots, resume writing and expected set behavior. This class will also teach makeup techniques for the camera, as well as working with a teleprompter, green screen and more!  
Wednesdays, Sep 6 - Dec 6 2:00pm - 4:00pm  
Location: NW Optimist Center, 3301 NW Grand Blvd  
Ages: 18+  
Cost: \$30/month

### Beginning Guitar

Event ID: 11142  
Beginning guitar will cover chords and strumming. Participants will gain the basic knowledge needed to write their own song or to learn to play their favorite song.  
Tuesdays, Sep 12 - Nov 7 5:00pm - 6:30pm  
Location: Taylor Recreation Center, 1115 SW 70th St  
Ages: 13+  
Cost: \$25/month

**BEDLAM BASH 5K & TAILGATE**  
Saturday  
Nov. 4th  
9:00 a.m.  
WILEY POST PARK | 2021 S ROBINSON AVE  
\$35 per participant  
PACKET PICKUP & REGISTRATION:  
Thursday & Friday  
Nov. 2nd & 3rd  
12:00 p.m. - 7:00 p.m.  
ONLINE REGISTRATION DEADLINE: WED. NOV. 1ST AT MIDNIGHT  
OK Runner | 708 N Broadway Ave

## Guitar Lessons

Event ID: 9293

Small group sessions and one-on-one with the instructor for guitar players of all skill levels.

Fridays, Sep 8 - Dec 29 7:15pm - 8:30pm  
Location: Macklanburg Rereation Center, 2234 NW 117th St  
Ages: 14+  
Cost: \$15/week

## Improv for the Stage (Ages 16+)

Event ID: 11145

Participants will learn improvisational games to explore and develop their own comedic skills. Class participants will learn teamwork and how to apply the skills they have developed by working as part of an ensemble.

Tuesdays, Sep 12 - Nov 7 6:00pm - 7:30pm  
Location: Taylor Recreation Center, 1115 SW 70th St  
Ages: 16+  
Cost: \$25/month

## Movement for the Stage

Event ID: 11151

Participants will learn the major tenets from theatre theoreticians like Anne Bogart, Tadashi Suzuki, Michael Chekhov and others to find characterization through the use of the body. Participants will be drawing upon ancient practices like mask work to achieve the same goal. This class will also feature the introduction to stage combat.

Fridays, Oct 6 - Dec 8 4:30pm - 5:45pm  
Location: NW Optimist Center, 3301 NW Grand Blvd  
Ages: 13+  
Cost: \$25/month

## Physical Theatre Workshop

Event ID: 11154

Participants will learn to communicate stories without words. Participants will also learn to develop characters based on animal and environmental movements, a well as learn how to express emotions for the stage, film, animation and game development.

Sat/Sun, Sep 16-17 1:00pm - 4:00pm  
Location: Taylor Recreation Center, 1115 SW 70th St  
Ages: 13+  
Cost: \$50/participant

## Puppetry for Beginners Workshop

Event ID: 11155

Participants will learn how to use inanimate objects and puppets to create characters and stories. Participants will also learn basic puppet and stage construction.

Sat/Sun, Oct 7-8 1:00pm - 4:00pm  
Location: Taylor Recreation Center, 1115 SW 70th St  
Ages: 13+  
Cost: \$50/participant

## Stage Combat

Event ID: 11159

Participants will learn the techniques needed to choreograph and perform fight scenes that are both convincing to the audience and safe for the performer in this fun and exciting weekend workshop!

Sat/Sun, Nov 18-19 1:00pm - 4:00pm  
Location: Taylor Recreation Center, 1115 SW 70th St  
Ages: 13+  
Cost: \$50/participant

## SPECIAL EVENTS

### Your Trash My Treasure (Garage Sale)

This event does not include wholesale or retail vendors so it's a great opportunity to swap and shop with other community members. Only a limited number of tables are available so register for yours early. Doors will open at 8am for participants and will open to the public at 9am. Doors close at 6pm.

