

Adult Basketball

Information and Rule Book

**CITY OF OKLAHOMA CITY
PARKS AND RECREATION DEPARTMENT**

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Oklahoma City Parks and Recreation Department Mission Statement

The mission of the Parks and Recreation Department is to provide parks, recreational, and cultural services to the Oklahoma City residents and visitors so they can have improved health, wellness, and quality of life.

Goals and Objectives

The City of Oklahoma City Parks and Recreation offers non-sanctioned basketball leagues for the recreational enjoyment of the participants.

General Information

- ✓ All players must be at least 18 or older to participate in the league.
- ✓ Team should have at least 5 players but are allowed to start with 4.
- ✓ Games will consist of 2 (20) minute halves with a 5 minute half time. The clock stops the last 2 minutes in the second half. Overtime clock will be a 3 minute game clock.
- ✓ All calls and judgments made by the referee are final. All protests must be brought to the attention of the league coordinator for a final ruling.
- ✓ Anyone, player or person associated with a team, approaching the scorer's table in a confrontational manner, either toward the score keeper or officials, at any point before, during, or after the game will be given one warning to stop such behavior. Any player or person failing to heed the warning will automatically receive a one game suspension and could face further disciplinary action as determined by Oklahoma City Parks and Recreation staff.
- ✓ Anyone, player or person associated with the team, that is asked to leave the facility due to unsportsmanlike behavior will receive an automatic one game suspension and could face further disciplinary action as determined by Oklahoma City Parks and Recreation staff.

Game Time

- ✓ To find game schedules please visit <http://www.teamsideline.com/okc>
- ✓ It shall be the responsibility of each coach to see that the team appears for each of its scheduled league games. Failure to appear will result in forfeiture of the game.
- ✓ There is a 10-minute grace period for teams. If a team does not have enough players by the end of the time, then the result is a forfeit.

Weather Policy

The Site Coordinator or Recreation Program Coordinator has the final say on whether a game will be temporarily suspended or postponed due to weather conditions or poor field conditions. For the full weather policy please visit <http://www.teamsideline.com/okc> under downloads tab.

Roster Requirements

- ✓ A complete team roster must be submitted before the start of the team's first game. Roster will not be accepted unless all information is completed.
- ✓ All players MUST play in at least 3 regular season games to be eligible to play in the playoffs.
- ✓ All rosters and roster changes must be made through the Program Coordinator.
- ✓ All rosters will be frozen after the 4th week into the season and no changes can be made after that.
- ✓ If at any time a team is unable to complete the season due to a lack of eligible players, such shortage being the result of injuries or employment transfer, the Program Coordinator may allow a team to add additional players. Teams can add only 1 player.
- ✓ Teams using ineligible players will automatically forfeit all games in which said player participated. All players are required to have some form of identification with their pictures on it at all games. If the opposing captain, manager and/or the onsite supervisor/scorekeeper suspects that an ineligible player is being used, that player's I.D. will be checked. If that player is ineligible, or no I.D. is produced, an immediate forfeit shall be called.
- ✓ Player(s) who violate this rule shall be removed from the game immediately and the team will be charged a technical foul.
- ✓ Participants may play on one team per league per day. Individuals may not appear on two Roster Forms on the same day/same league.
- ✓

Equipment and Uniform

- ✓ All teams in the league must have like-colored jerseys with different permanent numbers. There will be a 2 week grace period on jerseys at the beginning of the season. Any problems concerning jerseys will be handled on an individual basis by the onsite supervisor or the Adult Sports Programmer and their decision shall be final. Teams must wear non-marking athletic shoes.
 - Men's Basketball 29.5"
 - Women's Basketball 28.5"
- ✓ No jewelry is allowed during the game.
- ✓ Plaster or other hard substances in their final form may not be worn during the game. Any exposed metal may be considered legal if covered by some sort of material or padding and taped.

General Rules

- ✓ Teams will have four (4) time-outs per game, two (2) for each half, and one (1) in the overtime period. Time-outs will NOT carry over into the 2nd half or overtime.
- ✓ Teams are encouraged to keep their own books concerning fouls, points, etc., but the scorekeeper's book will be the official book. Any team that receives more than 5 will be suspended from league play indefinitely. The Adult Basketball League Committee will determine the length of the team's suspension. Any player that receives more than 3 technical fouls during any league will be suspended from league play indefinitely. The Adult Basketball League Committee will determine the length of the player's suspension. If a player receives 2 technical fouls in one game, they will be suspended for the following game.
- ✓ All fouls and calls will be determined to the official and all calls are at their discretion.

Tiebreakers

The following will be used in the event of a tie between two or more teams during league play:

- ✓ Best win/loss record between tied teams
- ✓ Point differential between tied teams
- ✓ Point differential for entire season
- ✓ Total points scored during season
- ✓ Least amount of points allowed during season
- ✓ All tiebreakers will revert back to the first tiebreaker to determine second place once the first place team has been determined.
- ✓ If a team forfeits for any reason during the season, that team will be eliminated from the tiebreaker process.

Awards

All games shall count toward league standings.

- ✓ League standings will be used to seed teams in the end-of-season tournament.
- ✓ Individual awards will be given to the team that wins the tournament.

Code of Conduct

The City of Oklahoma City Parks and Recreation Department's Zero Tolerance Conduct Policy:

- ✓ No player shall at any time lay a hand upon, push, shove, or threaten to strike another person.
 - Player will be suspended from all sports indefinitely until a final decision is made on the length of suspension.
- ✓ All players will abide by the officials' decision. A player ejected from the game will at the least get a one game suspension and run the risk of being suspended for multiple games or the remainder of the season.
- ✓ If a player or manager is ejected from the game, that player or manager must leave the court immediately. The league supervisor may allow the player to remain in the area only if the ejected player exhibits sportsmanlike conduct.
- ✓ No player, coach, spectator, or manager shall physically attack or act as an aggressor towards any person, player, spectator, referee, or City employee.
 - Officials are required to immediately eject player(s) from further play and report such player(s) to the League Officials
- ✓ All players, coaches, and managers will abstain from the use of vulgarity, racial slurs, verbal abuse, threats, or unsportsmanlike conduct while participating in a City of Oklahoma City Parks and Recreation activity.
- ✓ No player, coach, or manager will be allowed to participate if acting in an intoxicated manner.
 - Suspension from the game and possibly the next game played, as to be ruled upon by the referees and/or league officials.
- ✓ Captains, managers, and/or coaches are held responsible for their team's conduct.
- ✓ Teams are responsible for their spectators' conduct.
- ✓ Anytime a game gets out of hand, the referees or league officials have the authority to call the game.
- ✓ Any and all situations not specifically covered in the rulebook shall be acted upon by the Adult Sports Programmer, and all decisions shall be final.

Protect Your Valuables

As most of us know, parking lots can be a popular target for thefts. Avoid being a victim by taking care of your valuables by following the tips for preventing break-ins or theft listed below:

- ✓ If there is a suspicious person or activity near a vehicle, notify the facility supervisor or contact the police immediately.
- ✓ Remove all bags and items from view in your car. If possible, take your valuables with you.

- ✓ Do not leave wallet, keys, or valuables unattended.
- ✓ Keep spare keys in your wallet, not in your car.
- ✓ Close all vehicle windows and lock all doors.
- ✓ Park in well-lit areas when available.
- ✓ Engrave your stereo and other valuables with your driver's license number, not your social security number.

Thank you again for playing with the City of Oklahoma
City Parks and Recreation Department and have a great
season!