Saturday, Dec 2 8:00am - 6:00pm  
Location: Pilot Recreation Center, 1435 NW 2nd St  
Ages: 18+  
Cost: \$10/table  
Register on site at Pilot Recreation Center.

## SPECIAL INTEREST

### Dog Obedience Training

Class is designed for all dog owners, whether it be someone with a new puppy or an old dog you want to teach new tricks. This class will teach you how to train your dog to be the perfect companion. Come once or come every week, whatever you need, we cater to you.

Tuesdays, Sep 5 - Dec 5 7:00pm - 8:00pm  
Location: Melrose Recreation Center, 7800 W Melrose Ln  
Ages: 13+  
Cost: \$10/class  
Register on site at Melrose Recreation Center.

### Dog Manners

Event ID: 10466

Bring your four-legged canine friend to experience social manners training. Current vaccinations and leash required.

Fridays, Sep 15 - Oct 20 3:15pm - 4:15pm  
Location: Woodson Senior Center, 3401 S May Ave  
Ages: 18+  
Cost: \$20/class

# ACTIVE ADULTS

## CREATIVE ARTS

### All Media Art

Event ID: 10209

Learn to paint in any media; oil, acrylic or watercolor.

Tue/Wed/Thu, Sep 5 - Dec 28 9:00am - 11:30am  
Location: Woodson Senior Center, 3401 S May Ave  
Ages: 55+  
Cost: \$5/month

### Art with Cindy

Each month artist Cindy Mason will work with students teaching different medias of art. This class is for all skill levels. Students bring their own supplies.

Wednesdays, Sep 6 - Dec 27 1:30pm - 3:30pm  
Location: Will Rogers Senior Center, 3501 Pat Murphy Dr  
Ages: 55+  
Cost: \$5/month  
Register on site at Will Rogers Senior Center.

### Beginning Woodcarving

OKC Woodcarving group meets at Woodson Senior Center every Wednesday, with instruction available for beginners. After completing first project participants can create any desired item from a variety of wood types.

Wednesdays, Sep 6 - Dec 27 8:30am - 11:30am  
Location: Woodson Senior Center, 3401 S May Ave  
Ages: 55+  
Cost: \$5/month  
Register on site at Woodson Senior Center.

### Buddies with Brushes

Participants meet Tuesdays to work on their various paintings and socialize. Participants will share knowledge with each other. This is a time for advanced artists to share their knowledge and skill with other advanced artists. There is no formal instructor in this class. Participants are responsible for their own materials and supplies.

Tuesdays, Sep 5 - Dec 19 1:00pm - 3:00pm  
Location: Will Rogers Senior Center, 3501 Pat Murphy Dr  
Ages: 55+  
Cost: FREE  
Register on site at Will Rogers Senior Center.

### Ceramics

Event ID: 10242

Instruction and practice in pouring, painting, firing, and detailing ceramics. Students are responsible for providing their own supplies.

Mon/Thur, Sep 7 - Dec 31 9:00am - 12:00pm  
Location: Will Rogers Senior Center, 3501 Pat Murphy Dr  
Ages: 55+  
Cost: \$5/month

### Chicks with Sticks Crochet & Knitting

Event ID: 10257

This is a fun, open group for crocheters and knitters of any level. The group has a social atmosphere while members accomplish their individual projects. Instruction available.

Tuesdays, Sep 5 - Dec 19 12:30pm - 2:30pm  
Location: Will Rogers Senior Center, 3501 Pat Murphy Dr  
Ages: 55+  
Cost: \$3/month

### Coloring for Adults

Relax with us! A fun way to clear your mind and get back to something you enjoyed as a child. We can supply crayons and colored pencils. Participants will need to bring their own coloring book.

Tuesdays, Sep 5 - Dec 19 10:00am - 12:00pm  
Location: Will Rogers Senior Center, 3501 Pat Murphy Dr  
Ages: 55+  
Cost: FREE  
Register on site at Will Rogers Senior Center.

### Jewelry & Crafts

Participants share their specific creative skills, talents, and craft ideas with the groups and choose a project to work on. This is a great way to learn new crafting techniques, socialize, and make new friends. Participants bring their own supplies.

Tuesdays, Sep 5 - Dec 19 9:00am - 12:00pm  
Location: Will Rogers Senior Center, 3501 Pat Murphy Dr  
Ages: 55+  
Cost: FREE  
Register on site at Will Rogers Senior Center.



### Open Studio

Participants utilize the art/craft room to work on their various projects. Students bring their own supplies and work independently. Open studio is available as long as there is space available.

**Mondays, Sep 1 - Dec 29** 12:00pm - 4:00pm  
**Fridays, Sep 1 - Dec 29** 8:00am - 4:00pm

**Location:** Will Rogers Senior Center, 3501 Pat Murphy Dr  
**Ages:** 55+  
**Cost:** FREE  
**Register on site at Will Rogers Senior Center.**

### Slumping Workshop

**Event ID:** 10195  
Participants will learn how to apply water decals to different glass bottles to make beautiful glass crafts that they can keep for themselves, or give to their friends as holiday gifts. This workshop will meet two consecutive Mondays.

**Monday, Sep 18 & Sep 25** 1:00pm - 3:00pm

**Location:** Will Rogers Senior Center, 3501 Pat Murphy Dr  
**Ages:** 55+  
**Cost:** \$10/first bottle & \$5/additional bottle

### Unleash the Artist Within - Art 101

**Event ID:** 10467  
Have you wanted to learn the basics of art or move to the next skill level as an artist? Whether a beginner or seasoned artist, this class will delve into aspects of drawing, perspective, different mediums, color variations, as well as darks and lights.

**Mondays, Sep 11 - Oct 16** 9:30am - 11:30am

**Location:** Woodson Senior Center, 3401 S May Ave  
**Ages:** 55+  
**Cost:** \$10/participant

### Watercolor

**Event ID:** 10243  
Participants will meet once per week to work on various watercolor projects and socialize. This is an advanced group. Participants are responsible for their own supplies, no instruction will take place during this program.

**Thursdays, Sep 7 - Dec 28** 1:00pm - 3:00pm

**Location:** Will Rogers Senior Center, 3501 Pat Murphy Dr  
**Ages:** 55+  
**Cost:** \$5/month

### Watercolor Seminar

**Event ID:** 10861  
Join instructor Della Hughes for the fall watercolor seminar. All levels welcome to explore new techniques for your work.

**Wednesdays, Sep 13 - Nov 8** 1:00pm - 3:00pm

**Location:** Woodson Senior Center, 3401 S May Ave  
**Ages:** 55+  
**Cost:** \$25/participant

### Quilting Your Own Tote Bag

**Event ID:** 11400  
Create your own beautiful tote bag for the fall quilting project. Instructor Josie Hinchey will guide you through sewing together a new bag. Call for supply list.

**Tuesdays, Oct 3 - Oct 24** 12:30pm - 2:00pm

**Location:** Woodson Senior Center, 3401 S May Ave  
**Ages:** 55+  
**Cost:** FREE, Supply Costs Apply  
**Register on site at Woodson Senior Center.**

## HEALTH, WELLNESS & FITNESS

### Adult Recreational Activities

Participants will interact with their peers as they partake in card games, boards games, dominoes, and other creative activities. There must be at least 5 people signed up for the day's activity.

**Mon/Wed/Fri, Sep 8 - Dec 22** 10:00am - 2:00pm

**Location:** Sellers Recreation Center, 8301 S Villa Ave  
**Ages:** 55+  
**Cost:** \$2/day or \$4/week  
**Register on site at Sellers Recreation Center.**

### Armchair Exercise

Participants will get a workout in this exercise class, through breathing, stretching, and exercise techniques that are demonstrated and practiced with an experienced instructor. Participants may do workout sitting or standing, depending on their skill level.

**Fridays, Sep 1 - Dec 29** 1:30pm - 2:30pm

**Location:** Will Rogers Senior Center, 3501 Pat Murphy Dr  
**Ages:** 55+  
**Cost:** FREE  
**No registration required.**

### Exercise with Arthritis

An exercise class for everyone. Focus is on ease in joint mobility with exercises in balance and stretching. Can be performed in a chair or chair by side.

**Mondays, Sep 11 - Dec 18** 11:00: am -12:00pm  
**Fridays, Sep 1 - Dec 29** 9:30am - 10:30am

**Location:** Woodson Senior Center, 3401 S May Ave  
**Ages:** 55+  
**Cost:** FREE  
**Register on site at Woodson Senior Center.**

### Happy Feet - Line Dancing Class

Participants will learn the basic steps to line dancing, while moving to the beat of the latest sounds. Participants are responsible for their dancing shoes.

**Fridays, Sep 11 - Dec 22** 5:30pm - 6:30pm

**Location:** Sellers Recreation Center, 8301 S Villa Ave  
**Ages:** 18+  
**Cost:** \$2/class  
**Register on site at Sellers Recreation Center.**

### Meditation

A beginning meditation session for all. Through the use of silence and guided imagery participants can find ease and relaxation in sitting quietly.

**Thursdays, Sep 7 - Dec 28** 11:15am - 12:00pm

**Location:** Woodson Senior Center, 3401 S May Ave  
**Ages:** 55+  
**Cost:** FREE  
**Register on site at Woodson Senior Center.**

### Pickleball

Fun court game using paddles and ball anyone can play. This is open court with regular rotation so all play equal amount. Beginners are welcome.

**Mon/Tue/Thur, Sep 5 - Dec 21** 12:00pm - 3:00pm

**Location:** Woodson Gym, 3403 S May Ave  
**Ages:** 55+  
**Cost:** FREE  
**Register on site at Woodson Gym.**

### Rapier - Fencing

Learn basic sword fighting techniques. Participants of all skill levels are welcome.

**Tuesdays, Aug 8 - Dec 19** 7:00pm - 9:00pm

**Location:** Sellers Recreation Center, 8301 S Villa Ave  
**Ages:** 55+  
**Cost:** \$2/class  
**Register on site at Sellers Recreation Center.**

### SAIL (Staying Active and Independent for Life)

S.A.I.L. is an exercise class combining strength, balance, flexibility and light cardio.

**Mon/Wed/Fri, Sep 1- Dec 22** 2:00pm - 3:00pm

**Location:** Woodson Senior Center, 3401 S May Ave  
**Ages:** 55+  
**Cost:** FREE  
**Register on site at Woodson Senior Center.**

### Steps for Health

Active seniors know how to keep the good times rolling with activities for the body, mind, and spirit. No one type is more important than another. A full, vibrant, and independent life demands all three. Come join us for light walking in the gym and grounds at Pitts Recreation Center. The participants that walks the most miles will receive special recognition at the end of the month.

**Tue/Thur, Sep 7 - Oct 26** 11:30am - 12:30pm

**Location:** Pitts Recreation Center, 1920 N Kate Ave  
**Ages:** 55+  
**Cost:** FREE  
**Register on site at Pitts Recreation Center.**

### Tai Chi

Improve body awareness and balance through gentle movements.

**Tue/Thur, Sep 5 - Dec 28** 9:00am - 10:00am

**Location:** Woodson Senior Center, 3401 S May Ave  
**Ages:** 55+  
**Cost:** FREE  
**Register on site at Woodson Senior Center.**

### Tai Chi for Better Balance

Clear the mind, balance, exercise, lower stress levels and blood pressure with Tai Chi class. This class will focus on balance.

**Wed/Fri, Sep 1 - Dec 29** 2:30pm - 3:30pm

**Location:** Will Rogers Senior Center, 3501 Pat Murphy Dr  
**Ages:** 55+  
**Cost:** FREE  
**Register on site at Will Rogers Senior Center.**

### Video Workout

Participants will head back in time and workout with some the 80's classic workout videos!!

**Mon/Wed, Sep 1 - Dec 29** 1:45pm - 2:15pm

**Location:** Will Rogers Senior Center, 3501 Pat Murphy Dr  
**Ages:** 55+  
**Cost:** FREE  
**Register on site at Will Rogers Senior Center.**

### Walking Club

Do you get tired during the day? Start your day off with a walk in the park. Spend time with new friends and make new ones while walking. Informal group that meets at various times. Participants may walk inside or outside depending on weather.

**Mon-Fri, Sep 1 - Dec 29** 8:00am - 9:00am

**Location:** Will Rogers Senior Center, 3501 Pat Murphy Dr  
**Ages:** 55+  
**Cost:** FREE  
**Register on site at Will Rogers Senior Center.**

### Walking with Ease

Event ID: 11090

Join this walking group for all levels. Each participant walks their speed and distance best suited for them. Class begins with a warm up and cool down stretch with the walking in the middle. Class taught by UCO professors and students.

Tue/Thur, Sep 5 - Dec 14 11:00am - 12:00pm

Location: Woodson Senior Center, 3401 S May Ave

Ages: 55+

Cost: FREE

### Yoga

Event ID: 10193

Relaxation, stretching, breathing, and specific yoga techniques are demonstrated and practiced. Students will work with an experienced instructor to improve flexibility, blood pressure, and overall health.

Mon/Wed/Fri, Sep 1 - Dec 29 9:00am - 10:00am

Location: Will Rogers Senior Center, 3501 Pat Murphy Dr

Ages: 55+

Cost: \$10/month

### Yoga

Event ID: 10024

Instruction for yoga poses to benefit body and mind. Participants are lead through gentle stretching, breathing, and balancing movements for flexibility and relaxation.

Mondays, Sep 11 - Dec 18 9:30am - 10:30am

Tue/Thur, Sep 5 - Dec 28 10:00am - 11:00am

Location: Woodson Senior Center, 3401 S May Ave

Ages: 55+

Cost: \$10/month

### Zumba Gold

Zumba Gold is a lower-intensity class featuring a fusion of Latin and international music and dance. The choreography focuses on improving cardiovascular endurance, balance, range of motion, cognition and coordination.

Tue/Thur, Sep 5 - Dec 28 10:0am - 11:00am

Location: Will Rogers Senior Center, 3501 Pat Murphy Dr

Ages: 55+

Cost: \$3/class

Register on site at Will Rogers Senior Center.

## PERFORMING ARTS

### Acting for Seniors

Event ID: 10250

Students will learn acting techniques, skills, and movement exercises in order to improve acting skills. Class ends with students performing a play for family and friends in April.

Tue, Sep 5 - Apr 17 12:30pm - 2:00pm

Location: Will Rogers Senior Center, 3501 Pat Murphy Dr

Ages: 55+

Cost: \$10/session

### Beginning Ballet

Event ID: 10252

Participants will learn basic ballet positions and choreography.

Wednesdays, Sep 6 - Nov 29 10:30am - 11:30am

Location: Will Rogers Senior Center, 3501 Pat Murphy Dr

Ages: 55+

Cost: \$5/month

### Hula Dancing for Beginners

Event ID: 10255

Participants will learn the art of Hula Dancing, and story telling with their hands through dance.

Wednesdays, Sep 6 - Dec 27 12:30pm - 1:30pm

Location: Will Rogers Senior Center, 3501 Pat Murphy Dr

Ages: 55+

Cost: \$5/month

### Line Dancing

Event ID: 10027

Group line dancing set to energetic music. All skill levels welcome.

Mondays Sep 11 - Dec 18 1:00pm - 2:00pm

Location: Woodson Senior Center, 3401 S May Ave

Ages: 55+

Cost: \$5/month

### Intermediate Tap/Jazz

Event ID: 10248

In this advanced class, dancers will practice various routines that will be performed at special events throughout the community. Students will provide their own shoes.

Mondays, Sep 11 - Dec 18 10:15am - 11:15am

Location: Will Rogers Senior Center, 3501 Pat Murphy Dr

Ages: 55+

Cost: \$5/month

*A Class Act* presents  
**THE WILL ROGERS SENIOR CENTER**  
**ANNUAL VARIETY**  
**SHOW**

**FRIDAY, OCTOBER 6**  
**SATURDAY, OCTOBER 7**  
**7:00 PM**

Desserts served at intermission. Tickets are \$7 and on sale now!  
 Call (405) 297-1455 for more information.

The City of OKLAHOMA CITY  
 Parks & Recreation Department

**WILL ROGERS SENIOR CENTER**  
 3501 PAT MURPHY DR  
 OKLAHOMA CITY, OK 73112  
 (405) 297-1455

## Tap/Jazz for Beginners

Event ID: 10245

This class is designed for beginners to learn the basics of tap and jazz steps and practice with more experienced dancers as they develop and enhance their dancing skills. Student will provide their own shoes.

Tue, Sep 5 - Dec 19 11:00am - 12:00pm  
Location: Will Rogers Senior Center, 3501 Pat Murphy Dr  
Ages: 55+  
Cost: \$5/month

## Square Dancing

Event ID: 10495

Come and join in the dance! This square dance group is always welcoming new dancers. Don't know how to square dance? That's ok too, just come watch and socialize. Participants will be doing the basic 54 steps of square dance. Participants do not have to have a partner to participate.

Thursdays, Sep 7 - Dec 28 1:00pm - 3:00pm  
Location: Will Rogers Senior Center, 3501 Pat Murphy Dr  
Ages: 55+  
Cost: FREE  
Register on site at Will Rogers Senior Center.

# SPECIAL EVENTS

## Halloween Social

Gremlins and Goblins and Witches on Brooms you are invited! It's the Will Rogers Senior Center annual Halloween Social. Dancing, games, snack, costume contest, and more! Costumes are not mandatory. Tickets will be available beginning September 20th and may be purchased at Will Rogers Senior Center.

Saturday, Oct 28 6:00pm - 8:00pm

Location: Will Roger Senior Center, 3501 Pat Murphy Drive  
Ages: 55+  
Cost: \$5/ticket  
Tickets may be purchase at Will Rogers Senior Center beginning September 20.

## Monthly Potluck and BINGO Game

The 2nd Monday of the month is Monthly Potluck & BINGO Game time! Participants will bring a covered dish and enjoy a lunch together. After lunch participants will play BINGO.

Monday, Sep 11 11:00am  
Monday, Oct 9 11:00am  
Monday, Nov 13 11:00am  
Monday, Dec 11 11:00am  
Location: Will Roger Senior Center, 3501 Pat Murphy Drive  
Ages: 55+  
Cost: FREE  
No registration required

## Variety Show

Come see the talent from Will Rogers Senior Center. The annual Variety Show includes singing, dancing, comedy skit, and more. Attendees will enjoy desserts at intermission. Tickets will go on sale August 30th, and may be purchased at Will Rogers Senior Center.

Friday, Oct 6 7:00pm  
Friday, Oct 7 7:00pm

Location: Will Roger Senior Center, 3501 Pat Murphy Drive  
Ages: 55+  
Cost: \$7/ticket  
Tickets may be purchase at Will Rogers Senior Center beginning August 30.

# SPECIAL INTEREST

## Book Club with Cici

Participants will read the assigned book, and then meet once a month to discuss the book of the month. Book titles: Sep 11-Trial of the Earth (author Mary Hamilton), Oct 9-The Innocent Man (author John Grisham), Nov 12-The Invisibles (author Jess J. Holland), and Dec 11-We Are Still Here (author Dick Bancroft).

Monday, Sep 11 10:00am - 11:00am  
Monday, Oct 9 10:00am - 11:00am  
Monday, Nov 13 10:00am - 11:00am  
Monday, Dec 11 10:00am - 11:00am

Location: Will Rogers Senior Center, 3501 Pat Murphy Dr  
Ages: 55+  
Cost: FREE  
No registration required

## Creating the Soundtrack of Your Life

Event ID: 10863

Learn how to find and save your favorite songs, current or from your past. Music can be organized in playlists on your devices or copied on cd's. We will have lists of popular songs from every decade to choose from.

Friday, Sep 29 1:00pm - 3:00pm  
Friday, Oct 6 1:00pm - 3:00pm  
Location: Woodson Senior Center, 3401 S May Ave  
Ages: 55+  
Cost: \$5/person, plus song purchase (if desired).

## Dominoes

Daily game of dominoes, all welcome.

Mon-Fri, Sep 1 - Dec 28 8:00am - 11:00am  
Location: Woodson Senior Center, 3401 S May Ave  
Ages: 55+  
Cost: FREE  
Register on site at Woodson Senior Center.

## Faithful Friends

The Faithful Friends is a group for women created to connect like-minded women, make new friends and enrich lives through the power of fun and friendship!

Thursdays, Sep 7 - Dec 28 12:00pm - 1:00pm  
Location: Will Rogers Senior Center, 3501 Pat Murphy Dr  
Ages: 55+  
Cost: FREE  
Register on site at Will Rogers Senior Center.

## Food Craft Tour

Event ID: 11114

A tour of area food crafters and seeing the process as they make small batch items. Included stops are a coffee roaster, bakery, beer maker and BBQ. Lunch on your own.

Thursday, Sep 28 9:00am - 2:00pm  
Location: Woodson Senior Center, 3401 S May Ave  
Ages: 55+  
Cost: \$10/person

## Golden Club

Event ID: 9657

Participants 50+ will meet at Douglass for different activities. The activities will include trail walking, bingo, games and dominoes. We will celebrate the end of the season with a Senior Prom. A monthly potluck is included which will be the last Wednesday of the month.

Wednesdays, Sep 13 - Dec 13 4:00pm - 5:00pm  
Location: Douglass Recreation Center, 900 Frederick  
Douglass  
Ages: 55+  
Cost: \$10/month per person

## History

Participants meet weekly to discuss and learn Oklahoma History, Presidential History, World History, and Civil History.

Tuesdays, Sep 5 - Dec 19 2:00pm - 3:00pm  
Location: Pitts Recreation Center, 1920 N Kate Ave  
Ages: 55+  
Cost: \$5/person  
Register on site at Pitts Recreation Center.

## Monthly Luncheon

Come out and enjoy food, fellowship, and a speaker on the last Friday of each month. Card games are available after the speaker.

Fridays, Aug 25 - Oct 27 12:00pm - 1:30pm  
Location: Pitts Recreation Center, 1920 N Kate Ave  
Ages: 55+  
Cost: \$5/person  
Register on site at Pitts Recreation Center.

## Pinochle

Friendly game of Pinochle for all. Instruction offered for beginners.

Tue/Thur, Sep 5 - Dec 28 12:30pm - 3:00pm  
Location: Woodson Senior Center, 3401 S May Ave  
Ages: 55+  
Cost: FREE  
Register on site at Woodson Senior Center.

## Rummikub

Have fun and make new friends over a game of Rummikub. No need to know how to play, because we can teach you! Just pack a lunch, and spend the day amongst friends. Participants can come and go all day long.

Wednesdays, Sep 6 - Dec 27 10:30am - 3:30pm  
Location: Will Rogers Senior Center, 3501 Pat Murphy Dr  
Ages: 55+  
Cost: FREE  
No registration required

## Rummikub Game

Event ID: 11092

A fun game of Rumikub is played every Monday. Don't know how? We will teach you. Great for keeping the mind active and making new friends.

Mondays, Sep 11 - Dec 18 12:30pm - 2:30pm  
Location: Woodson Senior Center, 3401 S May Ave  
Ages: 55+  
Cost: FREE

## Wild Cards

Come out and learn to play, your choice of Canasta, Pinochle, or Bridge. Each class will decide on which card game to play/learn. Bring a friend, participants will have a chance to form teams and compete against each other. Snacks and drinks will be served. The last Tuesday of the month participants will have the opportunity to participate in a card tournament of choice. A prize will be given to winners.

Tue/Thur, Sep 5 - Nov 21 10:00am - 12:00pm  
Location: Pitts Recreation Center, 1920 NW 2nd St  
Ages: 55+  
Cost: \$2/class  
Register on site at Pitts Recreation Center.

## Writing Your Life Stories

Memoir writing group to reflect and record memorable experiences in your life.

Thursdays, Sep 7 - Nov 16 2:15pm - 3:45pm  
Location: Woodson Senior Center, 3401 S May Ave  
Ages: 55+  
Cost: FREE  
Register on site at Woodson Senior Center

# FOOD CRAFT TOUR

THURSDAY, SEP 28 9AM-2PM

Tour of area food crafters and seeing the process as they make small batch items. Included stops are a coffee roaster, bakery, beer maker, and BBQ.

Lunch is not provided.

Cost: \$10 per person

Woodson Senior Center  
3401 S May Ave (405) 297-1459



## PARKS & RECREATION REGISTRATION FORM

Bring in or mail this completed form to the OKC Parks & Recreation office at 420 W Main St, Suite 210, Oklahoma City, OK 73102. You can also register online for activities by visiting us online at [www.okc.gov/parksignup](http://www.okc.gov/parksignup).

### REGISTER

Parent/Guardian Name (If enrolling a child) \_\_\_\_\_ Adult Birth Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Email Address \_\_\_\_\_

Sign me up for Parks & Recreation e-updates!

By checking this box, I am giving the OKC Parks & Recreation Department permission to send me e-mail updates on related events and activities. My e-mail address will neither be loaned nor sold to outside parties.

Emergency Contact Name \_\_\_\_\_ Phone Number \_\_\_\_\_

	CLASS NAME	EVENT ID	PARTICIPANT NAME	GENDER	BIRTH DATE	FEE
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
<b>TOTAL AMOUNT DUE</b>						<b>\$0</b>

Mail check or money order to OKC Parks & Recreation Department, 420 W Main St, Suite 210, Oklahoma City, OK 73102.

### AUTHORIZATION

I agree to release, indemnify, and hold the City of Oklahoma City, its agents, officers and employees (City) harmless from any and all liability claims, actions, judgments, damages, or injuries of every kind and nature whatsoever to myself, the participant(s) I am authorizing, and/or his or her property, when that damage or injury arises from participation in activities for which the participant is registered. **I further acknowledge that I have familiarized myself with the description of activities, understand that hazards and the participant's personal limitations and knowingly assume all risks.** I acknowledge I have read and understand this Liability Waiver, Release and Indemnity Agreement, and understand that I am waiving any claim that may arise against the City for any harm sustained as a result of any activity for which I am registering or for which I am registering a minor child.

\_\_\_\_\_ (Initial) For publicity purposes, I give permission to take and use photos of people I am registering.

PARTICIPANT SIGNATURE

DATE

PARENT/GUARDIAN SIGNATURE

DATE

(If participant is under 18 years of age)



The City of  
OKLAHOMA CITY  
Parks & Recreation Department



The City of  
**OKLAHOMA CITY**  
Parks & Recreation Department  
420 W Main St., Suite 210  
Oklahoma City, OK 73102

